

Directions to Senses of the Soul Botanical Sanctuary and Farm:

From Highway 1

Take Highway 1 West to Cochrane turnoff (Highway 22) Turn North to Cochrane on Highway 22

Pass traffic light at Cochrane (Highway 1A intersection), continue north on HWY 22 for **17.5 Km**

After some 16 KM, Hwy 22 makes a steep dip and long S turn through a little valley

After the S turn you will see a sign on right "Camp Ursa"

Turn left (West) on next road, Township Road 280 (there is a sign pointing West : "Dartique Lodge")

Go West for **6.5 Km**, to STOP sign

Turn right (North) at stop sign – this is Horsecreek Road

Go North **3.5 Km** to Township Road 282, on left (after 3 Km you will encounter a steep downhill - go slow or you will miss TWP 282 on left, a gravel road. If you see Dartique Lodge on right, a log building, you have gone too far.)

Senses of the Soul Farm is on the corner, you will see a small, white greenhouse in the front field – turn left (West) on gravel road (TWP 282) and immediately turn left again into first driveway – a black gate will be open and there is a yellow sign by the gate that says the property is being protected for medicinal plants! Legal Sign is 50015 TWP 282 Drive up to the blue/ gray houses and park! Come to the front door of the smaller house– you have arrived!

From Highway 1A

Take Crowchild Trail NW (which turns into Highway 1 A) to Cochrane

Turn right at the traffic light at Cochrane (Highway 1A and HWY 22 intersection), continue north on HWY 22 for **17.5 Km**

After some 16 KM, Hwy 22 makes a steep dip and long S turn through a little valley

After the S turn you will see a sign on right "Camp Ursa"

Turn left (West) on next road, Township Road 280 (there is a sign pointing West : "Dartique Lodge")

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