

Suggested Packing List

CLOTHING

10 undergarments
10 pairs socks
4 sets of comfortable sleepwear
10 short-sleeve shirts
3 long-sleeve shirts
2 sweaters or sweatshirts
7 pairs of shorts
2 pairs of jeans or long pants
3 bathing suits
(1 piece suit or tankini)
1 lightweight polar fleece or jacket
1 heavyweight jacket (if your child gets cold)
1 waterproof raincoat or poncho
1-2 dressier outfits
1 hat

FOOTWEAR

1 pair sandals or flip-flops
2 pairs of sneakers
1 pair of rainy day footwear

LINENS

2 blankets
1 pillow and 2 pillowcases
2 sets of sheets (twin size)
4 bath and 2 hand towels
2 beach towels

TOILETRIES*

plastic shower caddy
toothbrush, toothpaste & cup
soap and soap dish
shampoo
deodorant
comb or brush
nail care kit
sunscreen
bug repellent

OTHER IMPORTANT THINGS

pens and pencils
stationary and stamps
flashlight and batteries
plain white T-shirts for decorating
2 refillable water bottles
mini clip-on fan
small extension cord
small backpack for day trips

ITEMS TO CONSIDER

these are in no way required, but are often asked for by campers

1 set of extra eyeglasses
1 pair of athletic field cleats
favorite stuffed animal or blanket
musical instrument
camera and film
card games, books
sleeping bag
fishing equipment
baseball glove
tennis racket
lacrosse stick
MP3 player
no iPhones, iPads, iTouches or nooks, Kindle
paper white is ok

CHALLENGE (campers finishing 8-10 grades)

good quality, broken-in hiking boots
lightweight, waterproof raincoat
lightweight sleeping bag
2 canteens or water bottles
school-style backpack with side pockets for water bottles
plastic or metal bowl
metal spoon
plastic drinking cup

***please note that all toiletries must be free of nut (eg. almond, shea, argan, etc) and sesame oils**

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