



# DIVE MEDICAL PROCESS?

## WHAT TYPE OF COURSE ARE YOU DOING?



Did you answer YES to anything in the medical section?

Yes

No

Did you answer YES to anything?

Yes

No

Go to FIT TO DIVE!

RSTC MEDICAL

Make an appointment for a "Recreational Medical" with either **your own GP** or a **Designated Diving Doctor**

*We strongly recommend going to see a Diving Doctor if you answer yes to anything on the front page of the medical. You may be sent for extra tests so book your appointment early!*

Make an appointment for a "Recreational Medical" with a **Designated Diving Doctor**

*Advise the doctor that you plan to work in the industry. You DO NOT need a "commercial medical" to train but you can let the doctor know that you plan to work in the industry at a later date.*

**i**

**If you have had a medical signed by a doctor in the last 12 months?**

Make sure your medical with not expire before the end of the course, medicals expire one year from the date of issue.

A medical is only current if you have not had any changes to your medical profile since your medical was signed.

If you have new medication or anything has changed you will need a new medical before you begin training.

Doctor's Decision

YES

NO

**NOT FIT TO DIVE**

Let us know. Hopefully in the future, either if your situation changes or more research is done, you might be able to scuba dive. The good news is you can may still be able to go snorkelling!  
You don't need a medical for this activity and you still get to experience the underwater world.

**FIT TO DIVE**

**Awesome! Return your Medical to Dive Otago as soon as you can -**  
If you have got an eLearning Pass you can now start!

*Note: Medicals are valid for 12 months and must be valid for the duration of your entire course.*