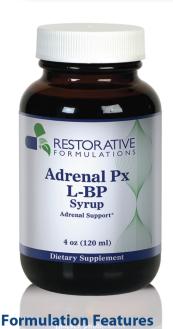


# Adrenal Px L-BP Syrup

Physician Formulated, Clinical Results



- Helps sustain normal adrenal function
- Promotes physical vitality and mental alertness
- Supports antioxidant defenses and alleviates occasional fatigue
- Contributes to a balanced cortisolto-aldosterone ratio

## **Adrenal Support**

The primary ingredient in Adrenal Px L-BP syrup is Glycyrrhiza (licorice), which supports the maintenance of healthy cortisol and aldosterone levels and has been used traditionally to promote healthy adrenals and a healthy liver. Compared to the capsule formulation of Adrenal Px L-BP, this syrup form contains less Glycyrrhiza (120mg vs. 70mg).

Adrenal Px L-BP syrup was specifically designed to reduce occasional fatigue, augment stress resistance, and help preserve healthy cortisol levels. In addition, this adaptogenic formula also helps to sustain healthy brain function (e.g., mental performance), and provides antioxidant defenses against harmful free radicals.

#### Supplement Facts Serving Size: 1 teaspoon (5ml) Servings Per Container: 24 Amount Per Serving % Daily Value Vitamin C (Ascorbic acid) 40 ma 67% Licorice root extract 4:1 735 mg Hawthorn berry extract 12:1, 0 255 mg Rose hip extract 4:1 155 mg Alfalfa juice powder, 0 140 mg Sarsaparilla root extract 4:1 115 mg Eleuthero root extract 50:1, 0 110 mg Minimum Constituent Bio Marker Per Dose Glycerrhizic Acid 70 mg Flavonoids 10 mg Eleuthrosides B & E 0.70 mg

**Other ingredients:** Vegetable Glycerin, Distilled Water, and Certified Organic Lemon essential oil.

Each teaspoon is extracted from 13,140 mg of herbs.

0=Certified Organic † Daily Value not established

The reason we offer this syrup version of Adrenal Px L-BP is because it can be easily titrated for a smaller serving size and may be preferred by those who dislike or cannot tolerate capsules. The syrup may be used as is, prepared with hot water to make a tea, or diluted with sparkling mineral water to make a palatable cold beverage. For people who do not like the taste of licorice, the capsules would be recommended over the syrup.

*Caution:* The ingredients contained within Adrenal Px L-BP can elevate blood pressure and heart rate, thus these products are not intended to be taken by those with cardiovascular disease. Given the potency of the ingredients, patients taking Adrenal Px L-BP, should have their heart rate and blood pressure monitored regularly.



### Herbal Foundation of "Adrenal Px L-BP Syrup"

#### **GLYCYRRHIZIN**

Licorice root serves many functions including maintaining healthy blood sugar and cortisol levels.

### **ELEUTHERO ROOT EXTRACT**

Enhances stress tolerance and energy, and acts as an adrenal tonic that optimizes adrenal function.

#### HAWTHORN BERRY EXTRACT

Contains natural flavonoids that relax the smooth muscle of blood vessels and offers cardio-protective benefits.

95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.

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### **Supplementation**

 Take 1/8 to 1 teaspoon in the morning and afternoon or as directed by your health care practitioner. Can be taken with or without food.

## **Diet & Lifestyle**

- Eliminate as much physical, emotional, and environmental stress as possible.
- Exercise moderately for 12-15 minute intervals, 2 4 times daily.
- In order to maintain optimal blood sugar levels, eat small frequent meals that are balanced in protein and carbohydrates.
- · Avoid known allergens.
- · Get plenty of rest.



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