Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

1 capsule contains	Amount Per Serving	% Daily Value
Zinc (as TRAACS [®] Zinc Bisglycinate Chelate)	8 mg	53%
Selenium (as Selenium Glycinate Complex)	50 mcg	71%
Copper (as TRAACS [®] Copper Bisglycinate Chela	0.5 mg ate)	25%
Saw Palmetto Berry Extract 300 mg * (Standardized to contain 45% Fatty Acids)		
Nettles Root Extract (Standardized to contain 3	120 mg 0 ppm Scop	* oletin)
Pygeum Bark Extract	50 mg	*
* Daily Value not established		

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Magnesium Stearate, and Silicon Dioxide.

V1