

How to Use?

- Unpack the Infrared Massager and its attachments
- Find a comfortable spot where you can move your arms freely and stretch out as necessary
- Check settings on the handle are at 0 before plugging in the massager
- If using Infrared Massage, please warm up the massager for a few minutes by shifting the switch to 'W'
- To safeguard from overheating and any unpleasantness on contact, do touch the surface with your fingertips before placing it on your skin
- If using the Massager only without Infrared, choose the relevant accessory to maximise relief

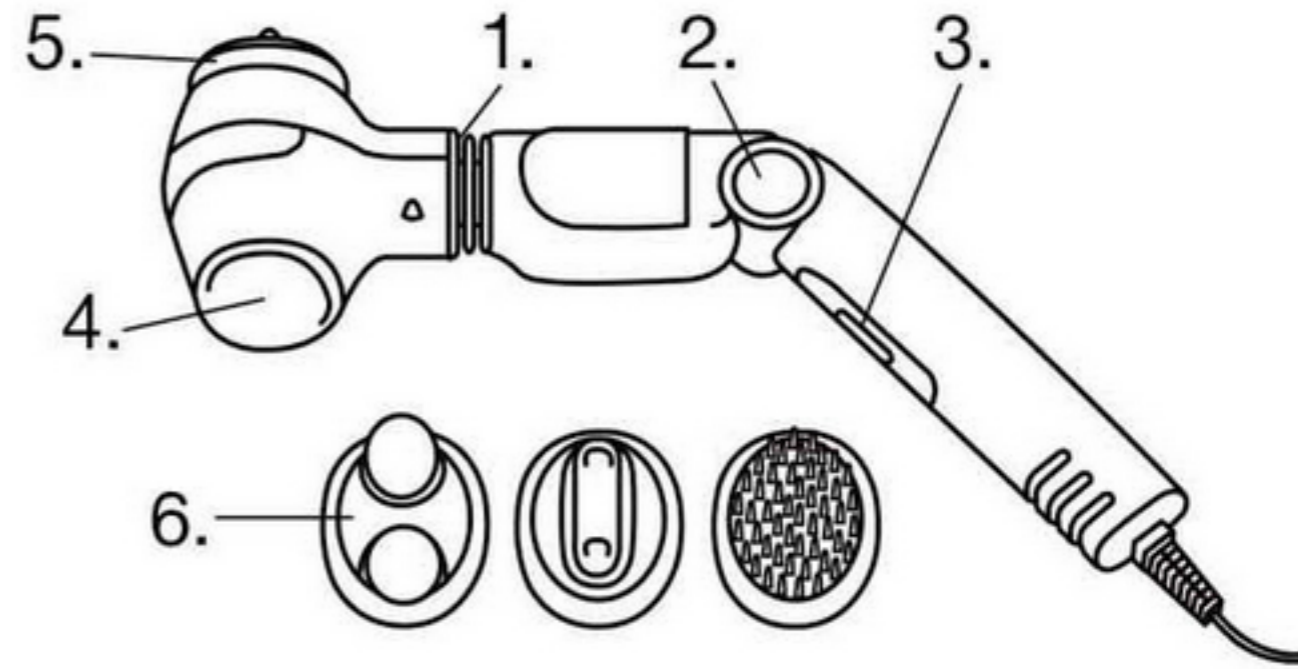
① Brush fitting: for intensive skin massages - very pleasant, circulation - stimulating effect

② Knobbed Fitting 2: for intensive and localised deep massages - particularly soothing after physical exertion

③ Knobbed Fitting 1: for intensive massages to relieve muscle pain and tension

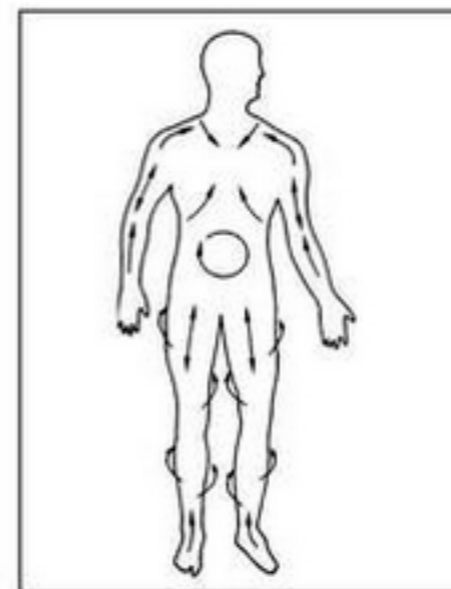
④ Tapered fitting: for intensive and localised deep massages - particularly soothing after physical exertion

- Do not exert pressure when using the massager, just move it in circular motions on the skin
- Use for a maximum of 15 minutes per session, then allow the device to cool down before reusing
- Massage sensitive parts of your body without the massage accessory
- Once checked, switch the mode to M+W for initiating the massage
- Move the massager in a circular motion across the body as shown

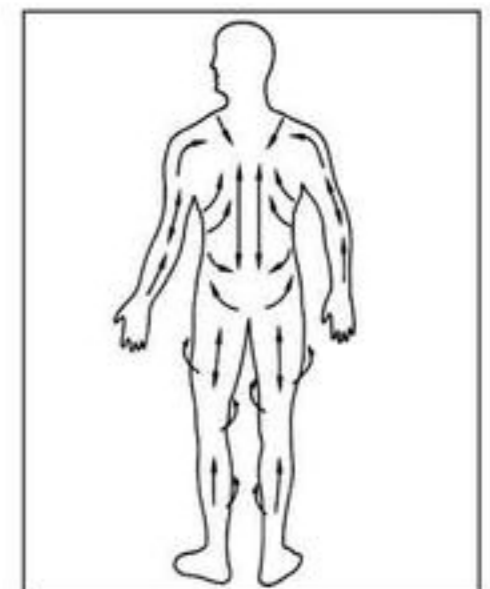


Courtesy: Beurer

1. Pivot for massaging head
2. Rotary knob for adjusting the angle of the handle (4 settings)
3. Slide switch
4. Infrared surface
5. Massaging surface
6. Massaging fittings



Front of Body



Back of Body

Courtesy: Beurer

REMEMBER

- Please read the Instructional Manual well before using this product for the first time. You can download it from the Specifications section below
- This device must not be used by children or maintained by them without supervision
- Use a damp cloth and a light cleaning liquid at most to clean the massager - ensure the unit is not plugged in and has been well-cooled before doing so

- It is not designed for use in hospital and institutional environments
- Use and store in dry area only, ideally in original packaging
- Please do not use the device in bed or close to inflammables. You must not fall asleep while using the massager
- If the unit does not switch on, check the connectivity thoroughly. Send it to the Beurer Service Centre (Contact Details in specifications below) in India for repairs