

## RIO AMAZON POWDERS

The Rio Amazon Powders Collection brings you a selection of unique, high-quality botanical extracts and superfoods, free from unnecessary additives and fillers.

### Organic Yerba Maté Powder

Ingredients: Pure, powdered Organic Yerba Maté (*Ilex paraguariensis*) leaves. Product Origin: South America. Contains caffeine.



22260 / 50g  
22261 / 100g  
22262 / 200g

### Organic Açai Freeze-Dried Powder

Ingredients: Organic Açai (*Euterpe oleracea* Mart.) puree (freeze-dried)



20102 / 50g  
20103 / 100g  
20104 / 200g

### Brazilian Clean Greens Powder

Ingredients: Botanical mixture concentrate powder [Kale, Lemon, Yerba Maté, Brazilian Cherry (*Eugenia uniflora*, aka Pitanga)], maltodextrin (spray dry surfactant, contains corn). Naturally contains caffeine.



22501 / 100g  
Powder concentrate product, non-sterilized, non-GMO. Origin: Brazil, South America

### Organic Maca Powder

Ingredients: Pure powdered organic gelatinized whole root of Maca (*Lepidium meyenii*). Product Origin: South America



21406 / 50g  
21407 / 100g  
21408 / 200g

### Organic Guaraná Powder

Ingredients: Pure powdered organic Guaraná (*Paullinia cupana*) seed. Product origin: South America. Contains caffeine.



50108 / 50g  
50109 / 100g  
50110 / 200g

### Graviola / Soursop Leaf Powder

Ingredients: Pure powdered Graviola (*Annona muricata*) leaf and stem. Product Origin: South America



21357 / 50g  
21358 / 100g  
21359 / 200g

### Atomic Brazilian Powder

Ingredients: Botanical mixture concentrate powder [Guaraná, Yerba Maté, Brazilian Ginseng (*Pfaffia paniculata*, aka Suma), Camu-Camu fruit], maltodextrin (spray dry surfactant, contains corn). Naturally contains caffeine.



2250 / 100g  
Powder concentrate product, non-sterilized, non-GMO. Origin: Brazil, South America



## About Rio Health

Rio Health was established in 1986 with the company name Rio Trading. The founding members travelled to the Amazon in Brazil where they established links with indigenous people and created a trading partnership which helped the local people whilst allowing the first importation of a variety of South American botanicals to the West. Rio Trading's mission was to bring some of the wonderful natural healing plants from South America to Europe and the rest of the world.

From the beginning, the company has had high ideals about operating a fair-trade policy, negotiating fair trade prices with growers and ensuring ingredients come from sustainable sources. Today, Rio Health is a family business specialising in South American botanicals, and continues to hold these ideals, using natural ingredients and minimising the use of additives.

## Be A Rio Health Practitioner

Join our programme for natural health therapists to access learning resources and exclusive discounts on all our botanical ingredients and products.

- ✓ Exclusive discounts on our products
- ✓ Specialist ingredient and product training
- ✓ On-hand advice and guidance
- ✓ Online and offline education

The programme is suitable for fully qualified nutritional health professionals as well as nutritional health students. We also encourage qualified individuals across a broad range of associated therapies to apply as associate members.

Practitioner Scheme Available  
[www.riohealthpractitioners.co.uk](http://www.riohealthpractitioners.co.uk)



Rio Health Products

+44 1273 570987 / [info@riohealth.co.uk](mailto:info@riohealth.co.uk) / [www.riohealth.co.uk](http://www.riohealth.co.uk)

## High Quality Botanical Extracts...







### Quebra Pedra 500mg

Ingredients:  
Quebra Pedra (*Phyllanthus niruri*) leaf powder from Brazil, capsule shell: hydroxypropyl methylcellulose.



21855 / 60 Capsules  
21856 / 120 Capsules

### Quebra Pedra 5:1 Extract 500mg

Ingredients:  
Quebra Pedra (*Phyllanthus niruri*) 5:1 herb extract from Brazil, maltodextrin (non-corn source), capsule shell: hydroxypropyl methylcellulose.



21800 / 90 Capsules

### Organic Maca 500mg

Ingredients:  
Organically-farmed gelatinized Maca\* (*Lepidium meyenii*) root powder from Peru, capsule shell: hydroxypropyl methylcellulose.

\*Organic ingredient



21404 / 60 Capsules  
21405 / 120 Capsules

### Graviola Leaf 500mg

Ingredients:  
Powdered Graviola (*Annona muricata*) Leaf and Stem from Brazil, Capsule Shell: hydroxypropyl methylcellulose.



21305 / 60 Capsules  
21306 / 120 Capsules

### Graviola / Soursop Fruit 500mg

Ingredients:  
Maltodextrin (non-corn source), Graviola (*Annona muricata*) Fruit Powder from Brazil, Capsule Shell: hydroxypropyl methylcellulose.



21300 / 60 Capsules  
21301 / 120 Capsules

## RIO AMAZON CAPSULES

The Rio Amazon Capsules Collection brings you a selection of unique, high-quality botanical extracts and superfoods, free from unnecessary additives and fillers.



Pau d'Arco, Quebra Pedra, Graviola, Cat's Claw, Yerba Maté are also available as tea along with Damiana, Tayuya, Pata de Vaca, Espinheira Santa teas and the 'Taste the Tropics' range of exotic blends.

Your natural energizer Guaraná is also available as Buzz Gum, Jungle Elixir and Powder.

### Catuaba 500mg

Ingredients:  
Catuaba (*Trichilia catigua*) powdered bark from Brazil, capsule shell: hydroxypropyl methylcellulose.



20600 / 60 Capsules  
20601 / 120 Capsules

### Catuaba 5:1 Extract 500mg

Ingredients:  
Catuaba (*Trichilia catigua*) bark 5:1 extract from Brazil, maltodextrin (from non-corn source), capsule shell: hydroxypropyl methylcellulose.



20602 / 90 Capsules

### Muirá Puama 500mg

Ingredients:  
Powdered Muirá Puama (*Ptychopetalum olacoides*) bark from Brazil, capsule shell: hydroxypropyl methylcellulose.



21500 / 60 Capsules  
21501 / 120 Capsules

### Muirá Puama 5:1 Extract 500mg

Ingredients:  
Powdered Muirá Puama (*Ptychopetalum olacoides*) 5:1 bark extract from Brazil. Capsule shell: hydroxypropyl methylcellulose.



21502 / 90 Capsules

### Super Cleanse Capsules

Ingredients:  
*Psyllium husk*, botanicals (Plantain leaf, Blessed thistle, Clove, Corn silk, Yellow dock root, Kelp), vitamin C, minerals, calcium citrate, Magnesium citrate, Aloe vera gel powder, capsule shell (hydroxypropyl methylcellulose), filler (rice flour), *Lactobacillus acidophilus* and bioflavonoids.



22301 / 50 Capsules  
22302 / 100 Capsules

### Cat's Claw Bark 500mg

Ingredients:  
Cat's Claw (*Uncaria tomentosa*) powdered bark from Brazil, capsule shell (hydroxypropyl methylcellulose).



20503 / 60 Capsules  
20504 / 120 Capsules

### Suma 500mg

Ingredients:  
Powdered Suma root (*Pfaffia paniculata*), from Brazil, capsule shell: hydroxypropyl methylcellulose.



22000 / 60 Capsules  
22001 / 120 Capsules

### Camu-Camu Extract 500mg

Ingredients:  
Maltodextrin (non-corn source), Camu-Camu (*Myrciaria dubia*) minimum 16:1 fruit extract from Brazil which contains at least 20% naturally occurring vitamin C, capsule shell: hydroxypropyl methylcellulose.



20400 / 60 Capsules  
20401 / 120 Capsules

### Pau d'Arco Extract 500mg

Ingredients:  
Pau d'Arco (*Tabebuia avellanae*) powdered bark 5:1 extract from Brazil, maltodextrin (non-corn source), capsule shell: hydroxypropyl methylcellulose.



21700 / 60 Capsules  
21701 / 120 Capsules

### Organic GoGo Guaraná Vegicaps 500mg

Ingredients:  
Ground Guaraná seed\* (*Paullinia cupana*) from Brazil, capsule shell: hydroxypropyl methylcellulose.  
\*Organic ingredient  
Contains caffeine.



50101 / 60 Capsules  
50102 / 120 Capsules

### Açaí Extract 500mg

Ingredients:  
Açaí (*Euterpe oleracea*) fruit extract with 10% polyphenols from Brazil, Carrier/ emulsifier: maltodextrin (non-corn source), capsule shell: hydroxypropyl methylcellulose.



20100 / 60 Capsules  
20101 / 120 Capsules

### Cinnamon 10:1 Extract 500mg

Ingredients:  
Bulking agent (dicalcium phosphate, corn starch), Cinnamon (*Cinnamomum zeylanicum*) 10:1 Bark Extract from Madagascar, capsule shell: hydroxypropyl methylcellulose, anti-caking agents (talc, magnesium stearate).



20800 / 60 Capsules  
20801 / 120 Capsules

### Slimcaps Capsules 500mg

Ingredients:  
Powdered Guaraná seed (*Paullinia cupana*) from Brazil, powdered Yerba Maté leaf (*Ilex paraguariensis*) from Brazil, capsule shell: hydroxypropyl methylcellulose. Contains caffeine.



21900 / 60 Capsules  
21901 / 120 Capsules

### Yerba Maté 500mg

Ingredients:  
Powdered Yerba Maté leaves (*Ilex paraguariensis*) from Brazil, capsule shell: hydroxypropyl methylcellulose. Contains caffeine.



22205 / 60 Capsules  
22206 / 120 Capsules