



Formulation Features

- Supports healthy blood sugar metabolism*
- Assists in glucose transport and glycogen storage
- Preserves healthy liver function

Glucose Metabolism Support

Glucose Balance Px is a complete botanical and nutrient formula that supports glucose metabolism and promotes healthy liver function.

Glucose Balance Px is a unique combination of the most potent ingredients for optimal blood sugar metabolism.

Includes high dose, bioavailable forms of chromium and vanadium. Nopal cactus, gymnema, milk thistle and lipoic acid support healthy blood sugar and provide antioxidant support.

In addition to promoting healthy glucose metabolism, the herbs in Glucose Balance Px also help to maintain a balanced lipid profile.

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size: 3 capsules Servings Per Container: 40	
Chromium (from Chromium Polynicotinate)	900 mcg 750%
Vanadium [from BGOV (Bis-Glycinato OXO Vanadium)]	2700 mcg †
Gymnema Sylvestre Extract (25% Gymnemic Acid)	1200 mg †
Wildcraft Nopal Cactus Powder (<i>Opuntia streptacantha</i>)	315 mg †
Alpha Lipoic Acid (Thioctic Acid)	300 mg †
Organic Milk Thistle Seed Powder (<i>Silybum marianum</i>)	225 mg †
Milk Thistle Seed Extract (<i>Silybum marianum</i>) (80% Silymarin)	75 mg †
Minimum Constituent Bio Marker Per Dose	
Gymnemic Acid Glycosides	240 mg
Silymarin Flavonoids (HPLC)	45 mg
Organic Herbs are Certified Organic	
† Daily Value not established	

Other ingredients: Hydroxypropyl Methylcellulose, Maltodextrin, Rice Concentrate, Silica



Herbal Foundation of "Glucose Balance Px"

GYMNEMA SYLVESTRE EXTRACT

Gymnema has a long history of use in Ayurvedic medicine to optimize blood sugar metabolism. This formula contains extract that is standardized to contain 25% gymnemic acid.

MILK THISTLE SEED EXTRACT

An excellent herbal tool to support the liver, which is the main organ involved in glucose storage and metabolism.

NOPAL CACTUS

A nourishing plant with many benefits for maintaining healthy blood glucose as well as optimal metabolism of fats.

95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.



Physician Formulated, Clinical Results

Supplementation

- Take three to five capsules twice a day or as directed by a health care practitioner. Take with food.
- After two months, switch to a maintenance dose of two to three capsules twice daily with food.

Diet & Lifestyle

- Even modest weight loss can improve insulin sensitivity and glucose tolerance
- Eat smaller, more frequent meals (as opposed to larger, less frequent meals) to improve glycemic control in patients with type 2 diabetes
- Increase consumption of dietary fiber
- Consume omega 3 oil daily
- Use olive oil in place of other dietary fats such as butter
- Avoid all sources of trans fats and limit saturated fats
- Engage in at least 30 minutes of aerobic exercise five days a week
- Avoid artificial sweeteners