



**TUCSON**  
FOODS

**RETAIL**

# PRODUCT CATALOG

**UNWRAP HAPPINESS**

# CONTENTS

## COMPANY OVERVIEW 03

- Our Story ..... 03
- Quality Promise ..... 04

## TAMALES 05

- Black Bean & Cheese ..... 06
- Black Bean & Corn ..... 06
- Blue Corn & Veggie ..... 06
- Breakfast Sausage & Cheese ..... 07
- Green Chile & Cheese ..... 07
- Green Chile Chicken ..... 08
- Green Chile Pork & Cheese ..... 08
- Hot & Spicy Jalapeño & Cheese ..... 08
- Red Chile Pork ..... 09

## SNACKS & APPETIZERS 10

- Chipotle Chicken & Cheese Tamale Bites ..... 11
- Hatch Green Chile & Cheese Tamale Bites ..... 11
- Mexican Style Cheese Tamale Bites ..... 11
- Beef & Cheese Taco Bites ..... 12
- Cheddar Cheese Mini Quesadillas ..... 12

## FRESH SALSAS 13

- Colette's Green Salsa ..... 14
- Sherry's Mild Salsa ..... 14
- Todd's Fire Salsa ..... 14

## HOT SAUCES 15

- Organic Jalapeño ..... 16
- Organic Chipotle ..... 16
- Organic Habanero ..... 16

## CONTACT INFO ON BACK COVER





## OUR STORY

Growing up in a loving, loud and large Mexican American family, making tamales was a treasured part of our family tradition. Our recipes have been handed down through the generations. We love that we can still honor this heritage while exploring new flavors perfect for any meal. Our mission is to bring this great tasting celebration food to your table using premium, traditional and natural ingredients.

**Sherry and Todd Martin  
Co-Founders**

---

Founded and handmade in  
Tucson, Arizona



# QUALITY PROMISE

Sherry's mother, Mama Celia, set the standard for how our tamales are made still to this day. Our process makes all the difference, ensuring the best-tasting, highest quality tamale.

- Real people roll each tamale by hand in a traditional corn husk (hoja).
- All of our corn is organic and non-GMO. Our corn has been nixtamalized, an ancient process that makes the corn fully digestible and allows all the nutrients to be bio-available to you.
- We only use antibiotic-free meat proteins.
- All our tamales are Gluten-Free. We also offer Vegetarian, Vegan and Dairy-Free options.
- We use Fire Roasted Hatch Green Chiles. The Hatch Valley in New Mexico provides a soil and climate that harvests the best tasting green chiles. Fire roasting them adds a smoke-kissed flavor that is divine.
- We meticulously choose and use premium ingredients, crafting each tamale with utmost care and attention to detail. Our commitment to excellence ensures that only the finest flavors are featured in our delightful creations.





# TAMALES

Tamales are fully cooked and can conveniently be reheated by steaming or microwaving.



**WRAPPED IN A  
TRADITIONAL  
CORN HUSK**

**MADE WITH  
ORGANIC NON-  
GMO CORN**

**MEAT, VEGAN,  
OR VEGETARIAN  
OPTIONS**

**CONVENIENT  
MICROWAVABLE  
PACKAGING**

**MADE WITH ANTIBIOTIC-FREE MEAT PROTEINS**



## BLACK BEAN & CHEESE VEGETARIAN

MASA (WATER, GROUND CORN FLOUR\* (CORN\*, LIME), CANOLA OIL, RED CHILE, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE)), FILLING (WATER, SWEET KERNEL CORN\*, BLACK BEANS, ORANGE JUICE, BLACK BEAN SEASONING (SPICES, SALT, PAPRIKA), SEA SALT, SPICE, CHEDDAR AND JACK CHEESE (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR))), \*ORGANIC | CONTAINS: MILK

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

### Nutrition Facts

Serving size  
1 Tamale (142g)  
Calories  
per serving **260**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 14g	<b>18%</b>	<b>Total Carbohydrate</b> 31g	<b>11%</b>
Saturated Fat 3g	15%	Dietary Fiber 6g	29%
Trans Fat 0g		Total Sugars 3g	
<b>Cholesterol</b> 15mg	<b>5%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 570mg	<b>25%</b>	<b>Protein</b> 9g	

Vitamin D 0.4mcg 2% • Calcium 50mg 4% • Iron 1.6mg 8% • Potassium 110mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Twin Pack | 2ct | Case of 6 | 10 OZ (284g)

### Nutrition Facts

2 servings per container  
Serving size  
1 Tamale (142g)  
Calories  
per serving **280** **560**  
per container

	Per Serving % DV*	Per Container % DV*
<b>Total Fat</b> 14g	<b>18%</b>	<b>28g 36%</b>
Saturated Fat 3g	15%	6g 30%
Trans Fat 0g		0g
<b>Cholesterol</b> 15mg	<b>5%</b>	<b>25mg 8%</b>
<b>Sodium</b> 580mg	<b>25%</b>	<b>1160mg 50%</b>
Vitamin D 0.3mcg	2%	0.7mcg 4%
Calcium 50mg	4%	110mg 8%

	Per Serving % DV*	Per Container % DV*
<b>Total Carb.</b> 35g	<b>12%</b>	<b>66g 24%</b>
Dietary Fiber 6g	21%	12g 43%
Total Sugars 2g		4g
Incl. Added Sugars 0g	<b>0%</b>	<b>0g 0%</b>
<b>Protein</b> 9g		<b>17g</b>
Iron 1.7mg	10%	3.4mg 20%
Potassium 260mg	6%	510mg 10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## BLACK BEAN & CORN VEGETARIAN VEGAN DAIRY FREE

FILLING (WATER, SWEET KERNEL CORN\*, BLACK BEANS, ORANGE JUICE, BLACK BEAN SEASONING (SPICES, SALT, PAPRIKA), SEA SALT, SPICE), MASA (WATER, GROUND CORN FLOUR\* (CORN\*, LIME), CANOLA OIL, RED CHILE, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE)). \*ORGANIC

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

DOT # 766663

### Nutrition Facts

Serving size  
1 Tamale (142g)  
Calories  
per serving **240**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 10g	<b>13%</b>	<b>Total Carbohydrate</b> 35g	<b>13%</b>
Saturated Fat 0.5g	3%	Dietary Fiber 7g	25%
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 0mg	<b>0%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 540mg	<b>23%</b>	<b>Protein</b> 6g	

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 2mg 10% • Potassium 240mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## BLUE CORN & VEGGIE VEGETARIAN VEGAN DAIRY FREE

MASA (WATER, GROUND BLUE CORN FLOUR\* (CORN\*, LIME), CANOLA OIL, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE)), FILLING (GREEN ZUCCHINI, VINE-RIPENED TOMATOES (SALT, CITRIC ACID, CALCIUM CHLORIDE), SWEET KERNEL CORN\*, FIRE ROASTED HATCH GREEN CHILE, LIME JUICE (<2%), ONIONS, XANTHAN GUM, SEA SALT, SPICE). \*ORGANIC

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

DOT # 766664

### Nutrition Facts

Serving size  
1 Tamale (156g)  
Calories  
per serving **200**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 10g	<b>13%</b>	<b>Total Carbohydrate</b> 28g	<b>9%</b>
Saturated Fat 0.5g	3%	Dietary Fiber 3g	11%
Trans Fat 0g		Total Sugars 3g	
<b>Cholesterol</b> 0mg	<b>0%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 530mg	<b>23%</b>	<b>Protein</b> 2g	

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.6mg 4% • Potassium 170mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Twin Pack | 2ct | Case of 6 | 10 OZ (284g)

DOT # 766673

### Nutrition Facts

2 servings per container  
Serving size  
1 Tamale (156g)  
Calories  
per serving **210** **410**  
per container

	Per Serving % DV*	Per Container % DV*
<b>Total Fat</b> 10g	<b>13%</b>	<b>21g 27%</b>
Saturated Fat 0.5g	3%	1.5g 8%
Trans Fat 0g		0g
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>0mg 0%</b>
<b>Sodium</b> 260mg	<b>25%</b>	<b>1170mg 51%</b>
Vitamin D 0mcg	0%	0mcg 0%
Calcium 30mg	2%	70mg 6%

	Per Serving % DV*	Per Container % DV*
<b>Total Carb.</b> 27g	<b>10%</b>	<b>54g 20%</b>
Dietary Fiber 3g	11%	7g 25%
Total Sugars 3g		7g
Incl. Added Sugars 0g	<b>0%</b>	<b>0g 0%</b>
<b>Protein</b> 3g		<b>6g</b>
Iron 0.7mg	4%	1.4mg 8%
Potassium 200mg	4%	400mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





## BREAKFAST SAUSAGE & CHEESE

MASA (WATER, GROUND CORN FLOUR\* (CORN), LIME), CANOLA OIL, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), FILLING (BREAKFAST SAUSAGE (PORK, SEA SALT, SAGE, RED PEPPER, BLACK PEPPER, TURBINADO SUGAR), POTATOES, CHEDDAR AND JACK CHEESE (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR)), WHOLE MILK (MILK, VITAMIN D3), SEA SALT, SPICE, SAGE). \*ORGANIC | CONTAINS: MILK

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

DOT # 766656

### Nutrition Facts

Serving size  
1 Tamale (142g)  
Calories  
per serving **310**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 20g	<b>26%</b>	<b>Total Carbohydrate</b> 26g	<b>9%</b>
Saturated Fat 4.5g	<b>23%</b>	Dietary Fiber 2g	<b>7%</b>
Trans Fat 0g		Total Sugars 1g	
<b>Cholesterol</b> 30mg	<b>10%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 680mg	<b>30%</b>	<b>Protein</b> 9g	

Vitamin D 0.3mcg 2% • Calcium 40mg 2% • Iron 0.9mg 6% • Potassium 160mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## GREEN CHILE & CHEESE VEGETARIAN

MASA (WATER, GROUND CORN FLOUR\* (CORN), LIME), SWEET KERNEL CORN\*, CANOLA OIL, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), FILLING (FIRE ROASTED HATCH GREEN CHILE (GREEN CHILE, LIME JUICE), CHEDDAR AND JACK CHEESE (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR)), METHYLCELLULOSE). \*ORGANIC CONTAINS: MILK

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

DOT # 766659

### Nutrition Facts

Serving size  
1 Tamale (142g)  
Calories  
per serving **270**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 17g	<b>22%</b>	<b>Total Carbohydrate</b> 23g	<b>8%</b>
Saturated Fat 4.5g	<b>23%</b>	Dietary Fiber 4g	<b>14%</b>
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 25mg	<b>8%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 430mg	<b>19%</b>	<b>Protein</b> 8g	

Vitamin D 0.6mcg 4% • Calcium 40mg 2% • Iron 0.4mg 2% • Potassium 150mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Twin Pack | 2ct | Case of 6 | 10 OZ (284g)

DOT # 766674

### Nutrition Facts

About 2 servings per container  
Serving size  
1 Tamale (142g)  
Calories  
per serving **270 540**

	per serving	% DV*	per serving	% DV*	per serving	% DV*	per serving	% DV*	
<b>Total Fat</b>	17g	22%	33g	42%	<b>Total Carb.</b>	23g	8%	46g	17%
Saturated Fat	4.5g	23%	9g	45%	Dietary Fiber	4g	14%	7g	28%
Trans Fat	0g		0g		Total Sugars	2g		5g	
<b>Cholesterol</b>	25mg	8%	50mg	17%	Total Sugars	0g	0%	0g	0%
<b>Sodium</b>	430mg	19%	850mg	37%	Incl. Added Sugars	0g	0%	0g	0%
Vitamin D	0.6mg	4%	1.3mcg	6%	<b>Protein</b>	8g	16%	16g	6%
Calcium	40mg	2%	70mg	6%	Iron	0.4mg	2%	0.8mg	4%
					Potassium	160mg	4%	300mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Convenience | 1ct | Case of 12 | 4 OZ (113g)

DOT # 766668

### Nutrition Facts

Serving size  
1 Tamale (113g)  
Calories  
per serving **250**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 16g	<b>21%</b>	<b>Total Carbohydrate</b> 21g	<b>8%</b>
Saturated Fat 4.5g	<b>23%</b>	Dietary Fiber 3g	<b>11%</b>
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 25mg	<b>8%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 340mg	<b>15%</b>	<b>Protein</b> 7g	

Vitamin D 0.6mcg 4% • Calcium 30mg 2% • Iron 0.4mg 2% • Potassium 140mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





## GREEN CHILE CHICKEN DAIRY-FREE

MASA (WATER, GROUND CORN FLOUR\* (CORN\*, LIME), CANOLA OIL, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), FILLING (CHICKEN MEAT, FIRE ROASTED HATCH GREEN CHILE (GREEN CHILE, LIME JUICE), TOMATO (VINE-RIPENED TOMATOES, SALT, CITRIC ACID, CALCIUM CHLORIDE), ONIONS, SEA SALT, SPICE). \*ORGANIC

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

DOT # 766660

### Nutrition Facts

Serving size  
1 Tamale (142g)  
Calories  
per serving **260**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 15g	<b>19%</b>	<b>Total Carbohydrate</b> 22g	<b>8%</b>
Saturated Fat 1.5g	<b>8%</b>	Dietary Fiber 3g	<b>11%</b>
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 20mg	<b>7%</b>	Includes Og Added Sugars	<b>0%</b>
<b>Sodium</b> 570mg	<b>25%</b>	<b>Protein</b> 12g	

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.9mg 4% • Potassium 100mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Convenience | 1ct | Case of 12 | 4 OZ (113g)

DOT #766670

### Nutrition Facts

Serving size  
1 Tamale (113g)  
Calories  
per serving **210**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 12g	<b>15%</b>	<b>Total Carbohydrate</b> 18g	<b>7%</b>
Saturated Fat 1.5g	<b>8%</b>	Dietary Fiber 2g	<b>7%</b>
Trans Fat 0g		Total Sugars 1g	
<b>Cholesterol</b> 15mg	<b>5%</b>	Includes Og Added Sugars	<b>0%</b>
<b>Sodium</b> 460mg	<b>20%</b>	<b>Protein</b> 9g	

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.7mg 4% • Potassium 70mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## GREEN CHILE PORK & CHEESE

MASA (WATER, GROUND CORN FLOUR\* (CORN\*, LIME), CANOLA OIL, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), FILLING (PORK MEAT, CHEDDAR AND JACK CHEESE (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR)), TOMATO (VINE-RIPENED TOMATOES, SALT, CITRIC ACID, CALCIUM CHLORIDE), FIRE ROASTED HATCH GREEN CHILE (GREEN CHILE, LIME JUICE), ONIONS, SEA SALT, SPICE). \*ORGANIC CONTAINS: MILK

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

DOT # 766662

### Nutrition Facts

Serving size  
1 Tamale (142g)  
Calories  
per serving **310**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 19g	<b>24%</b>	<b>Total Carbohydrate</b> 22g	<b>8%</b>
Saturated Fat 4.5g	<b>23%</b>	Dietary Fiber 2g	<b>7%</b>
Trans Fat 0g		Total Sugars 1g	
<b>Cholesterol</b> 35mg	<b>12%</b>	Includes Og Added Sugars	<b>0%</b>
<b>Sodium</b> 590mg	<b>26%</b>	<b>Protein</b> 12g	

Vitamin D 0.3mcg 2% • Calcium 40mg 4% • Iron 0.9mg 6% • Potassium 60mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Twin Pack | 2ct | Case of 6 | 10 OZ (284g)

DOT # 766675

### Nutrition Facts

2 servings per container  
Serving size  
1 Tamale (142g)  
Calories  
per serving **310**  
**610**  
per container

	Per Serving	% DV*	Per Container	% DV*		Per Serving	% DV*	Per Container	% DV*
<b>Total Fat</b>	19g	24%	38g	50%	<b>Total Carb.</b>	22g	8%	44g	16%
Saturated Fat	4.5g	23%	9g	45%	Dietary Fiber	2g	7%	5g	18%
Trans Fat	0g		0g		Total Sugars	1g		3g	
<b>Cholesterol</b>	35mg	12%	65mg	22%	Incl. Added Sugars	0g	0%	0g	0%
<b>Sodium</b>	590mg	26%	1180mg	52%	<b>Protein</b>	12g		24g	
Vitamin D	0.3mcg	2%	0.6mcg	2%	Iron	0.9mg	6%	1.8mg	10%
Calcium	40mg	4%	80mg	6%	Potassium	60mg	2%	110mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## HOT + SPICY JALAPEÑO & CHEESE VEGETARIAN

WATER, ORGANIC GROUND CORN FLOUR (CORN, LIME), JALAPEÑO, CHEDDAR AND JACK CHEESE (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR)), CANOLA OIL, RED CHILE, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), CAYENNE PEPPER. \*ORGANIC CONTAINS: MILK

Single Serve | 1ct | Display case of 8 | 4 OZ (113g)

DOT # 766672

### Nutrition Facts

Serving size  
1 Tamale (113g)  
Calories  
per serving **250**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 18g	<b>21%</b>	<b>Total Carbohydrate</b> 22g	<b>8%</b>
Saturated Fat 4g	<b>20%</b>	Dietary Fiber 3g	<b>11%</b>
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 20mg	<b>7%</b>	Includes Og Added Sugars	<b>0%</b>
<b>Sodium</b> 400mg	<b>17%</b>	<b>Protein</b> 7g	

Vitamin D 0.5mcg 2% • Calcium 40mg 4% • Iron 0.7mg 4% • Potassium 163mg 35%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.







## RED CHILE PORK DAIRY-FREE

MASA (WATER, GROUND CORN FLOUR\* (CORN\*), LIME), CANOLA OIL, RED CHILE, SEA SALT, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), FILLING (PORK MEAT, RED CHILE, SEA SALT, ONIONS, GRANULATED GARLIC). \*ORGANIC

Single Serve | 1ct | Display case of 8 | 5 OZ (142g)

DOT # 766661

### Nutrition Facts

Serving size  
1 Tamale (142g)  
**Calories per serving 320**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 19g	<b>24%</b>	<b>Total Carbohydrate</b> 26g	<b>9%</b>
Saturated Fat 3.5g	<b>18%</b>	Dietary Fiber 5g	<b>18%</b>
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 30mg	<b>10%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 840mg	<b>37%</b>	<b>Protein</b> 13g	
<small>Vitamin D 0mcg 0% • Calcium 50mcg 4% • Iron 2mg 10% • Potassium 10mcg 0%</small>			

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Convenience | 1ct | Case of 12 | 4 OZ (113g)

DOT # 766669

### Nutrition Facts

Serving size  
1 Tamale (113g)  
**Calories per serving 260**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 16g	<b>21%</b>	<b>Total Carbohydrate</b> 21g	<b>8%</b>
Saturated Fat 2.5g	<b>13%</b>	Dietary Fiber 4g	<b>14%</b>
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 25mg	<b>8%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 660mg	<b>29%</b>	<b>Protein</b> 10g	
<small>Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.6mg 8% • Potassium 10mg 0%</small>			

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





# SNACKS & APPETIZERS

**PERFECT FOR ALL  
SNACKING OCCASIONS**

Our Bites are mini 0.5-1oz ounce unwrapped tamales, perfect snacking for one or appetizer for many.

Tamale Bites are easy to prepare! Cook them using an air fryer, conventional oven or deep fryer.





## CHIPOTLE CHICKEN & CHEESE TAMALE BITES

Chicken cooked with chipotle and tossed with a 4 cheese blend. Wrapped in smokey chipotle masa.

INGREDIENTS: MASA (WATER, GROUND CORN FLOUR\* (CORN\*, LIME), CANOLA OIL, XANTHAN GUM, VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), SEA SALT, RED CHILE, GROUND CHIPOTLE CHILE PEPPER, PAPRIKA SMOKED (PAPRIKA, ROSEMARY EXTRACT)), FILLING (ALL WHITE CHICKEN MEAT, LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED MILK, SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURES, SALT, GUAR GUM, CAROB BEAN GUM, XANTHAN GUM), GROUND CHIPOTLE CHILE PEPPER, SEA SALT, ONION POWDER, PAPRIKA SMOKED (PAPRIKA, ROSEMARY EXTRACT), METHYLCELLULOSE, GARLIC POWDER). \*ORGANIC | CONTAINS: MILK

10ct Box | 10 oz (283g)

### Nutrition Facts

About 3.5 servings per container  
Serving size  
3 pieces (85g)  
**Calories per serving** **210**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 11g	<b>14%</b>	<b>Total Carbohydrate</b> 21g	<b>8%</b>
Saturated Fat 2.5g	13%	Dietary Fiber 4g	14%
Trans Fat 0g		Total Sugars <1g	0%
<b>Cholesterol</b> 10mg	<b>3%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 690mg	<b>30%</b>	<b>Protein</b> 5g	

Vitamin D 0mg 0% • Calcium 70mg 6% • Iron 0.6mg 4% • Potassium 50mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## HATCH GREEN CHILE & CHEESE TAMALE BITES

VEGETARIAN

INGREDIENTS: FIRE ROASTED HATCH GREEN CHILE (GREEN CHILE, LIME JUICE), GROUND CORN FLOUR\* (CORN\*, LIME), SWEET KERNEL CORN\*, WATER, CANOLA OIL, MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), REDUCED FAT CHEDDAR CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR), VITAMIN A PALMITATE, ANTI CAKING BLEND (POTATO STARCH, POWDERED CELLULOSE), XANTHAN GUM, SUGAR, SEA SALT, VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE). \*ORGANIC | CONTAINS: MILK

18ct Box | 9 oz (255g)

### Nutrition Facts

About 3 servings per container  
Serving size  
5 pieces (85g)  
**Calories per serving** **1470**

Per Serving	Per Container	Per Serving	Per Container
<b>Total Fat</b> 7g	<b>9%</b>	<b>Total Carb.</b> 21g	<b>8%</b>
Saturated Fat 1.5g	8%	Dietary Fiber 3g	11%
Trans Fat 0g	0%	Total Sugars 3g	9g
<b>Cholesterol</b> 5mg	<b>2%</b>	Includes 1g Added Sugars	<b>4%</b>
<b>Sodium</b> 360mg	<b>16%</b>	<b>Protein</b> 4g	
Vitamin D 0mg 0%	0.1mg 0%	Iron 0.3mg	2%
Calcium 60mg	4%	Potassium 120mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## MEXICAN STYLE CHEESE BLEND TAMALE BITES

VEGETARIAN

4 Cheese blend wrapped in sweet corn masa.

INGREDIENTS: MASA (GROUND CORN FLOUR (CORN, LIME), SWEET KERNEL CORN\*, WATER, CANOLA OIL, XANTHAN GUM, VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), SUGAR, SEA SALT), FILLING (PASTEURIZED MILK, CHEESE CULTURES, SALT AND ENZYMES, LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED MILK, SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), CRUSHED GREEN TOMATILLOS, PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS (GUAR GUM AND CAROB BEAN GUM), XANTHAN GUM). \*ORGANIC CONTAINS: MILK

10ct Box | 10 oz (283g)

### Nutrition Facts

About 3.5 servings per container  
Serving size  
3 pieces (85g)  
**Calories per serving** **220**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 13g	<b>17%</b>	<b>Total Carbohydrate</b> 22g	<b>8%</b>
Saturated Fat 4g	20%	Dietary Fiber 3g	11%
Trans Fat 0g		Total Sugars 2g	
<b>Cholesterol</b> 20mg	<b>7%</b>	Includes <1g Added Sugars	<b>2%</b>
<b>Sodium</b> 640mg	<b>28%</b>	<b>Protein</b> 6g	

Vitamin D 0.1mg 0% • Calcium 130mg 10% • Iron 0.4mg 2% • Potassium 70mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





## BEEF & CHEESE TACO BITES

Beef and Cheese wrapped in Corn Masa.

MASA (SWEET KERNEL CORN\*, GROUND CORN FLOUR\* (CORN\*, LIME), WATER, CANOLA OIL, XANTHAN GUM, VEGETABLE BASE (VEGETABLES (CARROT, ONION, TOMATO, POTATO, GARLIC), SEA SALT, SPICES, TURMERIC, RICE CONCENTRATE), SUGAR, SEA SALT), FILLING (GROUND BEEF, TOMATO SAUCE (TOMATOES, TOMATO JUICE, <2% OF: SALT, CITRIC ACID, CALCIUM CHLORIDE), WATER, TACO SEASONING (CHILI PEPPER, CORN STARCH, SALT, ONION POWDER, MALTODEXTRIN, SPICE, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), CONTAIN 2% OR LESS OF: CANOLA OIL, SILICON DIOXIDE (ANTICAKING AGENT), CITRIC ACID, SUGAR (ADDS A TRIVIAL AMOUNT OF SUGAR), NATURAL FLAVOR)) | CONTAINS: MILK

9ct Box | 9 OZ (255 G)

### Nutrition Facts

3 servings per container  
Serving size  
**3 (14g)**  
**Calories**  
**180** | **550**  
per serving | per container

	Per Serving	% Daily*	Per Container	% Daily*
<b>Total Fat</b>	10g	13%	30g	38%
Saturated Fat	1.5g	3%	4.5g	9%
Trans Fat	0g	0%	0.5g	1%
<b>Cholesterol</b>	10mg	3%	30mg	10%
<b>Sodium</b>	230mg	23%	1090mg	69%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	20mg	2%	50mg	4%

	Per Serving	% Daily*	Per Container	% Daily*
<b>Total Carb.</b>	20g	7%	50g	21%
Dietary Fiber	3g	11%	9g	29%
Total Sugars	2g	4%	7g	14%
Incl. Added Sugars	<1g	2%	5g	6%
<b>Protein</b>	2g	4%	7g	14%
Iron	0.5mg	4%	1.9mg	10%
Potassium	110mg	2%	340mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



850001 124591



## CHEDDAR CHEESE MINI QUESADILLAS

VEGETARIAN

Cheddar Cheese

DOUGH (ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), WATER, BUTTER (CREAM, NATURAL FLAVOR), BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, CORNSTARCH), SEA SALT), REDUCED FAT CHEDDAR CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR), VITAMIN A PALMITATE, ANTI CAKING BLEND (POTATO STARCH, POWDERED CELLULOSE)) | CONTAINS: MILK, WHEAT

15ct Box | 7.4 OZ (210 G)

### Nutrition Facts

5 servings per container  
Serving size  
**3 (42g)**  
**Calories**  
**per serving** **120**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 5g	6%	<b>Total Carbohydrate</b> 13g	5%
Saturated Fat 3.5g	18%	Dietary Fiber 0g	0%
Trans Fat 0g	0%	Total Sugars 0g	0%
<b>Cholesterol</b> 15mg	5%	Includes 0g Added Sugars	0%
<b>Sodium</b> 140mg	6%	<b>Protein</b> 4g	8%
Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 0.8mg 4% • Potassium 20mg 0%			

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



850001 124607





# FRESH SALSAS

The founders of Tucson Foods, Sherry and Todd, along with their daughter Colette, first shared their signature salsas in 2008 with the opening of their restaurant in Tucson, Arizona. Each is unique but equally delicious!



SHAKE & POUR BOTTLES



REFRIGERATED



## COLETTE'S GREEN SALSA

Colette's Medium Salsa is made with tomatillos, chile and lime. This salsa is bright and perky and has just the right amount of zip.

INGREDIENTS: TOMATILLOS (CITRIC ACID), WATER, ONION, CILANTRO, JALAPEÑO, SEA SALT, GARLIC, CUMIN SEED, LIME JUICE, SPICE

FRESH PACK REFRIGERATOR SALSA HAS A 120 DAY SHELF LIFE FROM DATE OF MANUFACTURE



## SHERRY'S MILD SALSA

Sherry's Mild Salsa is packed with big and bold flavors. Great as a dip, condiment or salad dressing.

INGREDIENTS: TOMATO (VINE-RIPENED TOMATOES, SALT, CITRIC ACID, CALCIUM CHLORIDE), WATER, JALAPENOS, CILANTRO, GARLIC, SEA SALT, OREGANO, GROUND BLACK PEPPER

FRESH PACK REFRIGERATOR SALSA HAS A 120 DAY SHELF LIFE FROM DATE OF MANUFACTURE



## TODD'S FIRE SALSA

Todd's Fire Salsa is packed with heat! Made with smoky chipotle and jalapeños this salsa has bold flavors and a good amount of heat.

INGREDIENTS: WATER, TOMATO (VINE-RIPENED TOMATOES, SALT, CITRIC ACID, CALCIUM CHLORIDE), CHIPOTLES IN ADOBO (WATER, TOMATO (VINE-RIPENED TOMATOES, SALT, CITRIC ACID, CALCIUM CHLORIDE), APPLE CIDER VINEGAR, ONION, CHILE MORITA, SEA SALT), JALAPEÑO, CILANTRO, GARLIC, SEA SALT, SPICE, OREGANO, BROWN SUGAR

FRESH PACK REFRIGERATOR SALSA HAS A 120 DAY SHELF LIFE FROM DATE OF MANUFACTURE





# HOT SAUCES

Our Organic Hot Sauces come in three distinct flavors and heat levels. Organic Jalapeño Pepper (hot), Organic Chipotle Pepper (hotter) and Organic Habanero Pepper (hottest). They add a tasty zip to your tamales or any of your favorite foods as a salsa, marinade, or dressing.

 GLUTEN-FREE

 DELICIOUS

 ORGANIC



## ORGANIC JALAPEÑO

INGREDIENTS: ORGANIC RED RIPENED JALAPEÑO PEPPERS, ORGANIC VINEGAR, SEA SALT, ORGANIC APPLE CIDER VINEGAR.

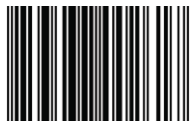


8 53437 00259 4



## ORGANIC CHIPOTLE

INGREDIENTS: ORGANIC RED RIPENED JALAPEÑO PEPPERS, ORGANIC RIPENED HABANERO PEPPERS, ORGANIC VINEGAR, SEA SALT, ORGANIC CHIPOTLE PEPPER POWDER, ORGANIC HICKORY SMOKE FLAVOR, ORGANIC APPLE CIDER VINEGAR.

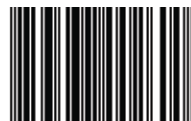


8 53437 00261 7



## ORGANIC HABANERO

INGREDIENTS: ORGANIC RIPENED HABANERO PEPPERS, ORGANIC RED RIPENED JALAPEÑO PEPPERS, ORGANIC APPLE CIDER VINEGAR, ORGANIC VINEGAR, SEA SALT.



8 53437 00260 0







## GET IN TOUCH

### AVAILABILITY

Our products are available nationwide through DOT Foods and other distributors

### CONTACT US

For more information about our products, email [sales@tucsonfoods.com](mailto:sales@tucsonfoods.com)