

EASY DIY HAIR TOWEL WRAP

Dry your hair elegantly!

Air drying your hair is probably your best bet if you prefer not to process your hair with heat or deal with the complexities of using a blow dryer properly. However, an aggressive towel attack can be just as damaging as the heat from your blow dryer. Rubbing your hair against a rough towel can cause friction, frizz, and breakage. If you have long hair, like I have, you probably wrap your hair in a towel - difficult to hold in place, right? Keeping a towel on your head in order to keep your hair out of the way and to prevent it from dripping and making a mess while you dress is a big hassle, and next to impossible to keep on.



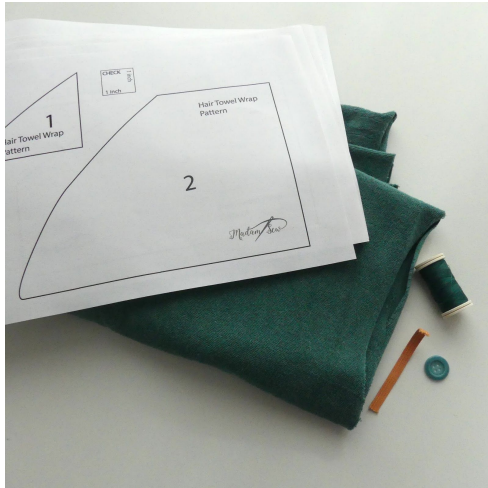
That is why this wrap is such a great upgrade! It is lightweight, practical and very easy to make. This wrap comes with a button to secure the wrap in place, and can also be used as a sleep-wrap to keep hair in place overnight. This wrap fits a variety of head shapes and sizes, but if you have very long or thick hair, you might want to make it a little longer.



You can make this hair wrap in 15 minutes. It is both a great beginner project and a stash buster. Scraps of jersey fabric, terry cloth or even an old t-shirt or towel are great fabric options for this project, but it is best to use fabric that isn't too thick. If you want the fancy version, you can choose microfiber or bamboo fabric to make it super absorbent.

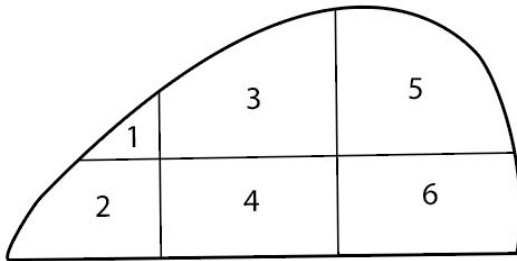
You'll need

- 2 pieces 12 x 25 inch or 1 fabric piece of 24 x 25 inch or 12 x 50 inch
- 1 button
- a piece of elastic, 2 inch long and about $\frac{3}{8}$ inch wide
- matching thread

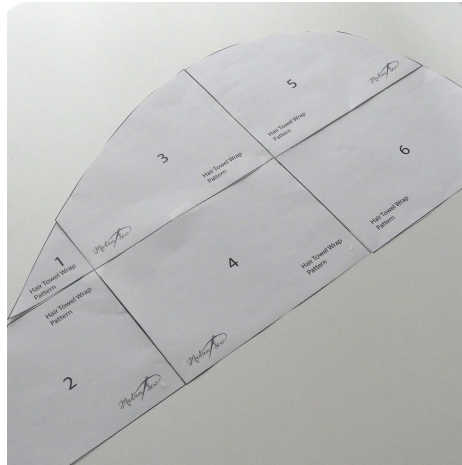
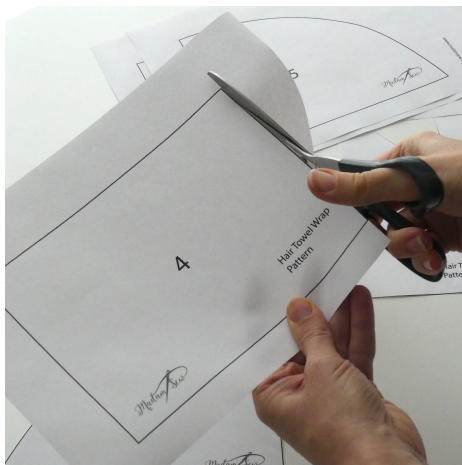


Step 1

Download the free sewing pattern, print and cut it out, then tape the different pieces together so you get 1 pattern piece. If you want, you can also draw the pattern yourself. It will also work even if you don't make an exact copy. Take a look at the shape, the longest line is 25 inch, the highest point is 12 inch.



This is how you assemble the 6 pieces



Step 2

Copy the pattern twice on your fabric & cut out. Make sure you mirror the shape if your fabric has a wrong and a right side.



Step 3

Pin the 2 fabric pieces together, right sides facing. Sew along the long curved edge at $\frac{3}{8}$ inch.



Now finish the raw edge with a serger or with an overlock stitch on your sewing machine. For a nice finish, you can also sew the seam down with an extra row of stitching. To do this, press the seam to one side and sew at $\frac{1}{4}$ inch.



Step 4

Fold the straight edge $\frac{1}{2}$ inch in, all around, and press it and pin down. Insert the elastic as a little loop in between the seam on the narrow end of the wrap and then stitch the hem all around.



Step 5

Hand sew a button onto the larger end of the towel wrap, right in the middle, on the right side.



And that's it! Your fancy headwrap is ready! Did you see that these sell for 30 dollars? It also makes an amazing and easy last-minute gift for friends, moms, sisters and daughters!



To put the wrap on your head, first gently squeeze excess water from your hair. Then, flip your head upside down (1) and place the wrap over your hair (2). The button should be on your neck. Twist your hair in the wrap (3 & 4) and then bring it back to the back of your head (5). Secure the elastic loop at the end of the towel around the button (6). Now you can feel free to do anything around the house with your hair up, from reading a book to doing the dishes or sewing another hair wrap for your best friend :-)



Have fun sewing and drying your hair ;-)

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