

Herbal Help for Migraine Pain

More than just a "bad headache," migraine pain and associated symptoms affect 29.5 million Americans, equivalent to 13% of the population, and one in every four U.S. households has a migraine sufferer.

The head is one of the most common sites of pain in the body. A headache is defined as a pain in the head or upper neck and has numerous causes. A principal cause is stress on the body. The stress can be emotional, physical or chemical. In 2007 the International Headache Society agreed upon an updated classification system for headache. The second most common type of primary headache is the migraine.

An estimated 28 million people in the United States (about 12% of the population) will experience a migraine headache. Migraine headaches affect children as well as adults. Before puberty, boys and girls are affected equally by migraine headaches, but after puberty, more women than men are affected. It is estimated that 6% of men and up to 18% of women will experience a migraine headache in their lifetime.

Wachters' has created another unique herbal formula drawing on the experience of Ayurvedic and traditional healing practices. Wachters' WMH contains herbal and natural ingredients including **Feverfew Extract**, containing *parthenolide* that may help in inhibiting substances that can dilate blood vessels and may have some anti-inflammatory effects. **White Willow Bark** is the original source of salicin, the forerunner of aspirin but without aspirin's side effects. Magnesium is a mineral that may assist transmission of nerve impulses to the brain. The Wachters' Exclusive Blend of Sea Vegetation® is the key ingredient that makes this formula unique.

WMH **M i g r a i n e - B - G o n e**

Product Code 4297 – 60 tablets – Serving Size: One or more tablets a day with a glass of water or juice

Ingredients: Magnesium (50 mg – 12.5% RDV) and Wachters' Proprietary Blend (500 mg – No RDV Est.) consisting of

Feverfew – Used for centuries for fevers and headaches; helps prevent constriction of blood vessels

Ginkgo Biloba – Supports brain and cardiovascular health

Alfalfa Leaf – Helps detoxify the body

Blessed Thistle – Used historically for liver and gall bladder problems.

Catnip – Aids in digestion and in blood purification

Chamomile Flowers – Used for centuries for gastrointestinal complaints

Hops Flowers – Aids in reducing nervous tension, insomnia and anxiety

Valerian Root – Calms nervous tension in the brain and body

White Willow Bark – Contains salicin, the herbal basis for synthetic aspirin

Wachters' Exclusive Blend of Sea Vegetation® – this unique blend serves to activate the other ingredients

Chlorophyll – May serve as a catalyst for making oxygen more easily available to the cells

Cayenne Pepper – Stimulates blood circulation.

Other Wachters' products to help cleanse the system and restore balance include: No. 19 –N-er-G, No. 52 – Magnesium-Potassium; WAPR – Ache-B-Gone; WJR – Joint-N-More; WBB –Brain-N-More,

To Order – (717) 733-2080

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Wachters' Sea Vegetation – Nature's Original Super Food