



## Formulation Features

- Combines Meriva curcumin phytosome and organic turmeric for superior absorption.
- Mediates activity of pro-inflammatory prostaglandins.
- Balances NF-kB.
- Provides relief of minor pain due to occasional overuse.

## NF-kB Support

Enfla-Mend Px is a comprehensive botanical formula that mediates activity of prostaglandins by balancing NF-kB (Nuclear Factor- Kappa B).

- Offers a full range of curcumin bio-constituents for optimal potency and activity.
- Provides powerful antioxidant activity.
- Boswellia extract offers unique properties that balance NF-kB.
- Supports healthy joint and muscle function.

## Supplement Facts

Serving Size: 3 capsules	Servings per Container: 25	
	Amount per Serving	%Daily Value
Boswellia extract, 65% boswellic acid (Boswellia serrata)	600 mg	†
California Poppy (Eschscholzia californica)	375 mg	†
Organic Turmeric Root, 4% curcuminoid, volatile oil	300 mg	†
Turmeric (Meriva®) Phytosome™, 95% curcuminoids	300 mg	†
Bromelain 2000 GDU (Ananas comosus)	225 mg	†
Quercetin	75 mg	†
Resveratrol	75 mg	†
Black Pepper extract, 95% Piperine	7.5 mg	†

### Minimum Constituent BioMarker Per Dose

Boswellic Acid	312 mg
Curcuminoids	60 mg
Piperine	6 mg

All Organic Herbs are Certified Organic  
† Daily Value not established

Other Ingredients: Vegetable Capsule (cellulose)  
To refill contact your practitioner or visit [www.restorative.com](http://www.restorative.com)



## Herbal Foundation of "Enfla-Mend Px"

### MERIVA

This standardized curcuminoid/lecithin combination is shown to have a 29-fold absorption rate when compared to a curcuminoid mixture without lecithin.

### BOSWELLIA

Standardized to 65% boswellic acid. Boswellia balances NF-KB.

### QUERCETIN AND PIPERINE

Recent studies indicate that there is up to 300% increased curcumin absorption when combined with piperine and quercetin.

95% of herbs and herbal extracts in the Restorative Formulations line are certified organic or ecologically wildcrafted

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## Comparative Curcuminoid Absorption Rates

Curcuminoids	Meriva		Curcumin (Reference)		Relative Absorption*
	AUC (ng/mL)	Cmax (ng/mL)	AUC (ng/mL)	Cmax (ng/mL)	
Curcumin	538 ± 130.7	50.3 ± 12.7	122.5 ± 29.3	9.0 ± 2.8	19.2
Demethoxycurcumin	655.0 ± 195.7	134.6 ± 40.6	55.8 ± 15.5	4.2 ± 1.1	68.3
Bisdemethoxycurcumin	142.2 ± 58.2	24.9 ± 8.1	24.6 ± 10.3	2.1 ± 0.8	56.8
<b>Total Curcuminoids</b>	<b>1336.0 ± 357.1</b>	<b>206.9 ± 54.9</b>	<b>202.8 ± 53.8</b>	<b>14.4 ± 4.2</b>	<b>31.5</b>

\*Normalized AUCs, expressed in ng/mL (plasma) x h/mg ingested, were divided by the AUC value of the reference to calculate the relative absorption values.

Reference: [www.phytosomes.info/public/meriva.asp](http://www.phytosomes.info/public/meriva.asp)

## Supplementation

- One to three capsules twice daily or as directed by a health care practitioner. Can be taken with or without food.

## Diet & Lifestyle

- Eliminate as much physical, emotional, and environmental stress as possible.
- Avoid smoking, known allergens, sugar, processed foods and trans fats.
- Eat plenty of fresh fruits, vegetables, whole grains and fish for omega-3 fatty acids.
- Get plenty of rest.

### REFERENCES:

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