





Everything you need to get started as a **Sew Powerful Volunteer** 



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## About few Powerful THE BASICS







Sew Powerful was founded by Jason and Cinnamon Miles in 2009 after a "chance" meeting that was all part of God's plan. Sew Powerful is a 501(c)3 charity registered in the state of Washington. All positions are held by volunteers.

#### **Our Mission:**

Sew Powerful is a Christian ministry that works to combat extreme poverty by creating jobs that provide training and tools to facilitate the creation of purposeful products. These include purses, school uniforms, reusable hygiene pads, soap, and farm fresh food. All designed to promote and enable the academic success of children throughout Zambia, while providing the dignity of work for adults.

Sew Powerful volunteers – sometimes individually, sometimes as part of a Chapter – from around the world make and send their purses to the Sew Powerful headquarters in Seattle. At the same time, Sew Powerful has hired, trained and paid moms in Zambia to sew reusable feminine hygiene supplies. The pads, shields, underwear and soap go into the purses made by the volunteers. The filled purses are gifted to Zambian schoolgirls as an incentive to stay in school all month, improving their chances to live life in all its fullness. Visit the <a href="SewPowerful.org">SewPowerful.org</a> website for more information.

# About Sew Powerful ON VIDEO







### Links To:

- 7-minute purse distribution video: <u>CLICK HERE</u>
- 6-1/2 minute presentation about Sew Powerful: <u>CLICK HERE</u>
- Beginner and intermediate purse making tutorials: <u>CLICK HERE</u>
- Sew Powerful on YouTube: <u>CLICK HERE</u>
- Videos on the Sew Powerful Facebook page: <u>CLICK HERE</u>
- Find and join a Chapter near you: CLICK HERE

# Why We Need Your Help

Girls who stay in school all month long are much more likely to pass their 7th grade exam, allowing them to pursue secondary education in Zambia. Failing this test ends all educational opportunities.

Imagine girls missing a week of school every month because they don't have the supplies to manage their periods. It won't take long before the girls are so far behind in their studies that they drop out of school, ending their chance for formal education, better job opportunities and hopes of breaking the cycle of poverty.

Girls in Zambia are waiting for our assistance so they can attend school all month, even on their period. We've helped thousands of students, but there are many more waiting for our help. By 2030 we hope to make our program available to all 3,800 schools in Zambia.







### 10 Ways YOU CAN SUPPORT SEW POWERFUL

- Make purses. Get the free patterns here: <a href="Beginner Pattern">Beginner Pattern</a> and <a href="Intermediate Pattern">Intermediate Pattern</a>
- **Write notecards.** To find ideas and inspiration: CLICK HERE
- Make a donation. With a low overhead rate of under 5%, you can be assured we watch every penny. 95 cents of every dollar you contribute will go to those in need in Zambia. You can **DONATE HERE**
- **Buy/share/gift** the "We Are Sew Powerful" book: ORDER ON AMAZON
- 5 Buy/share/gift the "Sew Powerful Parables" book: ORDER ON AMAZON
- 6 Buy/gift Sew Powerful branded t-shirts & hoodies: ORDER HERE
- Zisten to our weekly Sew Powerful Podcast on your favorite platform, or <u>LISTEN HERE</u>
- Join our very friendly Sew Powerful Purse Project Facebook group
   HERE
- Join or form a Sew Powerful Chapter. Learn more **HERE**
- **Encourage groups** to make Sew Powerful purses as a service project. Learn more <a href="HERE">HERE</a>

## Sew Powerful Leadership



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