



Physician Formulated, Clinical Results

HTN 180 Px Original



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HTN 180 Px Original is a complete botanical formula that provides support for maintaining a healthy blood pressure already within normal ranges*.

Through its supporting actions on blood vessel relaxation and coronary flow, HTN 180 Px Extra Strength can help to optimize cardiovascular function.

This formula promotes not only healthy capillaries, arteries, veins, and cardiac tissue.

HTN 180 Px Original provides powerful alkaloids that have been investigated for their ability to invoke parasympathetic activity in the brain, which can contribute to a calming state of the mind and body.

This original strength formula contains approximately 1/8th the amount of snake root per capsule as in HTN 180 Px Extra.

Supplement Facts

Serving Size: 2 capsules	Servings Per Container: 30	
	Amount Per Serving	% Daily Value
Organic Motherwort herb	290 mg †	
Organic Hawthorn leaf and flower, 1.25% vitexins	200 mg †	
Jamaican Dogwood bark	200 mg †	
European Mistletoe leaf	100 mg †	
African Snake root blend	24 mg †	

† Daily Value not established
Organic Herbs are Certified Organic

Other Ingredients: Vegetable Capsule (cellulose), Omega Powder, Rice Flour

Formulation Features

- Provides Cardiovascular Benefits
- Aids in the Maintenance of Normal Blood Pressure
- Contains Vaso-active Amines that Support Nitric Oxide Production
- Promotes Healthy Parasympathetic and Vascular Tone
- provides support for maintaining a healthy blood pressure already within normal ranges*



Herbal Foundation of "HTN 180 Px Original"

AFRICAN SNAKE ROOT

Includes alkaloids known to reduce peripheral resistance, decrease catecholamines synthesis, and reduce sympathetic nervous system tone. (Rauwolfia)

HAWTHORN BERRY

Contains natural flavonoids that relax the smooth muscle of blood vessels and provide cardio-protective benefits.

95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.

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*The statements on this page have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.



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Supplementation

- Take one to two capsules twice daily or as directed by a health care practitioner. Can be taken with or without food.
- Monitor blood pressure while on this product
- *Cautions and Contraindications:* This product may potentiate blood pressure lowering medications and should not be used among those with bradycardia. Discontinue use if lightheadedness or low blood pressure occurs.

Diet & Lifestyle

- Follow the DASH diet (Dietary Approaches to Stop Hypertension) which emphasizes fruits and vegetables and restricts sodium www.dashdiet.org
- Consume omega 3 oil daily
- Use olive oil in place of other fats in the diet such as butter
- Avoid all sources of trans fats and limit saturated fats
- Maintain a healthy weight
- Get at least 30 minutes of aerobic exercise five days per week
- Don't smoke

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