

SERVICE INFORMATION:

Service In Canada:
MOMENTUM Service Centre
1140 West 7th Avenue
Vancouver BC V6H 1B4 Canada

Service In The US:
MOMENTUM Service Center
264 H Street, Suite D
Blaine WA 98230 USA

For a Repair Form and the latest address for the Momentum® Service Centre nearest you, (including service in Europe and the United Kingdom), please go to momentumwatch.com (under "Service"):

Pour une formule s.a.v. et l'adresse du Centre de Service Momentum® le plus proche de chez vous, (y compris pour le s.a.v. en Europe et en Royaume Unie), veuillez regarder momentumwatch.com; (sous la rubrique « Service »)

Ein Service-Formular und die Adresse des nächsten Momentum® Service-Centre (auch für Europa und Großbritannien), finden Sie auf www.momentumwatch.com, unter „Service“.

www.momentumwatch.com

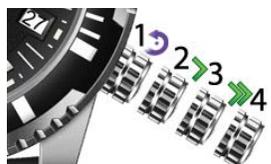
THANK YOU... for your purchase. Your new watch has been carefully designed to give you years of reliable service. The design incorporates the latest watchmaking technology and a reliable, Japanese made 24 jewel automatic (self-winding) movement. Please let us know if you have any comments or suggestions as to how we might improve our products.

USING THE SCREW CROWN (C)

Your watch is equipped with a screw-down, locking crown. This screws into the case like a submarine hatch, to ensure the most reliable possible waterproof seal. To set your watch, you must first unscrew the crown by turning it counter-clockwise 4-5 turns. It can then be pulled gently out from the case for setting. After setting or resetting the watch always ensure that you screw the crown back into the case by pressing it firmly into the case; then, applying a gentle pressure against the case, turn the crown clockwise 4-5 turns until it is snug against the case. Always ensure that it turns smoothly and is not cross-threaded. Do not overtighten! (Finger-tight will ensure a good waterproof seal.) If damage to the watch occurs due to a failure to screw in the crown correctly, such damage cannot be covered under warranty.

SETTING THE TIME AND DATE

To set the watch, first unscrew the crown. Once unscrewed, the crown will be in the "NEUTRAL" (manual winding) position 2.



1. Screwed in = watertight.
2. Unscrewed/neutral = turn right to wind
3. First click = turn left to set date
4. Second click = turn to set time
5. **ALWAYS PRESS IN FIRMLY & SCREW IN AFTER SETTING!



M30 DSS AUTOMATIC

Dive Watch with Date
Montre étanche avec date
Taucheruhr mit Datum

Operating Instructions
& 2/4/6 Warranty Information

Garantie 2/4/6 ans & modes d'emploi

Gebrauchsanleitung und 2/4/6 Jahre
garantie

momentum® by / par / von
st. moritz watch corp.

Pull the crown out 1 click to position 3 to set the date. Pull the crown all the way out to position 4 to turn the hands and set the time. (The second hand will stop when the crown is in position 4 - setting.)

To set the date, unscrew the crown, pull out 1 click to position 3, and turn to the left. (*Do not set the date between 9:00 P.M. and 4:00 A.M. as this will cause a malfunction) Turn until the date shows yesterday's date. Then, pull the crown out 2 clicks to position 4 to the TIME SETTING position and turn the hands forward until the date changes to the current date. Once the time is set, press in and screw down the crown. NOTE: If you set the watch after 12 o'clock noon, make sure you turn the hands around the dial and past 12 o'clock (noon) to set the PM time. If you do not do this, the date will change at noon, instead of midnight.

STARTING YOUR WATCH

Your watch uses a mechanical movement, with no batteries. It is "powered" by a spring, which needs to be wound regularly. Provided you wear your watch, the regular motion of your wrist will cause a rotor in the back of the movement to spin, thereby winding your watch. When fully wound, your watch will run for approximately 35 hours without winding. If you do not wear your watch for a longer period, it will stop: You must give it a good shake to spin the automatic rotor and start the watch. You can also unscrew the crown, then give it several turns in the neutral position to manually wind the watch and start it running. Once the second hand is running, set the time and date, then press in and screw down the crown firmly.

USING THE ROTATING BEZEL (B)

Your watch is equipped with a rotating bezel. This is the ring around the outside of the watch face, which gives you a simple and legible way to track bottom-time on a dive, or any elapsed time. Simply turn the bezel so that the arrow marker is opposite the minute hand. The minute hand will move forward. You can then read the time elapsed since you set the bezel, by looking where the minute hand points on the bezel. While the intended use of this is for diving, it can also be useful reminder for everyday timing. (e.g. remembering elapsed time on a parking meter!) Also note that, for safety reasons, the bezel rotates counter-clockwise only! If you set the bezel for a dive, then knock it accidentally, this will only show a greater than actual bottom time, so you will never underestimate your bottom time.

TECHNICAL NOTES:

1. ACCURACY: specially made in Japan, your watch contains the finest quality, 24 jewel automatic movement. While not as precise as a quartz watch, it should be accurate to approximately -25 to +35 seconds per day when new. The movement

Please read instructions carefully to understand how to operate your Momentum® watch. Your model may not have all of the features described in this booklet.

Veillez lire attentivement les modes d'emploi pour bien comprendre le fonctionnement de votre montre Momentum®. Toutes les fonctions décrites ne sont pas disponibles sur tous les modèles.

Lesen Sie bitte diese Anleitung für Ihre Momentum®-Uhr genau durch. Es ist möglich, daß Ihr Modell nicht alle in dieser Gebrauchsanweisung beschriebenen Funktionen aufweist.

is carefully oiled and tuned; over time, the oil will dry out and thicken, causing your watch to run slower. For this reason, we generally tune watches to run slightly fast when new; they will then gradually slow down. When you find your watch is slow and needs to be reset too often, it is time to have your watch serviced and re-tuned. 2. SHOCKS: an extreme impact can cause timekeeping to become erratic. If this happens, send your watch to one of our Service Centers. 3. MAGNETISM: do not expose your watch to strong magnetic fields (e.g. leave it on your television set, which contains a large magnet); this can magnetize the movement and cause inaccurate timekeeping.

WATER PROTECTION

This watch is designed for underwater use. Each watch is tested to 300M / 990FT and can be used for any water-sports, including diving and swimming, provided the crown is correctly screwed in. Marking regulations in some countries do not allow the use of the term "waterproof" on watches, even on diver's models. That is why we mark our watches as "water-resistant" tested to a specific depth-rating.

CHOOSING THE RIGHT BAND

A selection of alternate bands are available to fit your watch: these may include natural rubber, polyurethane, various styles of high quality leather bands, or a matching metal bracelet. If you would like to order an alternate band for your watch, please contact your dealer, or our Service Centre, or visit: www.momentumwatch.com

CRYSTAL

Most of our watches are fitted with a heat-tempered mineral crystal. Please note that while this glass is heat-hardened, an impact with a hard or sharp object can scratch the crystal, or crack or shatter it. If this happens, return the watch to one of our Service Centers, where the crystal can be replaced for a moderate charge. (Scratches and impact damage are not covered under warranty.) A virtually scratch proof sapphire crystal is standard on all S-Series models and is available at extra cost for many other models. Please check with our Service Department.

TEMPERATURE CARE

Avoid temperature extremes. Exposing your watch to high temperatures, such as placing it on the dashboard of a vehicle or use in a jacuzzi or hot tub may cause the watch to malfunction, shorten battery life, or cause deformations of certain components leading to mechanical failures. Leaving the watch in extreme cold temperatures may cause irregular time keeping until the watch returns to normal operating temperatures. For these reasons, you should remove your watch



ATTENTION: Your watch is equipped with a screw-down crown system for maximum water-resistance. Please refer to your warranty / manual for important information about this feature.

A NOTER: Pour assurer une étanchéité optimale, votre montre est équipée d'une couronne spéciale vissée. On vous prie de bien vouloir lire attentivement les modes d'emploi, pour bien comprendre la mise à l'heure, et l'emploi de la couronne.

ACHTUNG: Ihre Uhr ist mit einer verschraubten Krone versetzt um eine optimale Wasserdichtigkeit zu gewährleisten. Bitte lesen Sie vorsichtig die Gebrauchsanweisung, um sicher zu sein, dass Sie die Einstellung der Zeit und Benutzung der verschraubten Krone genau verstehen

prior to exposure.

TWO YEAR WARRANTY

Great care has been taken to ensure that your watch will give you many years of reliable service. It is guaranteed for two years against any defect caused by a fault in its manufacture*. Please retain your purchase receipt as proof of warranty. The best possible materials and components have gone into your watch. To keep it in top condition, please treat it with care and have it professionally serviced at regular intervals.

* Loss or damage caused by accident, negligence, or opening, repair by unauthorized persons is excluded from this warranty, as is cosmetic deterioration of the case or bracelet caused by wear & tear or abuse and damage caused by cracked or broken crystals. Moisture damage caused by failure to screw in the crown correctly is also not covered under warranty.

2/4/6 YEAR EXTENDED WARRANTY

Please retain your purchase receipt for proof of warranty. After the initial 2-year warranty expires, we recommend that you extend your warranty by sending your watch to a St. Moritz / Momentum® Service Centre for a Full Service*. This is a chargeable service which includes: cleaning, lubrication, and accuracy tuning of the movement, lubrication or replacement of all seals, pressure testing to original specification, return shipping and insurance, and a 2 year warranty extension. After 4 years, send it in for another Full Service and extend the warranty for a final two years (for a total of 6 years from original purchase date). Nobody knows your watch like we do! Expert technicians, original parts and the latest equipment will ensure that your watch is serviced right. To check current Full Service pricing please visit our website at: www.momentumwatch.com

* Full Service Packages include a extension of the original warranty, for as long as parts are available. Please note however that a Full Service for older, discontinued models may not include an extension of the warranty, if original parts are in limited supply or unavailable.

IF YOUR WATCH REQUIRES SERVICE OR REPAIR, please return it to the appropriate Momentum® Service Centre as shown in this manual. Our Service Centres can provide repairs, service, and replacement bands, promptly and at reasonable prices. For the most current Service Centre addresses and to download the Service and Repair form, please visit our website at: www.momentumwatch.com

Questions?

1-800-663-1881

(Weekdays, 9am-5pm Pacific time)