

SORELLA

A P O T H E C A R Y

SORELLA APOTHECARY POST PEEL RECOMMENDATIONS

TWO DAYS POST-PEEL

- Avoid elevating your body's internal temperature. If the body's core temperature becomes too high it can cause hyperpigmentation.
- Do not apply ice to areas treated with a chemical peel as this can cause irritation.
- Avoid any excessive exfoliation. This includes loofahs or rough use of towels or washcloths to treated areas.
- Avoid any activities that causes excessive perspiration.
- Avoid sun exposure and swimming.
- It is recommended (but not mandatory) to avoid makeup use the day of a treatment to allow skin to normalize.
- Treat skin delicately and avoid any harsh products not recommended by your esthetician.

5-14 DAYS POST-PEEL

- Redness may linger for several hours after a treatment.
- Not every person will experience peeling after a treatment.
- A light flaking for several days is normal.
- Do not pick at or pull any loosening skin. Allow the skin to fall away naturally to avoid hyperpigmentation from forming.
- Continue to avoid sun exposure.
- Avoid waxing or hair removal for for five to ten days post treatment.

PRODUCT USE

- To maximize the results of your peel, follow your treatment with Sorella Apothecary products recommended by your esthetician.
- Apply moisturizer every morning and night. Extra application of moisturizer can be used during the day to help minimize the appearance of peeling or flaking skin.
- Avoid the use of topical prescription creams (such as tretinoin, Retin-A and Differin)
- Make sure your esthetician is aware of any prescription medications.

Avoid any further treatments until your skin is fully healed. (at least 14 days)