

Physician Formulated, Clinical Results

Female Hormone Balance and Ovarian Support

PCO Px 75 Vegi-Capsules Dietary Supplement

Formulation Features

- Alleviates the symptoms of PMS and menopause
- Reduces oily skin, acne, and excess body hair growth
- Supports ovarian function

Promotes Healthy Female Hormone Function

PCO Px contains an exclusive mixture of natural compounds designed to provide balanced female hormonal support.

These natural ingredients help to normalize elevated prolactin and alleviate neuroendocrine disruption in the hypothalamus and pituitary. The herbs we included are also known to support healthy androgen, insulin, and metabolic function.

The principal herbal ingredient included in this formula is Vitex (Chaste Tree), which is known for its ability to alleviate symptoms of hormonal imbalance that result from conditions such as pre-menstrual syndrome (PMS) and menopause.

Supplement Facts Vitamin D3 (cholecalciferol Chromium (polynicotinate Vanadium (vanadyl sulfate) Inositol (myo-inositol, d-chiro-inositol Vitex Extract 6:1 (0.5% Agnuside) 450 m 450 mg Saw Palmetto Extract (45% fatty acid) Organic Licorice Root Minimum Constituent Bio Marker Per Dose Vitex Agnusides Saw Palmetto fatty acids †=Daily Value not established

Other Ingredients: Vegetable Capsule (cellulose)

Through actions directed against excess testosterone, PCO Px can help to combat excessively oily skin, acne, and excess body hair growth.

This formula also contains compounds that help to balance hormones such as cortisol, which can spike in response to internal and external stress.



Herbal Foundation of "PCO Px"

VITEX

Chaste Tree Berry may curtail prolactin in women and preserve normal menstrual cycles and ovulation, thus supporting fertility.

SERENOA

Saw Palmetto supports healthy androgen levels in women, which helps to maintain optimal weight, body and facial hair growth, and complexion.

GLYCYRRHIZIN

Licorice root serves many functions including maintaining healthy blood sugar and cortisol levels, as well as thinning mucus secretions and supporting a healthy digestive tract.

95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.

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Supplementation

- Take one to three capsules twice daily or as directed by your health care practitioner. Can be taken with or without food.
- Taking it with food may benefit those prone to nausea with medications.

Diet & Lifestyle

- Address any issues causing stress, and make an effort to engage in stress relieving activities (e.g., exercise) on a daily basis. Get adequate rest and attend to sleep issues
- Eat a diet high in fresh whole fruits, vegetables, and quality proteins. Also, greatly limit or eliminate grains, breads, crackers, chips, sugars, candies, cakes, desserts, sugary drinks, and high fructose corn syrup
- Eat small frequent high protien meals 5 or 6 times a day instead of 2 or 3 larger meals each day
- Avoid known allergens, food chemicals, preservatives, artificial sweeteners, colorants, and synthetic hormones (when possible)
- Address any concomitant thyroid hormonal imbalances with the help of your physician
- Attend to concomitant high blood pressure or elevated blood fats with the help of your physician

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