



Physician Formulated, Clinical Results

Metabolic Nutrition



Formulation Features

- Daily multivitamin in a pleasing natural lemon-lime flavored powder
- Provides appropriate amounts of essential vitamins and minerals in highly bioavailable forms.
- Promotes optimal metabolism and endocrine function
- Contains 50 mg of CoQ10 per serving to support mitochondrial activity.

Promotes Optimal Cell Function

A pleasant tasting multivitamin that delivers essential vitamins and minerals, and can be mixed with water or juice.

Metabolic Nutrition is a complete multivitamin, mineral, and trace element supplement designed to support cell function, promote detoxification, and provide essential precursors and cofactors required for optimum health.

The constituents of this formula are water soluble, easily bio-available, and specifically chosen by our clinicians for the purpose of counterbalancing commonly known deficiencies caused by the modern lifestyle.

In addition to all the biologically active compounds included, we have also formulated this product with an all natural lemon-lime flavoring. Therefore, Metabolic Nutrition represents a potent yet delicious method for administering essential vitamins and trace minerals in one simple daily serving.

Supplement Facts

Serving Size: 1 scoop (11.1 g) Servings Per Container: 15

	Amount Per Serving	% Daily Value ‡
Calories	10	
Total Carbohydrate	3 g	1%*
Fiber	.5 g	2%*
Vitamin A (retinyl palmitate)	5,000 IU	100%
Vitamin C (ascorbic acid, calcium, magnesium, sodium ascorbate, ascorbyl palmitate)	1,000 mg	1,667%
Vitamin D3 (cholecalciferol)	4,000 IU	1,000%
Vitamin E (d-alpha, beta, gamma, delta tocopherols)	400 IU	1,333%
Vitamin K (K1(51mcg), K2 (MK4)(17mcg), K2 (MK7)(17mcg)	85 mcg	106%
Thiamin (thiamin HCl)	1 mg	67%
Riboflavin	1 mg	59%
Niacin	50 mg	250%
Vitamin B6 (pyridoxal 5-phosphate)	50 mg	2,500%
Folate (folic acid, (6S) 5-methyltetrahydrofolic acid glucosamine salt)	1000 mcg	250%
Vitamin B12 (methylcobalamin)	1 mg	16,667%
Biotin	200 mcg	67%
Pantothenic Acid (d-calcium pantothenate)	150 mg	1,500%
Calcium (citrate, pantothenate, carbonate)	260 mg	20%
Iodine (potassium iodide)	150 mcg	100%
Magnesium (glycinate, citrate, ascorbate)	76 mg	19%
Zinc (citrate)	15 mg	100%
Selenium (selenium amino acid chelate)	400 mcg	571%
Copper (citrate)	1 mg	50%
Manganese (citrate)	8 mg	400%
Chromium (polynicotinate)	500 mcg	417%
Molybdenum (molybdenum amino acid chelate)	25 mcg	33%
Sodium (bicarbonate, ascorbate)	40 mg	2%
Potassium (carbonate, bicarbonate, citrate)	500 mg	14%
Bromelain (1.6 gdu/mg)	25 mg	†
Oligofructose (from Citrisweet® natural sweetener)	520 mg	†
Quercetin dihydrate	25 mg	†
Glycine	100 mg	†
L-Carnitine	50 mg	†
Lutein 5%	30 mg	†
Coenzyme Q10 Ubiquinone	50 mg	†

† Daily Value not established

‡ Daily Values are based on a 2,000 calorie diet

Other Ingredients: xylitol, citric acid, natural flavors, stevia, silica
 Manufactured in a Certified GMP facility.
 Product is free of preservatives, yeast and gluten.



Nutritional Foundation of "Metabolic Nutrition"

VITAMIN D3

Vitamin D3 (cholecalciferol) enhances the intestinal absorption of calcium and phosphate and is synthesized in the skin, but only in the presence of adequate sun exposure.

MOLYBDENUM

An essential micronutrient/metallic element that is required for the proper functioning of over 50 distinct human enzymes.

FOLIC ACID + 5-MTHF

A member of the vitamin B family (B9), which is crucial for numerous bodily functions. Includes 5-MTHF, the active form of folate.

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Supplementation

- Take 1/4 to 1 scoop once a day, mix with water or juice, or as directed by a health care practitioner. Can be taken with or without food.

Diet & Lifestyle

- Eliminate as much physical, emotional, and environmental stress as possible.
- Exercise moderately for 12-15 minutes intervals, 2 – 4 times daily.
- In order to maintain optimal blood sugar levels, eat that are balanced in protein and carbohydrates.
- Avoid known allergens.
- Get plenty of rest.

REFERENCES:

Mendel RR. The molybdenum cofactor. J Biol Chem. 2013;288(19):13165-72.

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