



*Keep up the energy mood
all day, everyday...*



TS CHOICE Naturally helping you feel your best...

TS Choice products are a range of popular nutritional and botanical supplements that can be used to naturally help you to feel at your best and to maintain good health.



TS CHOICE ORAL SPRAYS

Spray today, enjoy tomorrow...



Rio
Health
Products +44 1273 570987 / info@riohealth.co.uk / www.riohealth.co.uk

Advantages of Oral Sprays

Oral sprays are an excellent delivery method for nutrients. Microdroplets sprayed onto the highly permeable soft tissue of the oral cavity delivers nutrients to a veins-rich area from which these may quickly enter the circulatory system. By direct delivery to the bloodstream, nutrients in oral sprays bypass the digestive system where many nutrients may be lost. Oral sprays are useful for those individuals with digestive issues or those who don't like capsules or tablets.

Vitamins D3 and B12 have both shown effective absorption rates when oral-spray delivered. Studies show overall better absorption via sprays applied to the inner cheek (best for vitamin D) or delivered under the tongue (best for vitamin B12) compared with capsules.

Coenzyme-Q10 may also be beneficially delivered directly to the oral cavity where contact is direct and immediate.

A quick, easy and delicious way to take vitamins on-the-go...

In addition to providing superb absorption and faster onset action, oral sprays are convenient to use. Mouth spray formulations deliver direct, act fast and are conveniently best choice in many cases.



Benefits of Vitamins

Vitamin B Complex Oral Spray



Vitamin B12 Complex Oral Spray



B Vitamins

- contributes to reduction of tiredness and fatigue (B2, B3, B5, B6, B12, Folate)
- contributes to normal energy-yielding metabolism (B1, B2, B3, B5, B6, B12, biotin)
- contributes to normal psychological function (B1, B3, B6, B12, Folate, biotin)
- contributes to normal functioning of the nervous system (B1, B2, B3, B6, B12, biotin)
- contributes to normal functioning of the immune system (B6, B12, Folate)
- contributes to maintenance of normal skin (B2, B3, biotin)
- contributes to maintenance of normal mucous membranes (B2, B3, biotin)
- contributes to normal red blood cell formation (B6, B12)
- contributes to normal homocysteine metabolism (B6, B12, Folate)

Vitamin D Baby Oral Spray



Vitamin D Pregnancy Oral Spray



Vitamin D1000 Oral Spray



Vitamin D3 + K2 Oral Spray



Vitamin D

- contributes to the maintenance of normal bones and teeth
- is needed for the normal growth and development of bone in children
- contributes to normal absorption/utilisation of calcium and phosphorus
- contributes to normal calcium levels
- has a role in the process of cell division
- contributes to the normal functioning of the immune system

Vitamin K

- contributes to the maintenance of normal bones
- contributes to normal blood clotting