



M Y S P E X

FIND YOUR LENS STRENGTH

To find your lens strength, print this document out and hold it 14 inches away from your face. Read the chart starting at the top. The first line that is unclear is your power.

Help us help you.

+3.00

If this is blurry, pick a pair now.

+2.50

We've seen worse, but you still need some readers.

+2.00

You probably have a hard time reading the menu, which is tragic.

+1.50

Ok, now you're just showing off. But we can still help you out.

+1.00