# TJJ AP PACKING LIST

###### FOR EVERYONE

* Toiletries, medicines, bathroom articles
* 1 large beach towel
* 1 face towel
* **Water bottle** (at least 1 ½ liter) comfortably mounted on a belt or a shoulder strap **(must be filled before every nature hike)**
* Sunglasses
* Sunscreen (high number protection)
* Insect repellent
* Camera
* Soap and shampoo
* 1 toothbrush, toothpaste
* Travel alarm clock
* Flashlight
* Two outfits for water and mud hiking which may get ruined
* Laundry bag
* Photocopy of passport to be kept at all times in wallet
* Medium size knapsack or day-pack; enough to hold lunch, water bottles and a change of clothes – this should double as your carry-on
* **One t-shirt that will be ritually torn upon seeing the Western Wall for the first time (please pack it in your carry-on)**

# Boys Packing List

PACKING LIST

* 3 Pairs of pants or jeans
* 3 pairs of shorts
* 2 pairs of sweat pants
* 16 T-shirts or short sleeve sport shirts
* 1 sweater and light jacket (nights can get chilly)
* 16 pairs of underwear and socks
* 1 sweatshirt
* 2 bathing suits
* 2 pairs of pajamas
* 1 belt
* **2 hats for the sun (heads must be covered at all times on nature hikes and during outdoor activities)**
* 2 pairs of shoes (hiking shoes or sneakers, and dress shoes)
* 1 pair flip-flops
* 1 pair of shoes for water and mud hikes (mountain sandals with strong ankle support or old sneakers)

Shabbat and Sacred SItes Wear:

* Heads must be covered
* 2 pair of dress slacks
* 2 short sleeve collared shirts (white or light color preferable)

Religious Wear:

* 2 Yarmulkes
* Tefillin (if you have)
* Tzitzit (if you have)

# Girls Packing List

###### *PACKING LIST*

* 4 pairs of mid-thigh length shorts
* 4 pairs of pants or jeans
* 4 skirts
* 16 T-shirts (mostly non-white) or tops
* 1 sweater and light jacket (nights can get chilly)
* 16 pairs of underwear and socks
* 1 sweatshirt
* 2 bathing suits
* 2 pairs pajamas (lightweight and heavy)
* **2 hats for the sun (heads must be covered at all times on nature hikes and during outdoor activity)**
* 2 pairs of shoes (hiking shoes or sneakers, and dress shoes)
* 1 pair flip-flops
* 1 pair of shoes for water and mud hikes (mountain sandals or old sneakers)

Shabbat and Sacred Sites Wear:

* 3 dresses, easily laundered summer ones

*or*

* 2 dressy skirts (must cover the knees)
* 2 blouses or shirts (must reach the elbows with necklines that reach the collar bone)

Religious Wear:

* Skirts that cover the knees and blouses (shirts) that reach the elbows with necklines that reach the collar bone are required when visiting sacred sites and on Shabbat