

ALCHIMIE FOREVER

OF SWITZERLAND



Protocols

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Table of Contents

Facials	3
<i>Alchimie Forever</i> Brightening Peel Facial (60 min.)	4
<i>Alchimie Forever</i> Brightening Peel Facial (30 min.)	7
<i>Alchimie Forever</i> Blueberry Anti-Aging Facial	9
<i>Alchimie Forever</i> Purifying Facial	13
<i>Alchimie Forever</i> Blueberry Bliss Express Facial	16
<i>Alchimie Forever</i> Moisture Quench Facial	19
<i>Alchimie Forever</i> Moisture Quench Hydrafacial	21
<i>Alchimie Forever</i> Calming Facial	24
Add-Ons	26
<i>Alchimie Forever</i> Lip Luscious	27
<i>Alchimie Forever</i> Eye Love You	29
Body Treatments	31
<i>Alchimie Forever</i> Back Treatment	32
<i>Alchimie Forever</i> Body Perfect	34
<i>Alchimie Forever</i> Brightening and firming treatment for neck and décolleté	36
Cost Per Treatment	37

Facials

ALCHIMIE FOREVER BRIGHTENING PEEL FACIAL – 60 MINUTES

This precise, light peel contains a combination of AHAs, BHAs, and blueberry extract to chemically improve the texture, tone, and pigment of the skin, leaving it brighter, softer, and perfectly radiant. Brightening Peel exfoliates the skin, evens out pigmentation, and alleviates acne and breakouts, while it tightens and rejuvenates the skin. It yields immediate and visible results for all skin types, including sensitive and acne-prone skin. The peel neutralizes with water, and extractions can be performed after neutralization of the peel. *Note: This peel can be performed on the face, neck décolleté, back of the arms, and/or the back.*

Skin Type: Safe for all skin types including male skin and darker skin types.

Average Time: 60 minutes

Suggested price: \$125-\$150

Approximate Cost of Products: \$8.80

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 0.17 oz. brightening peel (AF020BB) (20 packets per box)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 8 oz. firming gel for neck and bust (AF005)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 8 oz. daily defense cream SPF23 (AF022BB)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Magnifying lamp
- 3 bowls
- 2 Fan Brushes
- Spatula

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (3 minutes)

(remove impurities & excess oils)

1. Use minimal amount of ***purifying facial cleanser*** to remove impurities and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin; massage.
2. Remove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.

Skin Analysis (2 minutes)

(determine specific needs of client)

3. Using a magnifying lamp, perform a detailed skin analysis to determine the specific needs of your client.

Exfoliation (5–7 minutes)

(gently remove dead cells)

4. Pat the skin dry.
5. Using a minimal amount of **gentle refining scrub**, focus on the face, neck, and décolleté to gently remove dead cells.
6. Remove excess scrub with a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.

Note: If you cover the towel on either side of your guest's head with a tissue, it will be easier to remove any beads that might fall during this step.

7. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.
8. Dry skin with esthetic wipes or a tissue.

Note: Do not use steam prior to applying the peel; make sure skin is perfectly dry prior to applying the peel. Do not perform a facial massage before or after applying the peel.

Peel (2–7 minutes)

(exfoliate and remove dead cells)

9. Pour the contents of one packet of the **brightening peel** into a small bowl. Apply with a fan brush, peel applicator, or aesthetic wipe; focus on face, neck, and décolleté. (More than one packet will be needed if treating the décolleté in addition to the face.)
10. Leave the peel on for 2–3 minutes for sensitive skin types, 3–5 minutes for normal skin types, and 5–7 minutes for oily skin types. Avoid eye contour area and lips. *Always use gloves while handling the peel.*

Neutralization (5 minutes)

(neutralize the peel)

11. Remove the peel using a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.
12. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Extractions (10 minutes)

(perform extractions if necessary)

13. Perform extractions as needed.

Treatment (2 minutes)

(calms the skin and has a powerful anti-inflammatory effect)

14. To provide a powerful antioxidant treatment, press 5 drops of the first **age-defying serum** into the face and décolleté. Repeat with the second **age-defying serum**.

Face Mask (20 minutes)

(soothe and brighten the skin while quelling redness)

15. Pump 4–5 pumps of the **Kantic brightening moisture mask** into a bowl. Apply a thick coat of the mask to the face and neck using a fan brush. Do not avoid the eye contour.

Massage of neck and shoulders (15–20 minutes)

(manual soothing massage)

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16. Premix equal amounts of ***firming gel for neck and bust*** and ***Kantic+ intensely nourishing cream*** (4 to 5 pumps of each product) in a bowl. Mix well using a spatula creating the massage mixture.
 17. Using the ***massage mixture***, perform a soothing manual massage using long Swedish-like strokes. Focus on the neck and shoulders. Do not massage the face.

Mask removal (2 minutes)

(remove excess mask)

18. Remove excess mask with esthetic wipes – this will minimize the staining of your towels. Complete the mask removal using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Treatment (2 minutes)

(powerful antioxidant treatment)

19. To provide a powerful antioxidant treatment, press 5 drops of the first ***age-defying serum*** into the face and décolleté. Repeat with the second ***age-defying serum***.

Moisturize & Protect (2 minutes)

(hydrate and protect)

20. Hydrate and protect the skin by applying ***rejuvenating eye balm*** around the eyes.
21. Finish the treatment with an application of ***daily defense cream SPF 23***.

Contraindications

- Do not perform this peel on skin aggressively treated with depigmenting products.
- Do not perform facial waxing for a week pre- and post-peel.
- Do not perform this peel on sunburned skin.
- Do not use this peel on pregnant or nursing women.
- Do not perform this peel on people who are allergic to aspirin.

Additional Notes:

- Avoid eye contour area and lips.
- Tingling is to be expected.
- Transient redness may be visible for 5–24 hours.
- Mild flaking may be possible 48 hours after the peel.
- Avoid sun exposure for 48 hours post-peel, and recommend sunscreen.
- Avoid retinol and AHA / BHA products for 48 hours post-peel.

Retail Recommendations

- Alchimie Forever Kantic brightening moisture mask (24 hours post peel) (AF013)
- Alchimie Forever gentle refining scrub (48 hours post peel) (AF017)
- Alchimie Forever daily defense cream SPF 23 (AF022)

ALCHIMIE FOREVER BRIGHTENING PEEL – 30 MINUTES

This precise, light peel contains a combination of AHAs, BHAs, and blueberry extract to chemically improve the texture, tone, and pigment of the skin, leaving it brighter, softer, and perfectly radiant. Brightening Peel exfoliates the skin, evens out pigmentation, and alleviates acne and breakouts, while it tightens and rejuvenates the skin. It yields immediate and visible results for all skin types, including sensitive and acne-prone skin. The peel neutralizes with water, and extractions can be performed after neutralization of the peel. *Note: This peel can be performed on the face, neck, décolleté, back of the arms, and/or the back.*

Skin Type: Safe for all skin types including male skin and darker skin types.

Average Time: 30 minutes

Suggested price: \$65–\$85

Approximate Cost of Products: \$4.67

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 0.17 oz. brightening peel (AF020BB) (20 packets per box)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 8 oz. daily defense cream SPF23 (AF022BB)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Magnifying lamp
- Bowl
- Fan Brush

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (3 minutes)

(remove impurities & excess oils)

1. Use minimal amount of ***purifying facial cleanser*** to remove impurities and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin; massage.
2. Remove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.

Skin Analysis (2 minutes)

(determine specific needs of client)

3. Using a magnifying lamp, perform a detailed skin analysis to determine the specific needs of your client.

Peel (2–7 minutes)

(exfoliate and remove dead cells)

4. Pour the contents of one packet of the **brightening peel** into a small bowl. Apply with a fan brush, peel applicator, or aesthetic wipes; focus on face, neck, and décolleté. (More than one packet will be needed if treating the décolleté in addition to the face.)
5. Leave the peel on for 2–3 minutes for sensitive skin types, 3–5 minutes for normal skin types, and 5–7 minutes for oily skin types. Avoid eye contour area and lips. *Always use gloves while handling the peel.*

Note: Do not use steam prior to applying the peel; make sure skin is perfectly dry prior to applying the peel. Do not perform a facial massage before or after applying the peel.

Neutralization (5 minutes)

(neutralize the peel)

6. Remove the peel using a cool towel/sponges/or 4x4s that have been pre-wetted.
7. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Extractions (10 minutes)

(perform extractions if necessary)

8. Perform extractions as needed.

Treatment (2 minutes)

(calms the skin and has a powerful anti-inflammatory effect)

9. To provide a powerful antioxidant treatment, press 5 drops of the first **age-defying serum** into the face and décolleté. Repeat with the second **age-defying serum**.

Moisturize & Protect (2 minutes)

(hydrate and protect)

10. Hydrate and protect the skin by applying **rejuvenating eye balm** around the eyes.
11. Finish the treatment with an application of **daily defense cream SPF 23**.

Contraindications

- Do not perform this peel on skin aggressively treated with depigmenting products.
- Do not perform facial waxing for a week pre- and post-peel.
- Do not perform this peel on sunburned skin.
- Do not use this peel on pregnant or nursing women.
- Do not use this peel on people who are allergic to aspirin.

Additional Notes:

- Avoid eye contour area and lips.
- Tingling is to be expected.
- Transient redness may be visible for 5–24 hours.
- Mild flaking may be possible 48 hours after the peel.
- Avoid sun exposure for 48 hours post-peel, and recommend sunscreen.
- Avoid retinol and AHA / BHA products for 48 hours post-peel.

Retail Recommendations

- Alchimie Forever Kantic brightening moisture mask (24 hours post peel) (AF013)
- Alchimie Forever gentle refining scrub (48 hours post peel) (AF017)
- Alchimie Forever daily defense cream SPF 23 (AF022)

ALCHIMIE FOREVER BLUEBERRY ANTI-AGING FACIAL

The Blueberry Anti-Aging Facial offers the best of *Alchimie Forever*: sensual luxury, anti-aging efficacy, and absolute wellness. A calming, soothing, nourishing, and antioxidant facial aimed at rejuvenating and brightening the skin while correcting free radical damage, this treatment also features lymphatic drainage of the face (eliminates toxins and minimizes dark circles), massage of the face and neck (alleviates tension), and a massage of the hands and feet (softening and hydrating). The products work powerfully to reduce the visible signs of aging and give the complexion an immediate glow. This facial does not include extractions. Perfect for dull and dry skin types and those in need of hydration. **The pleasure of effective skin care.**

Skin Type: Suitable for all skin types. Particularly good for mature, sensitive, dull, dry, dehydrated skin.

Average Time: 90 minutes

Suggested Price: \$150

Approximate Cost of Products: \$6.86

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 8 oz. firming gel for neck and bust (AF005)
- 3.3 oz. dry skin balm (AF021)
- 8 oz. daily defense cream SPF23 (AF022BB)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Cleansing brush (optional)
- Magnifying lamp
- 2 Bowls
- Spatula
- Fan Brush
- Disposable mitts
- Electric mitts/herbal mitts/or heated towels.
- Disinfectant for the feet
- Disposable bootie
- Electric booties/herbal booties/or heated towels

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (5 minutes) *(remove impurities and excess oils)*

1. Using the **purifying facial cleanser**, remove makeup, impurities, and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply on damp skin and massage into the skin.

Optional: Use a facial cleansing brush for the second cleanser. It could be incorporated into the treatment as an upsell.

2. Remove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.
3. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Skin Analysis (2 minutes) *(determine the specific needs of your client)*

4. Using a magnifying lamp, perform a detailed skin analysis to determine the specific needs of your client.

Facial Lymphatic Drainage (15 minutes) *(manual drainage massage)*

5. Perform manual drainage massage to eliminate toxins. Focus on the face and neck. Combine longer strokes with pressure points. Perform the lymphatic drainage without any product.

Note: An eLearning certification entitled "Alchimie Forever: Facial Technique Training", including video demonstration and printable Manual Lymphatic Drainage Massage Manual, is available at: www.universalcompanies.com/brandcertification

Exfoliate (5–7 minutes) *(gently remove dead cells)*

Note: Extractions are optional.

6. Pat the skin dry.
7. Using a minimal amount of **gentle refining scrub**, focus on the face, neck, and décolleté to gently remove dead cells.
8. Remove excess scrub with a warm moist towel/sponges/or 4x4 that have been pre-wetted and placed in a hot towel cabi.

Note: If you cover the towel on either side of your guest's head with a tissue, it will be easier to remove any beads that might fall during this step.

9. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Facial Massage (15 minutes)

(manual soothing massage)

10. Premix equal amounts of ***firming gel for neck and bust*** and ***Kantic+ intensely nourishing cream*** (4 to 5 pumps of each product) in a bowl. Mix well using a spatula, creating a massage mixture.
11. Using the ***massage mixture***, perform a soothing manual massage using long Swedish-like strokes. Focus on the neck, décolleté, and face.

Face Mask (15–20 minutes)

(soothe and brighten the skin)

12. Pump 4–5 pumps of the ***Kantic brightening moisture mask*** into a bowl. Apply a thick coat of the mask to the face and neck using a fan brush. Do not avoid the eye contour.

Arm/Hands Massage (10 minutes)

13. While the mask is on the face, massage the hands and forearms with ***dry skin balm***.
14. Slip disposable mitts over the hands. Place electric or herbal mitts on the hands after the massage or wrap them in heated towels. Remove them at the end of the treatment. Massage any excess product into the hands and arms.

Foot Massage (10 minutes)

15. Cleanse the feet with a disinfectant or a cloth saturated with alcohol.
16. While the mask is on the face, massage the feet and lower legs using ***dry skin balm***.
17. Slip disposable booties over the feet. Place the feet in electric booties or wrap them in heated towels for the remainder of the treatment.
18. At the end of the treatment, use a warm, moist towel or prewetted 4x4s to remove any remaining product from the bottoms of the feet so that your client doesn't slip on the floor.

Alternative: If you prefer not to do a foot treatment, you may perform extractions or a scalp massage to achieve a 90 minute treatment.

Mask Removal (2 minutes)

19. Remove excess mask with esthetic wipes – this will minimize the staining of your towels. Complete the mask removal using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Treatment (3 minutes)

(powerful antioxidant treatment)

20. To provide a powerful antioxidant treatment, massage 5 drops of the first ***age-defying serum*** into the face and décolleté. Repeat with the second ***age-defying serum***.

Moisturize and Protect (3 minutes)

(hydrate and protect)

21. Apply ***firming gel for the neck and bust*** to the client's neck and bust.
22. Hydrate and protect the skin by applying ***rejuvenating eye balm*** around the eyes and ***Kantic+ intensely nourishing cream*** to the face, neck, and décolleté.
23. For facials completed during daylight hours, finish the treatment with an application of ***Daily defense cream SPF23*** instead of the ***Kantic+ intensely nourishing cream***.

Alchimie Forever Purifying Facial

Cleansing, exfoliating, and antioxidant facial aimed at purifying and brightening the skin while correcting free radical damage. This facial includes extractions.

Average Time: 60 minutes

Suggested Price: \$105

Approximate AF Cost: \$5.58

Skin Type: All; particularly recommended for congested skin types.

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 8 oz. firming gel for neck and bust (AF005)
- 3.3 oz. dry skin balm (AF021)
- 8 oz. daily defense cream SPF23 (AF022BB)

Optional Products for Men

- 8 oz. antioxidant skin repair gel (AF011BB)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Mechanical cleansing brush (optional)
- Magnifying lamp
- Steamer
- 2 Bowls
- Spatula
- Fan Brush
- Disposable mitts
- Electric mitts/herbal mitts/or heated towels.

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (5 minutes)

(remove impurities and excess oils)

1. Use minimal amount of **purifying facial cleanser** to remove impurities and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin; massage.

Optional: Use a facial cleansing brush for the cleanser. It could be incorporated into the treatment as an upsell.

2. Remove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.
3. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Skin Analysis (2 minutes)

4. Perform a detailed skin analysis using a magnifying lamp to determine the specific needs of your client.

Exfoliate (5–7 minutes)

(gently remove dead cells)

5. Pat the skin dry.
6. Use a minimal amount of **gentle refining scrub**; focus on face, neck, and décolleté.

Note: If desired, you may use steam during the last 2 minutes of the exfoliating step to help prepare the skin for extractions.

7. Remove excess scrub with a warm moist towel/sponges/or 4x4 that have been pre-wetted and placed in a hot towel cabi.

Note: If you cover the towel on either side of your guest's head with a tissue, it will be easier to remove any beads that might fall during this step.

8. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Extractions (5–10 minutes)

9. Perform extractions as needed.

Calming Step (3 minutes)

(powerful anti-inflammatory and anti-bacterial treatment)

10. To provide a powerful antioxidant treatment, massage 5 drops of the first **age defying serum** into the face and décolleté. Repeat with the second **age defying serum**.

Facial Massage (15 minutes)

(manual soothing massage)

11. Premix equal amounts of ***firming gel for neck and bust*** and ***Kantic+ intensely nourishing cream*** (4 to 5 pumps of each product) in a bowl. Mix well using a spatula, creating a massage mixture.
12. Using the ***massage mixture***, perform a soothing manual massage using long Swedish-like strokes. Focus on the neck, décolleté, and face.

Face Mask (10 minutes)

(soothe and brighten the skin)

13. Pump 4–5 pumps of the ***Kantic brightening moisture mask*** into a bowl. Apply a thick coat of the mask to the face and neck using a fan brush. Do not avoid the eye contour.

Massage of arms and hands (10 minutes)

14. While the mask is on the face, massage ***dry skin balm*** into hands and forearms.
15. Slip disposable mitts over the hands. Place electric or herbal mitts on the hands after the massage or wrap them in heated towels. Remove them at the end of the treatment. Massage any excess product into the hands and arms.

Mask Removal (2 minutes)

16. Remove excess mask with esthetic wipes – this will minimize the staining of your towels. Complete the mask removal using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Treatment (3 minutes)

(powerful antioxidant treatment)

17. To provide a powerful antioxidant treatment, massage 5 drops of the first ***age-defying serum*** into the face and décolleté. Repeat with the second ***age-defying serum***.

Moisturize and Protect (3 minutes)

(hydrate and protect)

18. Hydrate and protect the skin by applying ***rejuvenating eye balm*** around the eyes and ***Kantic+ intensely nourishing cream*** to the face, neck, and décolleté.
19. For facials completed during daylight hours, finish the treatment with an application of ***daily defense cream SPF 23*** instead of the ***Kantic+ intensely nourishing cream***.

Note: To customize this facial for men, modify step #18 by substituting ***antioxidant skin repair gel***.

ALCHIMIE FOREVER BLUEBERRY BLISS EXPRESS FACIAL

Express antioxidant facial aimed at brightening the skin while correcting free radical damage. Suitable for men or women.

Skin Type: Suitable for all skin types.

Average Time: 30 minutes

Suggested Price: \$30

Approximate Cost of Products: \$4.17

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 3.3 oz. dry skin balm (AF021)
- 8 oz. daily defense cream SPF23 (AF022BB)

Optional Products for Men

- 8 oz. antioxidant skin repair gel (AF011BB)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Steamer
- Bowl
- Fan Brush
- Disposable mitts
- Electric mitts/herbal mitts/or heated towels

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (3 minutes)

(remove impurities and excess oils)

1. Use a minimal amount of **purifying facial cleanser** to remove impurities and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin and massage into the skin.
2. Remove the cleanser using a warm moist towel/sponges/or 4x4 that have been pre-wetted and placed in a hot towel cabi.
3. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Exfoliate (5 minutes)

(gently remove dead cells)

4. Pat the skin dry.
5. Using a minimal amount of **gentle refining scrub**, focus on the face, neck, and décolleté to gently remove dead cells. Massage the scrub into the skin until most of the product has penetrated. Avoid the shoulders and neck area to ensure that the product is easy to remove.

Note: If desired, you may use steam during the last 2 minutes of the exfoliating step to help prepare the skin for extractions.

6. Remove excess scrub with a warm moist towel/sponges/or 4x4 that have been pre-wetted and placed in a hot towel cabi.
Note: If you cover the towel on either side of your guest's head with a tissue, it will be easier to remove any beads that might fall during this step.
7. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Face Mask (10 minutes)

(soothe and brighten the skin)

8. Pump 4–5 pumps of the **Kantic brightening moisture mask** into a bowl. Apply a thick coat of the mask to the face and neck using a fan brush. Do not avoid the eye contour.

Arm/Hand Massage (7 minutes)

9. While the mask is on the face, massage the hands and forearms with **dry skin balm**.
10. Slip disposable mitts over the hands. Place electric or herbal mitts on the hands after the massage or wrap them in heated towels. Remove them at the end of the treatment. Massage any excess product into the hands and arms.

Mask Removal (2 minutes)

11. Remove excess mask with esthetic wipes – this will minimize the staining of your towels. Complete the mask removal using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Treatment (3 minutes)

(powerful antioxidant treatment)

12. To provide a powerful antioxidant treatment, massage 5 drops of the first ***age defying serum*** into the face and décolleté. Repeat with the second ***age defying serum***.

Moisturize and Protect (3 minutes)

13. Hydrate and protect the skin by applying ***rejuvenating eye balm*** around the eyes and ***Kantic+ intensely nourishing cream*** to the face, neck, and décolleté.
14. For facials completed during daylight hours, finish the treatment with an application of ***daily defense cream SPF 23*** instead of the ***Kantic+ intensely nourishing cream***. (or the ***antioxidant skin repair gel*** in men's facials).

Note: To customize this facial for men, modify step #13 by substituting ***antioxidant skin repair gel***.

Alchimie Forever Moisture Quench Facial

Hydrating and nourishing, this facial is ideal to restore moisture to the skin and counteract the effects of cold temperatures, wind burn, dry climates, and long flights. This facial will leave the skin supple, comfortable, and will help to strengthen its natural protective barrier.

Average Time: 50 minutes

Approximate Cost of Products: \$4.09

Skin Type: All ; particularly recommended for dry, dehydrated skin types

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 6.6 oz (each) age-defying serums (AF001BB)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 3.3 oz. dry skin balm (AF021)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Spatula
- Fan Brush

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (5 minutes) *(remove impurities and excess oils)*

1. Use minimal amount of **purifying facial cleanser** to remove impurities and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin ; massage
2. Remove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and place in a hot towel cabi.
3. Apply 2 drops each of the two **age-defying serums** to a moist cotton round. Tone the face.

Exfoliate (5 minutes) *(gently remove dead cells)*

5. Pat the skin dry.
6. Use **gentle refining scrub**, focus on face, neck, and décolleté
7. Massage ; Do not remove excess scrub.

Face Mask #1 (10 minutes)

(hydrate and brighten the skin)

8. Apply a thick coat of the **Kantic brightening moisture mask** on top of the remaining gentle refining scrub to the face and neck using a fan brush. Do not avoid the eye contour.
9. Leave mask on for 10 minutes.
10. Perform a massage of the scalp while the mask is on.

Mask Removal (2 minutes)

11. Remove excess scrub and mask with esthetic wipes – this will minimize the staining of your towels. Complete the mask removal using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Face Mask #2 (10 minutes)

(hydrate and nourish the skin)

7. Apply a thick coat of the **Kantic+ intensely nourishing cream** to the face and neck using a fan brush. Do not avoid the eye contour.
8. Leave product on for 10 minutes.
9. Perform a massage of the hands with the Dry skin balm while the product is on.
10. Do not remove the excess product.

Facial Massage (10 minutes)

(manual soothing massage)

11. Premix 6 pumps of **Kantic+ intensely nourishing cream** and 6 pumps of **age defying serums** (3 pumps of each product). Mix well using a spatula, creating a luxurious massage medium.
12. Using the **massage mixture**, perform a soothing manual massage using long Swedish-like strokes. Focus on the face, neck and décolleté.
12. Remove excess product using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Moisture (3 minutes)

(hydrate)

13. Hydrate and protect the skin by applying **rejuvenating eye balm** around the eyes and **Kantic+ intensely nourishing cream** to the face, neck and décolleté.

USING THE HYDRAFACIAL UNIT AND OTHER MODALITIES IN CONJUNCTION WITH *ALCHIMIE FOREVER* PRODUCTS/PROTOCOLS

The Hydrafacial Machine can easily and effectively be incorporated into Alchimie Forever facials. Should you choose to do this, perform the protocol as is, simply replacing the exfoliating step with the Hydrafacial Machine. Never use the *Alchimie Forever Brightening Peel* and the Hydrafacial Machine in the same treatment, as this can result in over-exfoliation of the skin.

In addition, microdermabrasion can be substituted for the exfoliating step and other pieces of equipment such as microcurrent, iontosonic, LED, and a rotary/ultrasound brush can also be incorporated into Alchimie Forever treatments.

The following protocol has been developed specifically for use with a hydrafacial machine.

Alchimie Forever Moisture Quench HydraFacial Protocol

Cleansing, exfoliating and quenching facial with deep antioxidant infusion to address free radical damage, dull skin, clogged pores and reactivity

Average Time: 60min

Suggested Price: \$95 – \$195

Approximate Cost of Alchimie Forever Products: \$5.63

Skin type: All; particularly suited to sensitive, dull, dry, dehydrated and congested

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 6.6 oz. (each) age-defying serums (AF001BB)
- Hydrafacial Serums (Activ-4, Antiox-6)
- 8 oz. firming gel for neck and bust (AF005)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 3.3 oz. dry skin balm (AF021)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 8 oz. daily defense cream SPF23 (AF022BB)

Required Supplies

- Magnifying lamp
- Cotton pads/rounds or gauze
- Esthetic Wipes
- Mask Bowl
- Spatula
- Fan Brush
- Disposable mitts
- Electric mitts/herbal mitts/or heated towels
- Disposable bootie
- Electric booties/herbal booties/or heated towels
- Hot Towels/Sponges
- Hydrafacial Unit

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (5min) *(remove eye makeup, lipstick, impurities & excess oils)*

1. Use minimal amount of ***purifying facial cleanser*** to remove makeup impurities and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin; massage.

Tone (1 min) *(complete cleansing process)*

2. Apply 3–5 drops each of the two ***age-defying serums*** to a moist cotton round. Tone the face.

Skin Analysis (2 minutes) *(determine the specific needs of your client)*

3. Using a magnifying lamp, perform a detailed skin analysis to determine the specific needs of your client.

Exfoliate (9 minutes) *(gently remove dead cells)*

4. Perform the Hydrafacial suggested treatment pattern to exfoliate the skin.

Extractions (9 min)

5. Deposit the ***HydraFacial Activ-4*** serum on the skin, allowing it to absorb completely.
6. Extract using short, slow overlapping passes with a small tip.

Antioxidant (2minutes) *(antioxidant infusion)*

7. Spread the HydraFacial ***Antiox-6*** or ***Antiox-4*** serum and allow to absorb for 2 minutes

Treatment (3 minutes) *(powerful antioxidant treatment)*

8. Apply a quarter-size amount of ***age defying serum 1***; massage into the face & décolleté. Repeat with ***age defying serum 2***.

Facial Massage (10 minutes) *(manual soothing massage)*

9. Premix equal amounts of ***firming gel for neck and bust*** and ***Kantic+ intensely nourishing cream*** (4 to 5 pumps of each product) in a bowl. Mix well using a spatula, creating the massage mixture.
10. Using the ***massage mixture***, perform a soothing manual massage using long Swedish-like strokes. Focus on the neck, décolleté, and face.

Face Mask (2 minutes) *(soothe and brighten the skin)*

11. Pump 4–5 pumps of the ***Kantic brightening moisture mask*** into a bowl. Apply with a fan mask brush to face, neck, and décolleté in an upward direction in a very thin layer. Do not avoid eye contour.

Arm/Hands/Foot Massage (10 minutes) *(soothing massage to hands/feet)*

12. While the mask is on the face, massage the hands/forearms and feet/legs with ***dry skin balm***.
13. Slip disposable mitts over the hands/feet. Place electric or herbal mitts/booties on the hands/feet after the massage or wrap them in heated towels. Remove them at the end of the treatment. Massage any excess product into the hands/feet and arms/legs.

Mask Removal (2 minutes)

14. Remove excess mask with esthetic wipes – this will minimize the staining of your towels. Complete the mask removal using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Treatment (2 minutes) *(powerful antioxidant treatment)*

15. Apply a quarter-size amount of ***age defying serum 1***; massage into the face & décolleté. Repeat with ***age defying serum 2***.

Moisturize and Protect (4minutes) *(hydrate and protect)*

16. Hydrate and protect the skin by applying ***rejuvenating eye balm*** around the eyes.
17. Finish the treatment with an application of ***daily defense cream SPF 23***.

ALCHIMIE FOREVER CALMING FACIAL

Soothing and calming, this facial is geared towards guests undergoing significant medical treatments (including but not limited to chemotherapy). The purpose of the facial is to promote wellbeing and relaxation, and as such does not include extractions.

Skin Type: Sensitive skin.

Average Time: 45 minutes

Suggested Price: \$100

Approximate Cost of Products: \$3.81

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 3.3 oz. dry skin balm (AF021)
- 1.7 oz. *Kantic* calming cream (AF003)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Cleansing brush (optional)
- Magnifying lamp
- Bowls
- Spatula
- Fan Brush
- Disposable mitts
- Warming mitts or heated towels

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (2 minutes)

(remove impurities and excess oils)

1. Using the ***purifying facial cleanser***, remove makeup, impurities, and excess oils from the face, neck, and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply on damp skin and lightly massage into the skin.

Optional: Use a facial cleansing brush for a second cleanse. It could be incorporated into the treatment as an upsell.

2. Remove the cleanser using a warm moist towel or sponges that have been pre-wetted and placed in a hot towel cabi.

Skin Analysis (2 minutes)

(determine the specific needs of your client)

3. Using a magnifying lamp, perform a detailed skin analysis to determine the specific needs of your client.

Exfoliate (5–7 minutes)

(gently remove dead cells)

4. Pat the skin dry.
5. Using a minimal amount of ***gentle refining scrub***, focus on the face, neck, and décolleté to gently remove dead cells.
6. Remove excess scrub with a warm moist towel or sponges that have been pre-wetted and placed in a hot towel cabi.

Note: If you cover the towel on either side of your guest's head with a tissue, it will be easier to remove any beads that might fall during this step.

Face Mask (15–20 minutes)

(soothe and brighten the skin)

7. Pump 4–5 pumps of the ***Kantic brightening moisture mask*** into a bowl. Apply a thick coat of the mask to the face and neck using a fan brush. Do not avoid the eye contour.

Hands/Scalp Massage (10 minutes)

8. While the mask is on the face, massage the hands and scalp with ***dry skin balm***.
9. Slip disposable mitts over the hands. Place electric or herbal mitts on the hands after the massage or wrap them in heated towels. Remove them at the end of the treatment. Massage any excess product into the hands.

Mask Removal (2 minutes)

10. Remove excess mask with esthetic wipes – this will minimize the staining of your towels. Complete the mask removal using warm moist towels/sponges/or 4x4s that have been prewetted and placed in a hot towel cabi.

Moisturize and Protect (3 minutes)

(hydrate and protect)

11. Hydrate and protect the skin by applying ***rejuvenating eye balm*** around the eyes and ***Kantic calming cream*** to the face, neck, and décolleté.

For facials completed during daylight hours, finish the treatment with an application of ***daily defense cream SPF 23*** instead of the ***Kantic calming cream***.

Add-Ons

Alchimie Forever Lip Luscious

Plumping and moisturizing treatment to replenish dry cracked lips, minimize the appearance of fine lines, and reduce lipstick feathering. Ideal as an add-on.

Average Time: 10 minutes

Suggested Price: \$10 as an add on

Approximate Cost of Products: \$1.11

Skin Type: For all skin types.

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 8 oz. *Kantic* brightening moisture mask (AF013BB)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 8 oz. firming gel for neck and bust (AF005)

Required Supplies

- Cotton pads/rounds/ or gauze
- Tissues
- Lip brush or cotton swab
- Bowl
- Spatula

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (seconds)

(remove makeup and impurities)

1. Apply a drop of **purifying facial cleanser** to a moist, warm cotton round and wipe the perioral area and lips.

Exfoliate (2 minutes)

(gently remove dead cells)

2. Apply a half-pea sized amount of **gentle refining scrub** to a cotton swab. Massage the scrub first along the border of the lips in circular motions then in linear back and forth motions gently over any areas of flaky skin on the body of the lips. Press a tissue over the lips to lift away excess product, then gently wipe lips with a moist cotton round, ensuring no granules are left behind.

Nourish (1 minute)

(powerful anti-inflammatory and anti-aging treatment)

3. Apply 1 drop of the first ***age defying serum*** to the lips with your fingertip; use gentle “tapotement” to the perioral area along the border of the lips to penetrate. Repeat with the second ***age defying serum***.

Mask (5 minutes)

(soothe and heal)

4. Apply a half pea size amount of ***Kantic brightening moisture mask*** to lips (including skin above the colored border of the lips) with a lip brush or cotton swab. Leave on for 3–5 minutes.

Mask Removal (seconds)

5. Remove excess mask with a moist cotton round.

Plumping Massage (2 minutes)

(petrissage plumping technique)

6. Premix ***firming gel for neck and bust*** with the ***Kantic + intensely nourishing cream*** (50/50 mixture – 1 pump of each) in a bowl. Mix well using a spatula, creating a massage mixture.
7. Apply the ***massage mixture*** to the lips (including the skin above the colored border of the lips) with a lip brush or cotton swab. Perform quick, gentle “pinching” all along the border of the lips until product penetrates. Finish with gentle “tapotement” to the perioral area. Press a tissue to the lips to lift away any excess moisturizer.
8. Using a tissue, gently wipe away any excess product from the lips.

Alchimie Forever Eye Love You

This soothing and rejuvenating treatment minimizes dark circles while brightening and tightening the delicate eye contour area. Ideal to eliminate toxins and minimize the look of dull skin. Ideal as an add-on.

Average Time: 30 minutes

Suggested Price: \$30

Approximate AF Cost: \$1.65

Skin Type: All.

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 16.9 oz. rejuvenating eye balm (AF014BB)
- 3.3 oz. dry skin balm (AF021)
- 8 oz. daily defense cream SPF23 (AF022BB)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Compresses or cool marble stones
- Bowl
- Fan brush
- Disposable mitts
- Electric mitts/herbal mitts/or heated towels

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Cleanse (5 minutes)

(cleanse entire face and remove eye makeup)

1. Use ***purifying facial cleanser*** to remove impurities and excess oils from the face. Apply on damp skin and massage into the skin.
2. Remove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.
3. Apply 2 drops each of the two ***age-defying serums*** to a moist cotton round. Tone the face.

Manual Lymphatic Drainage (10 minutes)

(helps eliminate toxins, minimize dark circles and puffiness)

4. Perform manual drainage massage to eliminate toxins. Focus on the eye contour area. Combine longer strokes with pressure points. Perform the lymphatic drainage without any product.

Note: An eLearning certification entitled "Alchimie Forever: Facial Technique Training", including video demonstration and printable Manual Lymphatic Drainage Massage Manual, is available at: www.universalcompanies.com/brandcertification

Eye Contour Mask (7 minutes)*(soothe and brighten the skin, reduce dark circles and puffiness)*

5. Pump 2 pumps of the **rejuvenating eye balm** into a bowl. Using a fan brush, apply it thickly as a mask to the eye contour area. Go as close to the lash line as possible.
6. Apply two compresses pre-soaked in cold water or two cool marble stones on the eye lids.

Hand Massage (7 minutes)

(while mask is on)

7. While the mask is on, massage **dry skin balm** into hands and forearms. Slip disposable mitts over the hands. Then cocoon the hands in warming mitts or warm moist towels. Remove them at the end of the treatment. Massage any excess product into the hands and arms.

Mask Removal (2 minutes)

8. Remove excess mask with tissues followed by a cool, moist towel or sponge; dry skin with tissues.

Treatment (3 minutes)

(powerful antioxidant treatment)

9. To provide a powerful antioxidant treatment, massage 5 drops of the first **age defying serum** into the face and décolleté. Repeat with the second **age defying serum**.

Moisturize and Protect (3 minutes)

(hydrate and protect)

10. Apply **Kantic+ intensely nourishing cream** to the face. For facials completed during daylight hours, finish the treatment with an application of **daily defense cream SPF 23** instead of the **Kantic +intensely nourishing cream**.

Body Treatments

Alchimie Forever Back Treatment

Clarifying, decongesting, and relaxing all at the same time, this anti-aging back treatment is ideal to prepare the skin for bathing suits, tank tops, and back-less dresses.

Average Time: 50min.

Suggested price: \$110

Approximate AF Cost: \$2.96 w/o peel; \$6.81 w/ peel & extractions

Skin Type: All

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 8 oz. gentle refining scrub (AF017BB)
- 6.6 oz. (each) age-defying serums (AF001BB)
- 8 oz. firming gel for neck and bust (AF005)
- 8 oz. *Kantic+* intensely nourishing cream (AF004BB)
- 0.17 oz. brightening peel (AF020BB) (20 packets per box) (optional)
- 8 oz. daily defense cream SPF23 (AF022BB) (optional)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Mechanical cleansing brush (optional)
- Steamer (optional)
- Bowl
- Spatula
- Hot stones (optional)
- Fan Brush (optional)

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Skin Analysis (5 minutes)

(determine specific needs of client)

Cleanse (5 minutes)

(remove surface debris and prepare skin)

1. Apply a warm moist towel to the back. Compress to moisten skin and relax the client.
2. Using a dime-sized amount of the ***purifying facial cleanser***, cleanse the back. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin; massage.

^aRemove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and placed in a hot towel cabi.

Exfoliation (5 minutes) (gently remove dead cells)

- Using a generous amount of the **gentle refining scrub**, exfoliate the arms and back.
- Note: Steam and a rotary brush may also be used at this time to enhance the treatment. If performing the **brightening peel**, do not use steam with the scrub.*

Scrub removal (5minutes) (remove excess product)

- Apply a warm moist towel to the back.
- Compress and wipe away remaining product.

Peel (2–7 minutes) (exfoliate and remove dead cells)
(optional)

- Pour the contents of one packet of the **brightening peel** into a small bowl. Apply with a fan brush, peel applicator, or aesthetic wipes; focus on face, neck, and décolleté. (Depending on the size of your client, more than one packet will be needed.)
- Leave the peel on for 2–3 minutes for sensitive skin types, 3–5 minutes for normal skin types, and 5–7 minutes for oily skin types. Always use gloves while handling the peel.
Note: Do not use steam prior to applying the peel; make sure skin is perfectly dry prior to applying the peel. Do not perform a massage before or after applying the peel.

Neutralization (5 minutes) (neutralize the peel)

- Remove the peel using a cool towel/sponges/or 4x4s that have been pre-wetted.
- Apply 5 drops each of the two **age-defying serums** to a moist cotton round. Tone the back.

Extractions (10minutes) (perform extractions as needed)

Calming step (5 minutes) (powerful anti-inflammatory and anti-bacterial treatment)

- Spot treat the extracted areas with 5 drops of the first **age-defying serum**. Repeat with the second **age-defying serum**.

Massage (15 minutes) (massage back, shoulders, and upper arms)

Note: Omit this step if you incorporate a peel.

- Premix equal amounts of **firming gel for neck and bust** and **Kantic+ intensely nourishing cream** (4 to 5 pumps of each product) in a bowl. Mix well using a spatula, creating a massage mixture.
- Using the **massage mixture**, perform Swedish massage movements; incorporate hot stones if desired.

If the Back Treatment is performed during the daylight hours and the client is likely to be outside, finish the treatment with **Daily defense cream SPF23**.

ALCHIMIE FOREVER BODY PERFECT

Optimize your client's body with a slimming, tightening, anti-aging treatment. This treatment enhances the silhouette and softens the skin while repairing sun damage. This treatment includes a lymphatic drainage massage.

Average Time: 60 minutes

Suggested Price: \$85

Approximate Cost of Products: \$6.43

Products

- 8 oz. gentle refining scrub (AF017BB)
- 8 oz. optimizing body contour gel (AF006)
- 8 oz. firming gel for neck and bust (AF005)
- 3.3 oz. dry skin balm (AF021)

Required Supplies

- Body brush
- Mylar and/or a heated blanket
- Cool facial cloth (optional)
- Warm moist towels/sponges/or 4x4s

Always check your state regulations to ensure that you are practicing within the scope of your license.

Procedure

Exfoliate (10 minutes)

(gently remove dead cells)

1. Dry brush the body prior to exfoliating with the **gentle refining scrub**. Use circular strokes and move toward the heart.
2. Gently remove dead cells with a generous amount of **gentle refining scrub**. Beginning on the front of the body, exfoliate the arms and legs using circular motions and always moving toward the heart. You may also exfoliate the stomach, but use less pressure and work in a clockwise motion. Assist the client in turning over and exfoliate the back of the legs and arms and the client's back using circular motions.

Shower (5–7 minutes)

(remove excess product)

3. Assist your client off the table and to the shower to remove excess product. Alternatively, you may use warm moist towels to remove the product from the body.

Body Treatment (10 minutes)

(massage)

4. Massage the hips, thighs, and buttocks using **optimizing body contour gel** to eliminate toxins, reduce water retention, and tighten the skin. Use “palper-rouler” movements.

-
5. Use Swedish massage movements to massage the arms, décolleté, and stomach using the ***firming gel for neck and bust*** to tighten and refresh the skin.

Hands/Feet Treatment (10 minutes)

(soften hands and feet)

6. Generously apply ***dry skin balm*** to the hands, forearms, feet, and lower legs to soften them.

Wrap (10 minutes)

7. To enhance product penetration and eliminate toxins, wrap the body in Mylar and/or a heated blanket. Monitor your client carefully as some people become claustrophobic during a wrap. Do not leave the room while your client is wrapped. Place a cool facial cloth on their forehead if needed.

Facial Lymphatic Drainage (10 minutes)

8. During the wrap, perform lymphatic drainage massage on the face and neck to eliminate toxins. Combine longer strokes with pressure points. Perform the lymphatic drainage without any product.

Note: An eLearning certification entitled "Alchimie Forever: Facial Technique Training", including video demonstration and printable Manual Lymphatic Drainage Massage Manual, is available at: www.universalcompanies.com/brandcertification

Finishing the Treatment (1–2 minutes)

Unwrap your client. Assist your client to a sitting position on the side of the table and have him/her sit for a few moments prior to standing. When the client stands, make sure that he/she is stable and does not feel light headed.

Alchimie Forever Brightening and firming treatment for neck and décolleté

Average Time: 30 minutes ; to be marketed as an add-on

Skin Type: All

Suggested Price: \$65–85

Approximate Cost of Products: \$4.67

Products

- 16 oz. purifying facial cleanser (AF015BB)
- 0.17 oz. brightening peel (AF020BB) (20 packets per box)
- 8 oz. firming gel for neck and bust (AF005)
- 8 oz. daily defense SPF23 (AF022BB)

Required Supplies

- Cotton pads/rounds or gauze
- Warm moist towels/sponges/or 4x4s
- Spatula
- Fan Brush

Procedure

Cleanse (2 minutes) *(remove impurities and excess oils)*

1. Use minimal amount of **Purifying facial cleanser** to cleanse the neck and décolleté. Emulsify the foaming cleanser between your fingertips with a few drops of water. Then apply the cleanser to moist skin; massage.
2. Remove the cleanser using a warm moist towel/sponges/or 4x4s that have been pre-wetted and place in a hot towel cabi.

Peel (3–5 minutes) *(exfoliate and remove dead cells)*

3. Pour the contents of one packet of the **Brightening peel** into a small bowl. Apply with a fan brush, peel applicator, or aesthetic wipes ; focus on neck and décolleté.
4. Leave the peel on for 3–5 minutes according skin types. *Always use gloves while handling the peel.*

Note : Do not use steam prior to applying the peel ; make sure skin is perfectly dry prior to applying the peel.

Neutralization (2 minutes) *(neutralize the peel)*

5. Remove the peel using a cool towel/sponges/or 4x4s that have been pre-wetted

Treatment (3 minutes) *(powerful antioxidant treatment)*

6. To provide a powerful antioxidant treatment, massage 2 pumps of **Firming gel for neck and bust** into the neck and décolleté

Moisture (2 minutes) *(hydrate)*

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7. Hydrate and protect the skin by applying ***Daily defense SPF 23*** to the neck and décolleté.