

Application For upcoming Berkeley *Feldenkrais Training Program*[®]

Name:

Address:

Phone:

Email:

Birthdate:

In the following section we would like to get to know you and get a sense of your background and engagement with the *Feldenkrais Method*[®]. There is not one specific criterion we are looking for, but rather an overall view of your interest and experience with the Method.

You can write as much as you like for each question.

1. What kinds of experiences have you had with the Feldenkrais Method, (including classes, workshops & *functional integration*[®])
2. What is it about the *Feldenkrais Method*[®] that inspired you to consider joining a training?
3. Tell us something about your work history/profession. If you are a student let us know what you are studying.
4. How do you imagine you will utilize what you learn in the training program? (We are interested in your answer but won't hold you to it. The training often takes people in unexpected directions!)
5. Is there anything else you would like us to know about you? Hobbies, passions, challenges, questions...

6. We ask for two letters of recommendation, at least one from a Feldenkrais practitioner. Please provide them with this application or let us know a letter is coming and from whom. If you do not have a relationship with a practitioner where you can easily get a letter, mention that in the application and we will provide other options.

To return this application to us you can:

1. Copy the word document and send it to us in an email: True@FeldenkraisResources.com
2. Fill the form out on-line. Or
3. Print out the document and send it to us in the mail:

Feldenkrais Institute of San Diego
3680 Sixth Ave
San Diego, CA 92103

If you have questions about the application, you can contact True@FeldenkraisResources.com