Supplement Facts[®] Serving Size 2 Capsules Servings Per Container 45 & 90 Amount Per % Daily 2 capsules contain Serving Value 2,000 IU 40% Vitamin A (as Palmitate) 83% **Biotin** 250 mcg Zinc (as TRAACS® Zinc 33% 5 ma Bisglycinate Chelate) 750 mg L-Glutamine USP N-Acetyl-L-Cysteine USP 150 mg Gamma Oryzanol * 100 mg * N-Acetyl-D-Glucosamine 100 mg Milk Thistle Seed Extract 60 mg * (Standardized to contain 80% Silymarin) Lactoferrin (as Bioferrin®) 25 mg * Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Stearic Acid, Magnesium Stearate, and Silicon Dioxide.

Contains: Dairy and Crustacean Shellfish (Shrimp and Crab).