

# NAPPY WASHING INSTRUCTIONS

We've prepared this handy guide to washing your nappies. It really is as simple as putting on a normal load of washing. Just follow the instructions below to get started...

## Before first use

Pre-wash your nappy 2-3 times to make the inserts absorbent. Any wash cycle will do, but don't use fabric conditioner.

## Washing your nappies

- After use, knock any solids off the nappy or liner.
- Store the nappy in a wet bag or dry bucket until wash day.
- Some people put the nappies through a rinse cycle before the main wash.
- You can wash at 40 or 60 degrees, using a full dose of your normal detergent.
- Nappies love a long wash (eg cottons). Short cycles and eco washes use less water.
- Some people rinse after the main wash.
- Don't use bleach or fabric softener as this affects the absorbency of the nappies.
- Drying naturally is kindest, but your nappies can be dried on a low heat in the tumble dryer.
- Avoid putting them directly on a radiator.

## Care instructions

Machine wash at 40 or 60°C



Dry on washing line or tumble dry on a low heat

