



WEEK 2

Plastic Free Bathroom

1. Try a shampoo/conditioner bar or try refilling shampoo & conditioner bottles at a bulk store
2. Use plastic-free packaged soaps or refills
3. Clean with natural & compostable products
4. Try making a DIY beauty product
5. Switch to a bamboo toothbrush!

See this week's corresponding blog post for tips on how to achieve these

PLASTIC FREE BATHROOM SWAPS

Tick or cross them off as you go

- | | |
|-----------------------------|-----------------------------------|
| Bamboo toothbrush | Natural face cloths & exfoliators |
| Toothpaste tablets/soap | Reusable makeup removers |
| Plastic-free floss | Shampoo & conditioner bars |
| Plastic-free packaged soaps | Deodorant paste |
| Bamboo band-aids | Natural toilet & cleaning brushes |
| Wooden hairbrush | Who Gives A Crap Toilet Paper |
| Bamboo or paper cotton buds | Plastic-free packaged lip balm |

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