

## Formulation Features

- Herbs and nutrients well known for their beneficial effect on thyroid function
- The most potent thyroid support formula we offer
- Provides the thyroid gland with the nutrition and substrates it requires to carry out T3/T4 hormone synthesis
- Supports the activity of a number of important thyroid enzymes

## Thyroid Support

### The most Powerful THYROID SUPPORT available!

Thyroid dysfunction and low body temperatures are becoming extremely common and can cause many disturbing symptoms.

Fortunately, research has identified a variety of natural ingredients that can enhance and maintain thyroid function.

Thyroid Px is a specially formulated blend of (among other ingredients) selenium, zinc, and three distinct forms of iodine, as well as botanical extracts of Guggul Myrrh, Blue Iris, and Bladderwrack.

### Supplement Facts

Serving Size: 2 capsules		Servings Per Container: 37	
	Amount Per Serving		% Daily Value
Iodine (as Potassium iodide)	12 mg		8000%
Zinc (as citrate)	6 mg		40%
Selenium (as selenomethionine)	200 mcg		286%
Blue Flag root (Iris spp.), O	410 mg	†	
Guggul Myrrh gum resin W	240 mg	†	
Triphala fruits (Amla Fruit, Belleric myrobalan Fruit, Chebulic myrobalan Fruit), O	160 mg	†	
Ashwagandha root, O	150 mg	†	
Nettle leaf, O	150 mg	†	
Kelp, O	110 mg	†	
Ginger root, O	20 mg	†	

†=Daily Value not established

O=Certified Organic W=Wildcraft

Other Ingredients: Vegetable Capsule (cellulose)



## Herbal Foundation of "Thyroid Px"

### GUGGUL MYRRH

Supports the normalization of T3/T4 levels, enhances the thyroid's ability to properly absorb iodine, and increases the activity of a variety of important thyroid enzymes.

### BLUE IRIS

Traditional herb used for preserving thyroid function and promoting natural detoxification.

### IODINE

Precursor molecules that are essential for the production of thyroid hormones.

### SELENIUM

Necessary for the activation of thyroid hormone, and also balances thyroid antibodies, T3/rT3 ratio, and inflammation.

95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.

## Supplementation

- Take one to two capsules twice daily or as directed by your health care practitioner. Can be taken with or without food.
- Monitor oral temperature, heart rate, symptoms, and thyroid blood work .
- Discontinue or decrease dosage if thyroid antibodies increase or thyroid hormones decrease.
- Wean within six months to one cap a day or switch to Thyro-Care in order not to exceed excessive Iodine consumption.
- If temperatures do not increase consider adrenal support (Adrenal Px™), chronic allergies or infections, heavy metal toxicity, liver congestion, or nutritional deficiencies that impair metabolism.
- For instructions on body temperature measurement technique please see: [www.wilsonssyndrome.com/how-are-body-temperatures-measured/](http://www.wilsonssyndrome.com/how-are-body-temperatures-measured/)

## Cautions

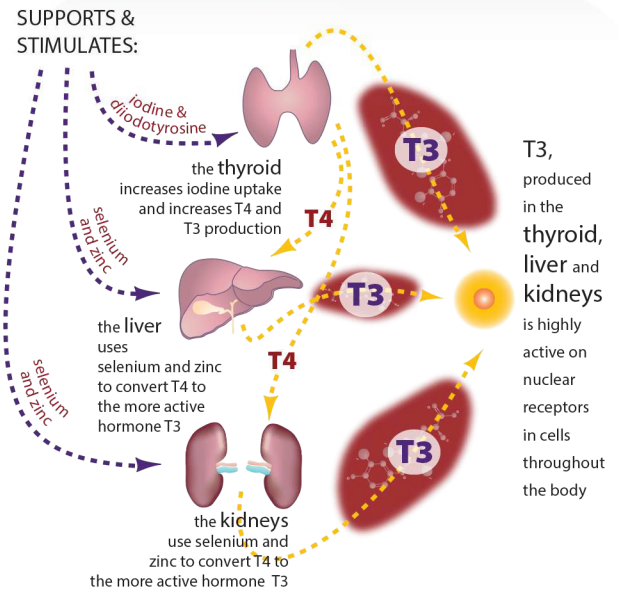
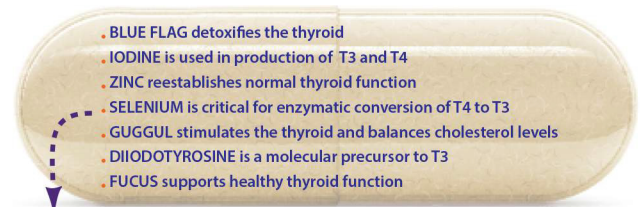
- This product is not a replacement for thyroid hormone supplementation. Though research shows that Selenium can decrease TPO antibodies, in a small subset of patients with Hashimotos disease, this product might need to be discontinued if antibodies are increased or if thyroid hormone production is decreased. TSH levels might transiently increase for several months on this product while simultaneously maintaining healthy thyroid T3 levels.

## Diet & Lifestyle

- Consume Vitamin D and monitor blood levels
- Consume omega 3 oil daily
- Eat a well-balanced, hypoallergenic diet
- Support healthy digestion
- Engage in an annual detoxification diet

## Thyroid Specific Support

- Avoid all toxins that interfere with thyroid function including endotoxins
- Decrease heavy metals that affect thyroid function (e.g., mercury, lead, and cadmium)
- Decrease halogens that interfere with sodium iodide synthesis (e.g., fluoride, chlorine, and bromine)
- In select cases, gluten-free diet may single-handedly reverse thyroid disorders



### REFERENCES:

- Guggul (Commiphora mukul) induces triiodothyronine production: possible involvement of lipid peroxidation, *Life Sci*, 65(12)(1999) 137
- Free diiodotyrosine effects on protein iodination and thyroid hormone synthesis catalyzed by thyroid peroxidase. *Biochem*. 51 (2): 329-36 (February 1975).
- Influence of zinc and selenium deficiency on parameters relating to thyroid hormone metabolism. *Hormone and Metabolic Research* 1996, 28(5):223-226
- Selenium Supplementation in Patients with Autoimmune Thyroiditis Decrease Thyroid Peroxidase Antibodies Concentrations. *The Journal of Clinical Endocrinology & Metabolism* Vol. 87, No. 4 1687-1691
- Prevalence of thyroid disorders in untreated adult celiac disease patients and effect of gluten withdrawal: an Italian multicenter study. *The American Journal of Gastroenterology* (2001) 96, 751-757.