

“DIY Natural Beauty” Protecting and Nourishing the Skin: July 12-13, 2019

I am thrilled to be teaching “DIY Natural Beauty” this summer at our Medicine Lodge Ranch (outside of Santa Fe, NM). A beautiful location in the National Forest with medicinal herbs growing wild and in our garden. We have a beautiful kitchen/lab brimming with natural ingredients where we can make all kinds of goodies!

This in-depth two day course is for anyone wanting to learn how to make their own bath and beauty products at home. From facial scrubs, facial masks, facial serums, hair oils and conditioning treatments, to salves, lip balms, face creams, bath salts, body scrubs, body butters, and spritzers; you will learn how to use natural ingredients to make the most luscious, safe and effective products for you and your family.

The food is great, the setting breathtaking, and the knowledge you gain nothing short of expansive. We hope you will come and join us!



“DIY Natural Beauty”

Protecting and Nourishing the Skin

Friday, July 12th

- 8:30 AM Meet at the Pecos Gathering Place (map available on [here](#))
- 9:00-9:30 **Welcome and Introductions**
- 9:30-11:00 **Introduction to Body & Skin Care Products; Supplies and Sources**
- 11:00-11:30 **Break: Tea, coffee and light refreshments**
- 11:30-12:30 **Understanding How to Use Fixed and Essential Oils in Products**
- 12:30-1:30 **Noon Feast**
- 1:30-4:00 **Hands-on Learning Stations:**
Essential Oil Bar, Body and Bath Oil Bar, Facial Serum Bar, Face/Hand Mask Station, and Spritzer/Hydrosol Station
- 4:00-5:00 **Q and A / Wrap Up for the Day**
- 5:30-7:00 **Herbal Happy Hour and Hors D’oeuvres at Medicine Lodge Ranch**

Saturday, July 13th

- 8:30 AM Meet at the Pecos Gathering Place
- 9:00-10:30 **Herb Walk**
- 10:30-10:45 **Break: Tea, Coffee and Light refreshments**
- 10:45-12:30 **Skin Care in the Kitchen**
Herbal Foaming Soap, Body Scrub, Foot Scrub, and Face Scrub
- 12:30-1:30 **Noon Feast and Short Hike**
- 1:30-4:00 **The Art of Balms and Creams**
Lip balms (including vegan), Deodorant, Face Cream, and Moisturizing Cream
- 4:00-4:30 **Clean Up and Light Refreshments**
- 4:30-5:15 **Wrap Up and Class Photo**
Question and answer time. Closing circle.

“DIY Natural Beauty”

Protecting and Nourishing the Skin

July 12-13, 2019 in Pecos, NM

Attn: Jim Carnazzo
P.O. Box 709
Pecos, NM 87552
Email: jcarnazzo@drldog.com
PH: (505)757-2147

- Registration Form -

Name: _____

Street: _____

City: _____ St: _____ Zip: _____

Phone: _____ Email: _____

Course Fee: \$500.00*

(Includes: all classes, lunches, snacks and samples)

Pay by:

Check (enclosed)

Credit Card (available on MedicineLodgeRanch.com)

If you would like us to help you pay with your credit card using our website Payment option with PayPal, please call Jim at our office.

Registrations can be Mailed

-or-

Emailed to: jcarnazzo@drldog.com

Class is Limited, so Register Now!

*No Refunds after May 1, 2019, though you can apply a credit to future classes.

ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM

I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING IN ANY/ALL ACTIVITIES ASSOCIATED WITH THIS EVENT (“DIY Natural Beauty” with Tieraona Low Dog, MD on July 12-13, 2019 in Pecos, NM). I certify that there are no health-related reasons or problems which preclude my participation in this activity. I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity in which I may participate, and that it will govern my actions and responsibilities at said activity.

1. In consideration of allowing me to participate in this activity, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:
 - (A) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from this activity, THE FOLLOWING ENTITIES OR PERSONS: Tieraona Low Dog, MD and her directors, officers, employees, volunteers, representatives, and agents.
 - (B) INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity, whether caused by the negligence of release or otherwise.

2. I acknowledge that Tieraona Low Dog, MD and her directors, officers, volunteers, representatives, and agents are NOT responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific activity on their behalf.

3. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity.

4. I understand while participating in this activity, I may be photographed. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the activity holders, producers, sponsors, organizers, and assigns.

The Accident Waiver and Release of Liability Form shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I CERTIFY THAT I AM OVER THE AGE OF 18, AND I HAVE READ THIS DOCUMENT AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

Participant's Signature

Date

Participant's Name