

Summer Facial Protocol

- 1.** BEGIN - Perform pre-facial ritual such as, three deep breaths with an essential oil in front of the nose.
- 2.** PRE-CLEANSE - Use 1 pump of **Apricot Mango Cleansing Milk** without water to remove oil, impurities and makeup. Then add water and massage into skin for 1-2 minutes. Remove cleanser with warm towel.
- 3.** SECOND CLEANSE - Use 1 pump of **Lychee Willowbark Deep Clean** gel cleanser and water to remove oil, impurities and makeup. Massage into skin for 1-2 minutes. Remove cleanser with warm towel.
- 4.** TONE - Spray three pumps of **Watermelon Mint Hydrating Mist** onto two cotton rounds and swipe across face and neck.
- 5.** EXFOLIATION - Create a paste by mixing 1 teaspoon of **Blackberry Lime Fruitfoliant** and 1 teaspoon of **Grapefruit Polishing Powder** in hands or a dish. Massage paste onto skin without steam (you want this to dry on the skin). After mask dries hold skin taut, massage the mask off like a gommage in little square inch sections (can spritz with toner if an area becomes too dry). Excessive rubbing can cause sensitivity so it's important to watch Sorella's **Gommage video**. Remove excess with warm towel. *Note this can be very stimulating so a pressure point massage is recommended.
- 6.** EXTRACTIONS - Perform extractions if the client if necessary.
- 7.** TONE - Spray three pumps of **Watermelon Mint Hydrating Mist** onto two cotton rounds and swipe across face and neck.
- 8.** FACIAL MASSAGE - Press 1/2 dropper **Facial Nectar** onto face and perform pressure point massage.
- 9.** MASK - Apply nickel size **Peach & Honey Mask** with two fan brushes. Layer with gauze strips soaked in **Watermelon Mint Hydrating Mist**. Remove with warm towel. Perform neck, back and shoulder massage with 1/2 pump **Massage Butter** while mask sits.
- 10.** TONE - Again, spray three pumps of **Watermelon Mint Hydrating Mist** onto two cotton rounds and swipe across face and neck.
- 11.** SERUM - Massage and possibly layer pea size amounts **Main Squeeze Hydrating Serum** and **Lemon Lightening Serum**.
- 12.** EYES - Massage in **Aloe Cucumber Eye Gel**.
- 13.** MOISTURIZE - Apply pea size amount of **Blueberry Milk Moisturizer** and **Tropical Topical Matte SPF 30** or **Quench and Protect SPF 30**.
- 14.** LIP - Apply **Avocado Lip Hydrator** with a lip brush to finish facial.

