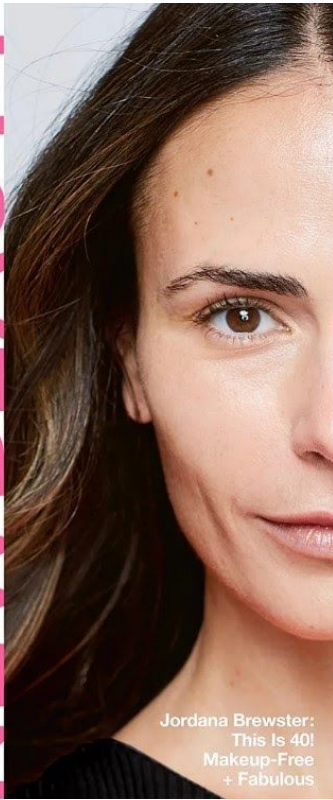


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Jordana Brewster:
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New Beauty, Spring/Summer 2020

CHEAT SHEET

Wash Cycle

Whether it's at CVS or Sephora, the number of cleansers lining beauty shelves these days is astronomical. Not sure which one to buy to best suit your skin type and concerns? Here's a quick guide. —Brittany Burhop Fallon



1 Gel

What they are: Lightweight, jelly-like substances that effectively lift trapped grime from pores for a deep clean.

Skin types they're best for: Oily and/or acne-prone skin. Many gel cleansers contain powerful actives, such as salicylic acid or glycolic acid, which help address these concerns.

Expert tip: "Add a little water at a time until it really foams up—the bubbles help to slough out bacteria and dirt from pores and leave skin feeling very clean without stripping it," says New York aesthetician Joie Tavernise.

ONE TO TRY:
Alchimie Forever Purifying
Facial Cleanser, \$41,
alchimie-forever.com