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SKIN CARE



# ALOE VERA GEL

*Usage, Tips & Recipes*

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Here is your Tips and Recipes book with lots of interesting and useful information and how to use your product. I hope you will find some very useful and perhaps even surprising tips from our customers on how to get the most out of your purchase.

Please don't hesitate to contact us if you have any questions. We are here to serve you!

Best Regards,

Tim Ouhbi

Co-Founder, Ecla Skin Care

Aloe Vera Gel or Juice is extracted from the leaves of the Aloe Vera plant. The Aloe Vera plant is a succulent that stores water in its leaves in the form of a gel and it's a botanical that the ancient Egyptians often referred to as "The Plant of Immortality".

Aloe Vera is extensively used in beauty products and for good reason. It contains antiviral and antibacterial properties, and the ability to help treat various health conditions. However, many store-bought Aloe Vera products contain potentially harmful additives like dyes; that is why we have created this Aloe Vera Gel – A premium organic Aloe Vera Gel product that serves the same purpose and as effective as the organic extract. Below are the major benefits of Aloe Vera Gel.



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# Benefits of Aloe Vera Gel

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## TREATS AND SOOTHES SUNBURNS

Aloe Vera Gel contains powerful healing compounds called polysaccharides that encourage skin repair and new skin cells to set up. At the epithelial level of the skin; a layer of cells that cover the body, Aloe Vera Gel helps with the sunburn by acting like a protective layer on the skin and helps replenish its moisture. The Aloe gel also contains a pain reliever called carboxypeptidase. This is why it is so soothing! Because of its nutritional qualities and antioxidant properties, the skin heals quicker.

## ACTS AS A MOISTURIZER

Aloe Vera Gel moisturizes and helps hydrate the skin without any post greasy feeling. It helps lock moisture into the skin and also acts as a glue that makes the top layer of skin cells stick together, ultimately smoothing and softening the skin.

## TREATS ACNE

Aside from its fascinating antibacterial properties, Aloe Vera Gel contains salicylic acid. This acid is an exfoliant that helps to unclog pores and this makes it very helpful for fighting pimples and blackheads. It also acts as an anti-inflammatory on the oil glands that cause acne.

## ANTI-AGING AGENT

It is apparent that as we grow everyone begins to worry about the appearance of fine lines and the loss of elasticity in their skin. Aloe Vera Gel stimulates fibroblast activity that creates an uptick in collagen production and elastin fibers that make the skin less wrinkled and more elastic. Aloe Vera leaves contain a plethora of antioxidants including, beta carotene, vitamin C and E that can help improve the skin's natural firmness and keep the skin hydrated.

## PREVENTS DARK SPOTS

Aloe Vera prevents tyrosinase; the enzyme responsible for skin discoloration. It essentially suppresses UV-induced hyperpigmentation and the skin-damaging effects of sunburns. This mechanism may also help in the prevention of dark spots, while the various antioxidants it contains (such as glutathione peroxide) may fade sun damage that's already formed.

## EASES ECZEMA AND PSORIASIS

Aloe Vera Gel contains compounds that help reduce inflammation, meaning it may be helpful in easing skin conditions like eczema and psoriasis. The moisturizing effects of aloe vera can help alleviate dry, itchy skin associated with eczema. While this oily form of eczema is most often found in the scalp, it can also affect parts of your face and behind the ears, too.

## MAKEUP REMOVER

Aloe Vera Gel soothing, moisturizing, and gentleness on the skin could make it a natural option for removing makeup. Although, a patch test is advised to be done beforehand to ensure there is no allergy reaction of the skin to it.

## STRENGTHENS AND REPAIRS HAIR STRANDS

Aloe Vera contains vitamins A, C, and E. All three of these vitamins contribute to cell turnover, promoting healthy cell growth and shiny hair. Vitamin B-12 and folic acid are also contained in Aloe Vera. Both of these components can keep your hair from falling out.

Aloe Vera Gel is a popular product that people use on their skin after sun exposure. This is because of its high collagen content and cooling properties. The vitamin content in Aloe Vera Gel suggests that it might work to repair sun damage to your hair, too.

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# Benefits of Aloe Vera Gel

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## PROMOTES HAIR GROWTH

Aloe Vera has the incredible ability to increase blood circulation to an area. That's part of why its healing properties are so unique. When you use Aloe Vera Gel on your hair and scalp, blood flow to your scalp increases. When your scalp has been cleansed and your hair has been conditioned with Aloe Vera Gel, you might see that hair breakage and loss slows down.

## SHAVING GEL

Aloe Vera Gel can be a natural substitute for shaving creams or gels. It is gentle on the skin and will give a smooth shave while also moisturizing the skin. The antiseptic properties also make it great for nicks and cuts while shaving.

# Aloe Vera Benefits

- Soothes skin Irritation.
- Moisturizes dry skin.
- Whitens skin.
- Relieves burns.
- Treats sunburns.
- Improves wrinkles.
- Promotes Hair growth.
- Whitens skin.
- Natural Makeup remover.



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# How to Use Aloe Vera Gel?

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## ALOE VERA GEL FOR FACE

### Step 1: Prep and Exfoliate Skin

First, gently cleanse your skin with soap and water. To remove dead skin cells, lightly scrub your face with a wet washcloth or an exfoliating facial pad.

Skip exfoliating if you're applying aloe to sunburn or skin that is otherwise irritated or inflamed.

### Step 2: Apply Aloe Vera Gel to Your Face

Aloe Vera Gel can be applied directly to your face as a skin-healing mask, using clean fingertips. Start by applying a small dot of gel to the skin on the inside of your wrist to ensure that you're not allergic or sensitive to the gel. Wipe clean, and allow it to dry. Assuming you're not allergic, use your fingertips to apply the gel to your face, using small, concentric circles. Repeat until all of your skin is covered. Depending on the desired effect, you can either remove after 30 minutes or repeat the application every few hours.

You can also apply the aloe directly to your skin to reduce inflammation, soothe insect bites and help heal sunburns, minor abrasions, and skin irritations.

## OTHER USES OF ALOE VERA GEL

**Eyebrow Gel** - Dip a q-tip in Aloe Vera Gel and smooth over the eyebrows. You will have a natural gel that is safe and also holds the eyebrow hair in place without being too greasy.

**Burns and cuts** - Aloe Vera Gel can treat mild burns and relieve the pain caused by them. Its moisturizing and healing capabilities enable the skin to return to a normal, healthy state quicker and to prevent scarring. After applying aloe, leave the affected area uncovered and clean. Re-apply two to three times per day as needed. Use it on closed burns, such as first and second degree. Do not use it on third degree or open burns.

**For strong and shiny nails** - Aloe Vera Gel helps to strengthen brittle, dry fingernails. Massage the Aloe Vera Gel into weak, lusterless nails for a beautiful transformation. If you have toenail fungus and you want to try a natural remedy, apply Aloe Vera Gel to the affected nails daily.

**Use as Hair Moisturizer** - Aloe Vera Gel is a moisturizing agent not only for the skin but also for the hair. It is gentle on hair and easy to wash off. If your hair feels dry and rough, Aloe Vera Gel will come to the rescue. It has proteolytic enzymes that aid in repairing dead skin on the scalp. Grab your Aloe Vera Gel and smooth it over the hair strands to cover well. Let it sit for 30 mins and wash off to reveal soft hair.

**Use as Shaving Gel** - Aloe Vera Gel makes an ideal shaving gel and can be applied to all the usual places that require hair removal, although it is recommended to avoid sensitive areas. Used after a shave, it is known to offer soothing relief.

**Aloe Vera shampoo** - The easiest way to do this is to take 1 to 2 tablespoons of Aloe Vera Gel and add it to 8 ounces of shampoo (of your choosing). Mix well, and then shampoo your hair as you would normally.

**Deep-clean conditioner** - Combine equal parts of olive oil and Aloe Vera Gel, and then comb it through your hair. Leave it in for 30 minutes, and then rinse it out.

**Leave-in conditioner** - To do this, apply Aloe Vera Gel to your hair (this is most effective after shampooing it first) and massage it in. Because sweat can cause the gel to run into your eyes, it is best to avoid athletic activity for a few hours after application. Many people put the gel in just before they go to bed.

**Styling product** - By adding a small amount of Aloe Vera Gel to your hair after styling it, you can add natural shine to your hair and help lock in moisture. Rub a small amount (penny-sized dollop) between your hands, and then distribute evenly over your hair.

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# RECIPES

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## FAST-ABSORBING MOISTURIZER

Aloe Vera Gel hydrates without leaving a greasy residue on the skin and has a soothing effect on the look of fine lines.

### INGREDIENTS:

- 4 Tbsp. Aloe Vera Gel
- 1 tsp. Vegetable Glycerin
- ½ tsp. Argan Oil
- ¼ tsp. Coconut Oil
- 4 drops Tea Tree Essential Oil
- 4 drops Lavender Essential Oil.



### DIRECTIONS:

- Begin by pouring the following ingredients into an amber dropper bottle with the help of a small funnel the Aloe Vera Gel, Vegetable Glycerin, Argan Oil, and Coconut Oil.
- Add the Essential Oils, cap the bottle, and then shake it well to thoroughly combine all the ingredients.
- To use this facial serum, first, cleanse the face and pat it dry.
- Place 3 drops of the blend onto the palm and rub the palms together before applying it to the face like a typical moisturizer.
- This thin, light blend is ideal for those with oily skin. It can be used before makeup application as well as after shaving.

## HYDRATING FACE MASK

For a hydrating facemask that is reputed to promote skin's elasticity, smoothness, and firmness.

### INGREDIENTS:

- Aloe Vera Gel
- Glycerol
- Water
- Ground Oat Flakes



### DIRECTIONS:

- Combine equal amounts of the ingredients in a bowl.
- Mix the ingredients together until the blend achieves the consistency of a paste.
- Apply this blend to the face in a thin layer to make a mask.
- After leaving the mask on for 5 minutes, rinse it off with cool water.
- This application will promote the skin's rejuvenation for a younger-looking complexion.

# RECIPES

## ECZEMA AND PSORIASIS RELIEF BALM

Aloe Vera is able to penetrate multiple skin layers and helps to treat eczema, psoriasis, dermatitis and other skin allergies. Pure aloe Vera Gel is rich in anti-inflammatory and healing compounds, and provides a nice cooling sensation to itchy skin. Aloe Vera penetrates deep into the skin, reducing the thickness of psoriasis rashes and flakes. Aloe Vera is not a cure for the burning and itching that eczema causes. If used properly, it can temporarily relieve symptoms and may be more helpful when used in conjunction with other treatments recommended by a dermatologist.

### INGREDIENTS:

- 1/2 cup Olive Oil or Almond Oil
- 3-4 caps Borage Oil
- 20 drops Rosehip Oil
- 2 to 3 Tbsp. Aloe Vera Gel

### DIRECTIONS:

- Blend all ingredients until smooth then transfer to a jar
- Apply liberally to skin as a treatment or as a moisturizer.



## ACNE MASK WITH ALOE VERA & HONEY

Aloe Vera has antimicrobial properties that helps kill the bacteria that causes acne and reduce the appearance of acne marks. Although Aloe Vera won't cure acne completely, it may help heal acne scars, while reducing the formation of new blemishes.

### INGREDIENTS:

- 1 Tbsp. Aloe Vera Gel
- 1 Tbsp. Organic Honey

### DIRECTIONS:

- Mix the two ingredients together in a bowl thoroughly.
- Apply the mixture on pimples and leave it on for 20 minutes.
- Rinse with water and pat the skin dry.
- Apply an oil free moisturizer.

Note: You can add ½ teaspoon of rose water or a pinch of turmeric for added benefits.



## EXFOLIATING FACIAL SCRUB

Exfoliation is a must if you want a smooth and glowing skin. Follow this recipe for an exfoliating facial scrub that is reputed to promote smoother skin as well as enhance skin's natural radiance.

### INGREDIENTS:

- 1 Tbsp. Aloe Vera Gel
- ¼ cup Brown Sugar
- 1 Tbsp. oatmeal (if you need extra moisture)
- 1 Tbsp. Extra-Virgin Olive Oil.

### DIRECTIONS:

- Thoroughly combine the ingredients until the blend achieves the consistency of a paste.
- Apply this blend to the face and the body, gently rubbing it in small circles to promote the skin's exfoliation.
- Rinse the scrub off with warm water followed by cool water and pat the skin dry.





# RECIPES

## MAKEUP REMOVER

For a natural makeup remover blend that is gentle enough to apply to the sensitive eye area.

### INGREDIENTS:

- 60ml Aloe Vera Gel
- 120ml filtered water
- 30ml Argan Oil



### DIRECTIONS:

- Pour the ingredients into a blender and thoroughly blend them together.
- Strain the blend with a sieve, then transfer the filtered blend to a clean pump or spray bottle.
- As the mixture settles inside the bottle, it is normal for the oil to float to the top.
- To use this cleanser, shake it well to incorporate the floating oil, then pour a small amount onto a clean cotton pad and swipe it across the entire face.
- Areas of skin with more tenacious makeup, such as waterproof mascara, may require extra swipes of the saturated pad.

## SUGAR FACE MASK

For a soothing, cleansing face mask that also hydrates and balances the skin's oil production.

### INGREDIENTS:

- 1 Tbsp. Sugar
- ½ Tbsp. Milk
- 2 Tbsp. Aloe Vera Gel



### DIRECTIONS:

- Begin by pouring the Sugar into the Milk until the Sugar liquefies then add the Aloe Vera Gel and thoroughly combine all ingredients with a spoon.
- Scoop this blend onto the fingertips and apply it to the face in a thin layer to create a mask.
- Leave the mask on for 20 minutes before rinsing it off with warm water.
- Repeat it daily or as needed.

## AFTER SUN RELIEF

### INGREDIENTS:

- ¼ cup plain of oatmeal.
- 1 Tbsp. of pureed tomato
- 1 Tbsp. Aloe Vera Gel
- ½ cup of plain yogurt



### DIRECTIONS:

- Cook the oatmeal then refrigerate until cool.
- In a blender, puree the tomato
- Mix in the Aloe Vera Gel, the pureed tomato, and the yogurt into the chilled oatmeal.
- Apply to sunburned skin and leave on 15 minutes or until dry.
- Rinse with lukewarm water and pat dry
- Apply a moisturizer or Aloe Vera Gel.

# RECIPES

## NOURISH THE HANDS

Use this simple recipe for a nourishing treatment that is reputed to diminish the signs of aging on the hands.

### INGREDIENTS:

- 1 Tbsp. Aloe Vera Gel.
- 1 tsp. Coconut Carrier Oil.



### DIRECTIONS:

- Combine the Aloe Vera Gel and the Coconut Oil in a clean bottle and shake well.
- Pour the required amount of the blend onto the palms to gently warm it up before massaging it into the hands like a regular moisturizer.

## USE FOR SOOTHE DRY AND CRACKED FEET

This is a simple remedy to keep your feet moisturized and crack-free all through the year. The nourishing and healing properties of Aloe Vera Gel work to restore skin to its former suppleness.

### INGREDIENTS:

- ½ cup Oatmeal
- ¼ cup Aloe Vera Gel
- ½ cup a preferred body lotion.



### DIRECTIONS:

- Mix all the ingredients until you get a smooth and consistent paste.
- Apply this blend to the feet, massage until it's absorbed and then put on socks on your tootsies to enhance the hydrating property.
- Store the rest in a jar and use 2 to 3 times a week. It should be good for a few weeks.

## ALOE SEA SALT SPRAY RECIPE

This is a skin freshener and toner that is great especially for oily skin and breakouts. It's even used on hair to create those natural beach waves! Sea salt is a natural detoxifier and delivers important minerals for the health of our skin, but it can be drying. Aloe Vera Gel is a natural moisturizer, so it will help to balance it out.

### INGREDIENTS:

- 1/4 cup water
- 1/4 cup Aloe Vera Gel
- 1 pinch of sea salt



### DIRECTIONS:

- Mix the ingredients into a spray bottle.
- When you come out of the shower, mist it on over any areas that you are breaking out.

# RECIPES

## ALOE CLAY MASK RECIPE

This is such a beautiful mask. Clay is like a vacuum cleaner – sucking up excess oils, dirt, grime – you will feel so thoroughly cleansed after this treatment. Mixing it with Aloe Vera Gel helps to soothe the skin.

### INGREDIENTS:

- 2 tbsp aloe gel
- 1 tbsp clay powder



### DIRECTIONS:

- Mix the ingredients together. This amount is enough for the face, but you can make more and do your whole body! It should form a thick paste.
- Apply it onto the skin and let it sit for about 15 minutes and remove it just before it dries out on the face. You'll feel tightness. Wash it off in the shower.

## STRETCH MARK LOTION

This recipe is used to help decrease the appearance of stretch marks.

### INGREDIENTS:

- ½ Virgin Coconut Oil
- 1/3 cup Aloe Vera Gel



### DIRECTIONS:

- Whisk together the Coconut oil and the Aloe Vera Gel then transfer the blend to an airtight container.
- To use this mixture, massage a small amount into the areas of skin affected by stretch marks and allow it to penetrate into the skin overnight.
- This moisturizer can be applied nightly before going to bed. Results are reputed to be visible after following this regimen every night for 3-4 weeks.

## SKIN REGENERATION SERUM

For an anti-microbial, balancing, an overnight facial serum that is reputed to soothe and promote the skin's regeneration and the faster healing of acne.

### INGREDIENTS:

- 3 drops of Tea Tree Essential Oil
- 3 tsp. Aloe Vera Gel



### DIRECTIONS:

- Dilute the Tea Tree Essential Oil in the Aloe Vera Gel and mix thoroughly
- Apply this blend to the affected areas of the face and leave it on like an overnight facemask.
- In the morning, rinse off the mask. This nightly regimen is believed to have a skin-regenerative effect and can be applied each night until the appearance of pimples and/or scarring is visibly diminished.
- It is also ideal for addressing irritation, inflammation, and blisters.

# RECIPES

## NATURAL SHAVING CREAM

Because Aloe Vera Gel is hydrating and has a slippery texture, it makes a great natural alternative to expensive shaving gels. For a nice, close shave, you can use it on its own or follow this recipe.

### INGREDIENTS:

- 40ml Aloe Vera Gel
- 30ml Castile soap or hand soap
- ½ Tbsp. almond oil
- 30ml distilled warm water
- ½ tsp vitamin E oil
- 2 drops of eucalyptus oil



### DIRECTIONS:

- Mix all the ingredients together in a foaming bottle or a clean soap pump dispenser.
- Shake well before you use. It should be good for a few weeks.

## CASTOR OIL AND ALOE VERA GEL FOR HAIR GROWTH

### INGREDIENTS:

- 1/4 cup Fresh Aloe Vera Gel
- 1 tbsp Castor Oil
- 1/2 tbsp Fenugreek Powder
- Shower Cap
- Towel



### DIRECTIONS:

- In a bowl, mix all the ingredients until you get a smooth and consistent paste.
- Apply this mixture to your scalp and hair. Ensure that you're focusing mostly on your roots and tips.
- Once your hair is fully covered in the mixture, cover it with a shower cap.
- Go to bed with the mixture on. You may wrap a towel around the shower cap for added heat and to keep the shower cap from shifting.
- In the morning, wash your hair with a mild shampoo and finish with conditioner. Use 1-2 times a week.

## HONEY AND ALOE VERA FOR HAIR GROWTH

### INGREDIENTS:

- 5 tsp Aloe Vera Gel
- 3 tsp Coconut Oil
- 2 tsp Honey
- Shower Cap



### DIRECTIONS:

- In a bowl, combine all the ingredients until you get a smooth mixture.
- Start by massaging this mixture into your scalp and then work it down to the tips of your hair. Focus on the tips as these are the most damaged parts of your hair.
- Once all of your hair is covered in the mixture, throw a shower cap on and wait for about 25 minutes.
- Wash your hair with a mild shampoo and finish with conditioner. Use once a week.

# RECIPES

## EGG AND ALOE VERA FOR HAIR GROWTH

### INGREDIENTS:

- 4 tbsp Fresh Aloe Vera Gel
- 3 tbsp Olive Oil
- 1 Egg Yolk
- Shower Cap



### DIRECTIONS:

- In a bowl, mix all the ingredients until you get a smooth and consistent paste.
- Apply this mixture to your scalp and hair. Ensure that you're focusing mostly on your roots and tips.
- Once your hair is fully covered in the mixture, cover it with a shower cap.
- Wait with the mixture on for about 20- 25 minutes.
- Wash the mixture off with warm water and shampoo. You do not want to use hot water at this point because it will cook the egg in the mixture.
- Finish with conditioner. Use once a week.

## COCONUT MILK AND ALOE VERA FOR HAIR GROWTH

### INGREDIENTS:

- 4 tbsp Aloe Vera Gel
- 4 tbsp Coconut Milk
- 1 tbsp Coconut Oil



### DIRECTIONS:

- In a bowl, combine the ingredients until you get a smooth mixture.
- Massage this mixture into your scalp and work it through your hair until your hair is saturated with the liquid.
- Leave it on for about half an hour and then proceed to rinse your hair.
- Wash your hair with a mild shampoo and finish with conditioner. Use once a week.

## LEMON AND ALOE VERA FOR HAIR GROWTH

### INGREDIENTS:

- 2 tbsp Fresh Aloe Vera Gel
- 1 tbsp Lemon Juice



### DIRECTIONS:

- In a bowl, combine the ingredients until you get a smooth mixture.
- Massage this mixture into your scalp for a couple of minutes and then work it through your hair.
- Leave it on for about 20 minutes and then proceed to rinse your hair.
- Wash your hair with a mild shampoo and finish with conditioner. Use once a week.

# RECIPES

## ALOE VERA AND VITAMIN E FOR HAIR GROWTH

### INGREDIENTS:

- 1 tbsp Aloe Vera Gel
- 1 tbsp Lemon Juice
- 1 tsp Vitamin E Oil
- 2 tbsp Almond Oil



### DIRECTIONS:

- In a bowl, combine the ingredients until you get a smooth mixture.
- Massage this mixture into your scalp for a couple of minutes and then work it through your hair.
- Leave it on for about 20 minutes and then proceed to rinse your hair.
- Wash your hair with a mild shampoo and finish with conditioner. Use once a week.

## SHEA BUTTER AND ALOE VERA GEL FOR HAIR GROWTH

### INGREDIENTS:

- 1/2 cup Raw Shea Butter
- 2 tbsp Fresh Aloe Vera Gel
- 1 tbsp Apricot Oil
- 1 tbsp Grapeseed Oil
- 5 drops Lavender Essential Oil
- 1/2 tsp Vitamin E Oil



### DIRECTIONS:

- Melt the shea butter in a double boiler and then let it cool.
- To the cooled butter, add the rest of the ingredients and mix well.
- Take about 2-3 tbsp of the mixture (you can store the rest in a jar for later use.)
- Massage your scalp and hair with this blend and leave it on for about 30 minutes.
- Wash your hair with cool water and mild shampoo. Finish with conditioner. Use once a week.

## ALOE VERA AND COCONUT OIL LOTION

### INGREDIENTS:

- 1/2 cup of Aloe Vera Gel
- 1/2 cup of coconut oil
- 4 drops of Vitamin E oil
- 4 drops of lavender essential oil



### DIRECTIONS:

- Whisk up the Aloe Vera Gel with your coconut oil in a bowl until you reach the desired thickness.
- Add in your vitamin E and lavender essential oil.
- Whisk again and store in jars or containers that can be sealed tightly. Apply daily and enjoy.

# RECIPES

## HAIR CONDITIONER

Use this recipe for a softening leave-in conditioner that eliminates knots and tangles and promotes stronger hair growth. Combine the following ingredients in a clean, empty shampoo bottle: 2 Tbsp. the leave-in conditioner of personal preference, 2 Tbsp. Aloe Vera Gel, 2 tsp. Castor Carrier Oil, and 2 Tsp. Jojoba Carrier Oil. Cap the bottle and shake it well to thoroughly combine all the ingredients. To use this blend, apply it like a regular leave-in conditioner, then store the remainder in the refrigerator.

### INGREDIENTS:

- 2 Tbsp. of your favorite leave-in conditioner.
- 2 Tbsp. Aloe Vera Gel
- 2 tsp. Organic Oil
- 2 Tsp. Jojoba Oil



### DIRECTIONS:

- Combine the ingredients in a clean, empty shampoo bottle.
- Cap the bottle and shake it well to thoroughly combine all the ingredients.
- To use this blend, apply it like a regular leave-in conditioner and then store the remainder.



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## CUSTOMER REVIEWS

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**KELLIE** ★★★★★

I have been using this products for awhile now and I can honestly say, my face and body feels so soft and hydrated after I use it! I also use it in my hair as a leave in conditioner and my hair is so soft and shiny! It has helped control my frizzy hair, which is almost impossible to do.

I love that the product is all-natural, organic, cruelty-free products! The scent which is great comes from essential oils and its made in Canada!

You get a a lot of product for the price so I would definitely recommend this!!

**A.** ★★★★★

I went with this one because there were no harmful additives (alcohol, etc.). I really appreciated that the seller reached out and emailed me to make sure that the item arrived okay. So far I'm really enjoying the aloe vera gel - it's been calming and soothing, and is keeping dryness at bay better than many other moisturizers I've tried. I love that this is a healing product as well, reducing inflammation in the skin. All in all a great purchase :)

**AURA** ★★★★★

I have a bad rosacea perioral dermatitis on face, it help me in 3 day, thanks so much....

**AMAZON CUSTOMER** ★★★★★

this gel is amazing and customer service is even better. I've used other aloe gels before and are nothing like this one. this one is alcohol free and doesn't leave your skin sticky. It's made with seaweed extract and aloe vera juice. I put it on my arm and I'm kind of stunned with how soft my skin feels and looks.

**NOXZ FIRAGA** ★★★★★

Je suis tres satisfait le gel est parfait pour la peau et la communication avec le vendeur est super donc sa faut un gros 5 étoile merci beaucoup.