

## Life and style

Monday 15 July 2013 11.50 BST

# Buy of the day

Kate Carter recommends a little something to brighten up every day of the week. Check back each day for the next suggestion

[Kate Carter](#)

## Friday



Workout gear from Lorna Jane, from £15, [activeinstyle.co.uk](http://activeinstyle.co.uk)

Need some new, stylish gear for your oh-so-active and healthy life? Then women (sorry chaps), Buy of the Day suggests you check out Lorna Jane: it's massive over in Australia and now it's coming here. There are styles and cuts to please all, from vests and sports bras to singlets and running tights. If you are in or near London, and prefer to try before you buy, there is a pop-up shop until 4 August. You can find it at 1 Shelton Street (it's open Monday-Saturday 11am-7pm and 12-6pm on Sundays). They even have 5k guided runs from the store, complete with advice from athletes and nutritionists.

## Thursday



### White chocolate with sea salt and pistachio, by [Amelia Rope](#)

Ahhhhh Amelia Rope chocolate. Buy of the Day is not sure there is any finer. This white chocolate with sea salt and pistachio nuts is unbelievably good -

and BoTD doesn't even *like* white chocolate. Normally. When it's this good, though, it's a real treat. Judging from the text on the website, the creator has something of an addiction to her own creation here: quite a testament from someone who spends all day with chocolate.

## Wednesday



**Pinafore dresses, £29, from [ilovebreadandjam.com](http://ilovebreadandjam.com)**

Bread and Jam make beautiful, practical dresses for little girls using some truly fabulous prints. Who needs twee little florals when you can have 'mingos or tomato ketchup all over your frock? But fear not, if the prints are a bit too strong for your tastes, you can opt for a [simple colour but with a print pocket](#). The only disappointment is that the adult range doesn't include the more vivid prints. Because Buy of the Day is sure she could totally carry off a flamingo print, right?

Right?

## Tuesday



**T-shirts, £24.95 with £5 going to EJF.**  
Available online at  
**RapanuiClothing.com/bees** or at the **EJF**  
shop at **20 Fouberts Place, London**

Buy of the Day is sure you all know about the [sad and worrying decline in bee numbers](#). As well as doing your bit by planting wild flowers and [even using your smartphone](#), you can now shop for bees too. Ethical fashion label Rapanui has joined up with the Environmental Justice Foundation to raise awareness of the bees' plight. The limited edition T-shirt features a worker bee in a gas mask, and unlike the poor old bees, the people who made it didn't have to breathe in any noxious fumes. It's 100% pesticide-free, made from organic materials in a factory powered by wind energy using ethical labour.

## Monday



## Jug, £16, from [sophierdesigns.co.uk](http://sophierdesigns.co.uk)

Anyone for tea? Not, of course, that Buy of the Day has ever actually served milk from a jug, being more of a slosh-straight-from-the-fridge sort of brewer. But this jug from Sophie Richardson Designs makes us wish we led a more refined life. Alternatively, wouldn't it look lovely with a little bunch of fresh flowers in it? The range also, naturally, includes mugs and teapots, as well as printed textiles and even a bit of stationery.

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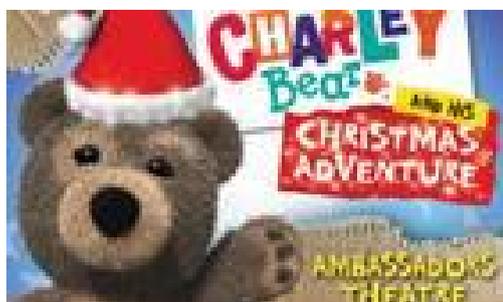
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