

FACIAL STEPS & PROTOCOL EXAMPLES

Sorella Apothecary was created to allow for complete customization of each treatment while solving your client's unique concerns. Sorella Apothecary products deliver maximum results, allowing your clients to better achieve their skin care goals.

Sorella Apothecary Facial Steps are divided into three categories:

- The 30 Minute Facial
- The 50/60 Minute Facial
- The 80/90 Minute Facial

Each set outlines the steps Sorella Apothecary Skin Experts suggest the esthetician take while performing a facial. Follow these steps to maximize the results of your treatment.

The Sorella Apothecary protocol examples can be modified to fit a 30/50/60/80/90 minute facial by making adjustments based on your client's skincare concerns. Sorella Apothecary offers the following protocol examples for you to follow and tailor to your clients needs:

- Sensitive Skin Facial
- Oily/Breakout Prone Facial
- Dry/Aging Skin Facial
- Uneven Skin Tone/Brightening Facial
- Normal/Combination Skin Facial
- Exfoliate & Heal Chemical Peel Protocol

TREATMENT TIPS

- Apply every product using a facial massage
- Don't be afraid to touch your client's face (avoid "dead fish" or floppy hands).
- Avoid chatter unless your client requested you tell them what products you are using. Let the client relax!
- The goal is to make your client feel as though they're receiving a massage as well as a facial, so use every second to go above and beyond. Give them a hand, foot, or scalp massage - even if it's only for 1 minute!
- The timing of each step in the facial protocol is flexible because it depends on your client's wants and needs. For an example, if a client doesn't want or need extractions, spend more time on the massage and visa versa.
- We recommend to use the following protocols simply as a guide and training tool. The best results are delivered when customizing these treatments according to your client's favorite parts of the facial and their specific skincare goals.
- Only use steam on non-compromised skin.
- You can use the **Sorella Massage Butter** for the scalp massage portion of the facial, but always ask your clients if they are ok with having oil in their hair.
- Every great facial starts with a successful consultation (see the Sorella Apothecary consultation form).

30 MINUTE FACIAL STEPS

- 1. BEGIN** - Three deep breaths with an essential oil in front of the nose.
- 2. PRE-CLEANSE** - Use **Apricot & Mango Cleansing Milk** or **Orange You Jelly Cleanser** to remove oil, impurities and makeup. Remove cleanser with warm towel.
- 3. EXFOLIATION** - Use **Mint Poppy Seed Polish**, **Blackberry Lime Fruitfoliant** or **Cherry Pepper Peel**. Remove with warm towel. Perform hand, foot or scalp massage with **Massage Butter** while exfoliant sits on skin.
- 4. EXTRACTIONS** - Only perform extractions if the client wants them-this should be asked during the consultation.
- 5. TONE** - Spray three pumps of **Watermelon Mint Hydrating Mist** or **Spiced Wine Toner** onto two cotton rounds and swipe across face and neck.
- 6. FACIAL MASSAGE/MASK** - Massage in **Papaya & Pumpkin Mask** or **Peach & Honey Mask** mixed with a few drop of water for added slip for 3 to 5 minutes. Remove mask with warm towel.
- 7. TONE** - Again, spray three pumps of **Watermelon Mint Hydrating Mist** or **Spiced Wine Toner** onto two cotton rounds and swipe across face and neck.
- 8. SERUM** - Massage and possibly layer **Main Squeeze Hydrating Serum**, **Pomegranate Acai Antioxidant Serum** or **Lemon Lightening Serum**.
- 9. EYES** - Massage in **Aloe Cucumber Eye Gel** or **Yogurt Kale Eye Concentrate** (if available, use devise to increase penetration of product into the skin).
- 10. MOISTURIZE** - Massage and possibly layer **Daily Greens Moisturizer**, **Blueberry Milk Moisturizer**, **The Balm**, **Tropical Topical SPF 30** or **Quench & Protect SPF 30**.
- 11. LIP** - Apply **Avocado Lip Hydrator** with a lip brush.
- 12. FINISH** - Three more deep breaths/essential oil or a scalp massage.

50/60 MINUTE FACIAL STEPS

- 1.** BEGIN - Three deep breaths with an essential oil in front of the nose.
- 2.** PRE-CLEANSE - Use **Apricot & Mango Cleansing Milk** or **Orange You Jelly Cleanser** to remove oil, impurities and makeup. Remove cleanser with warm towel.
- 3.** SECOND CLEANSE - Use **Lychee Willow Bark Deep Clean** or **Grapefruit Polishing Powder** to gently exfoliate and prepare skin for facial. Remove with warm towel.
- 4.** EXFOLIATION - Use **Mint Poppy Seed Polish**, **Blackberry Lime Fruitfoliant** or **Cherry Pepper Peel**. Remove with warm towel. Perform hand, foot or scalp massage with **Massage Butter** while exfoliant sits on skin.
- 5.** EXTRACTIONS - Only perform extractions if the client wants them-this should be asked during the consultation.
- 6.** TONE - Spray three pumps of **Watermelon Mint Hydrating Mist** or **Spiced Wine Toner** onto two cotton rounds and swipe across face and neck.
- 7.** FACIAL MASSAGE - Using **Massage Butter** (see Sorella Apothecary massage video for instructions).
- 8.** MASK - Apply **Papaya & Pumpkin Mask**, **Peach & Honey Mask** or **Rosehip Warming Mask** with a fan brush or fingers. Remove with warm towel. Perform neck, back and shoulder massage with **Massage Butter** while mask sits.
- 9.** TONE - Again, spray three pumps of **Watermelon Mint Hydrating Mist** or **Spiced Wine Toner** onto two cotton rounds and swipe across face and neck.
- 10.** SERUM - Massage and possibly layer **Main Squeeze Hydrating Serum**, **Pomegranate Acai Antioxidant Serum** or **Lemon Lightening Serum**.
- 11.** EYES - Massage in **Aloe Cucumber Eye Gel** or **Yogurt Kale Eye Concentrate** (if available, use device to increase penetration of product into the skin).
- 12.** MOISTURIZE - Massage and possibly layer **Daily Greens Moisturizer**, **Blueberry Milk Moisturizer**, **The Balm**, **Tropical Topical SPF 30** or **Quench & Protect SPF 30**.
- 13.** LIP - Apply **Avocado Lip Hydrator** with a lip brush.
- 14.** FINISH - Three more deep breaths/essential oil or a scalp massage.

80/90 MINUTE FACIAL STEPS

- 1.** BEGIN - Three deep breaths with an essential oil in front of the nose.
- 2.** PRE-CLEANSE - Use **Apricot & Mango Cleansing Milk** or **Orange You Jelly Cleanser** to remove oil, impurities and makeup. Remove cleanser with warm towel.
- 3.** SECOND CLEANSE - Use **Lychee Willow Bark Deep Clean** or **Grapefruit Polishing Powder** to gently exfoliate and prepare skin for facial. Remove with warm towel.
- 4.** EXFOLIATION - Use **Mint Poppy Seed Polish**, **Blackberry Lime Fruitfoliant** or **Cherry Pepper Peel**. Remove with warm towel. Perform hand, foot or scalp massage with **Massage Butter** while exfoliant sits on skin.
- 5.** EXTRACTIONS - Only perform extractions if the client wants them-this should be asked during the consultation.
- 6.** TONE - Spray three pumps of **Watermelon Mint Hydrating Mist** or **Spiced Wine Toner** onto two cotton rounds and swipe across face and neck.
- 7.** FACIAL MASSAGE - Using **Massage Butter** (see Sorella Apothecary massage video for instructions).
- 8.** MASK - Apply **Marine Mermaid Mask** (see training video). Perform neck, back and shoulder massage with **Massage Butter** while mask sits.
- 9.** TONE - Again, spray three pumps of **Watermelon Mint Hydrating Mist** or **Spiced Wine Toner** onto two cotton rounds and swipe across face and neck.
- 10.** SERUM - Apply **Main Squeeze Hydrating Serum**.
- 11.** LED LIGHT THERAPY - Place light over the face for 15 to 20 minutes.
- 12.** SERUM - Massage and possibly layer **Pomegranate Acai Antioxidant Serum** or **Lemon Lightening Serum**.
- 13.** EYES - Massage in **Aloe Cucumber Eye Gel** or **Yogurt Kale Eye Concentrate** (if available, use device to increase penetration of product into the skin).
- 14.** MOISTURIZE - Massage and possibly layer **Daily Greens Moisturizer**, **Blueberry Milk Moisturizer**, **The Balm**, **Tropical Topical SPF 30** or **Quench & Protect SPF 30**.
- 15.** LIP - Apply **Avocado Lip Hydrator** with a lip brush.
- 16.** FINISH - Three more deep breaths/essential oil or a scalp massage.

SENSITIVE SKIN FACIAL

PRODUCTS NEEDED

- Apricot & Mango Cleansing Milk
- Facial Nectar
- Watermelon Mint Hydrating Mist
- Mint Poppy Seed Polish
- Massage Butter
- Papaya & Pumpkin Mask or Marine Mermaid Mask
- Pomegranate Acai Antioxidant Serum
- Aloe Cucumber Eye Gel
- Daily Greens Moisturizer or Blueberry Milk Moisturizer
- Tropical Topical SPF 30 or Quench & Protect SPF 30
- Avocado Oil Lip Hydrator

TREATMENT PROTOCOL

Cleanse	Cleanse with Apricot & Mango Cleansing Milk and remove with lukewarm towel (Do not use steam or cleansing brush for sensitive skin). Perform second cleanse with Facial Nectar by mixing a quarter size amount of product with water and massage in a circular motion. Remove with lukewarm towel.
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess cleanser and impurities.
Exfoliate	Gently massage Mint Poppy Seed Polish into the skin for 1 minute. Let sit for 10 to 15 minutes. Remove with lukewarm towel.
Extractions	Perform extractions only if clients have asked for them - always ask during consultation.
Facial Massage	Perform a facial massage using Massage Butter. See Sorella Apothecary "Facial Massage" video for instructions.
Mask	If using Papaya & Pumpkin Mask : <ul style="list-style-type: none">• Apply a thin layer of Papaya & Pumpkin Mask using a fan brush. Allow to sit on the skin for 10 to 15 minutes. Remove with lukewarm towel. If using Marine Mermaid Mask : <ul style="list-style-type: none">• Follow ratio instructions on package to dispense the appropriate amount of powder and solution/ water into mixing bowl. Mix until powder is fully dissolved. Apply a thick layer onto face with spatula and allow to set for 15 minutes. Peel off in one sheet. Remove excess mask with lukewarm towel.
Body Massage	While mask sits, perform neck, back and shoulder massage using Massage Butter .
LED Light Therapy	If available and time permits, prime the skin with Main Squeeze Hydrating Serum (because this is a clear serum and will allow for the light to pass through the barrier) and place LED Light over the face for 10 to 20 minutes.
Serum	Lightly massage Pomegranate Antioxidant Serum into skin until fully absorbed.
Eye Cream	Gently apply Aloe Cucumber Eye Gel around the eye area with fingertips or electronic devise.
Moisturizer	Apply Daily Greens Moisturizer for a matte finish or Blueberry Milk Moisturizer for drier skin. Massage into skin until fully absorbed.
Protect	Apply Tropical Topical Matte SPF 30 for a matte finish or Quench & Protect Hydrating SPF 30 for drier skin types. Massage into skin until fully absorbed.
Lips	With a small brush, apply Avocado Oil Lip Hydrator to the lips to finish the facial.

OILY/BREAKOUT PRONE FACIAL

PRODUCTS NEEDED

- Orange You Jelly Cleanser
- Grapefruit Polishing Powder or Lychee Willow Bark Deep Clean
- Spiced Wine Toner
- Cherry Pepper Peel or Mint Poppy Seed Polish
- Massage Butter
- Rosehip Warming Mask or Marine Mermaid Mask
- Main Squeeze Hydrating Serum
- Lemon Lightening Serum or Pomegranate Acai Antioxidant Serum
- Aloe Cucumber Eye Gel or Yogurt Kale Eye Concentrate
- Daily Greens Moisturizer or Blueberry Milk Moisturizer
- Tropical Topical SPF 30 or Quench & Protect SPF 30
- Avocado Oil Lip Hydrator

TREATMENT PROTOCOL

Cleanse	Cleanse with Orange You Jelly Cleanser and remove with lukewarm towel. Perform second cleanse with Grapefruit Polishing Powder or Lychee Willow Bark Deep Clean if acne is inflamed. Remove with lukewarm towel.
Tone	Spray Spiced Wine Toner onto cotton pad and swipe in upward motions to remove excess cleanser and impurities.
Exfoliate	If acne is not inflamed, apply a thin layer of Cherry Pepper Peel onto the skin. Allow to sit for 10-15 minutes. If acne is inflamed, very gently massage a Gently massage Mint Poppy Seed Polish into the skin for 1 minute. Let sit for 10 to 15 minutes. Remove with lukewarm towel.
Extractions	Perform extractions only if clients have asked for them - always ask during consultation.
Tone	Spray Spiced Wine Toner onto cotton pad and swipe in upward motions to remove excess exfoliant and impurities.
Facial Massage	Perform a facial massage using Massage Butter . See Sorella Apothecary "Facial Massage" video for instructions. Avoid massage area where inflamed acne is present.
Mask	If using Rosehip Warming Mask : <ul style="list-style-type: none">• Apply a thin layer of Rosehip Warming Mask using a fan brush. Allow to sit on the skin for 10 to 15 minutes. Remove with lukewarm towel. If using Marine Mermaid Mask : <ul style="list-style-type: none">• Follow ratio instructions on package to dispense the appropriate amount of powder and solution/ water into mixing bowl. Mix until powder is fully dissolved. Apply a thick layer onto face with spatula and allow to set for 15 minutes. Peel off in one sheet. Remove excess mask with lukewarm towel.
Body Massage	While mask sits, perform neck, back and shoulder massage using Massage Butter .
LED Light Therapy	If available and time permits, prime the skin with Main Squeeze Hydrating Serum (because this is a clear serum and will allow for the light to pass through the barrier) and place LED Light over the face for 10 to 20 minutes.
Serum	Lightly massage Pomegranate Antioxidant Serum or Lemon Lightening Serum , if post-breakout spots are present, into skin until fully absorbed.
Eye Cream	Gently apply Aloe Cucumber Eye Gel for dark circles or Yogurt Kale Eye Concentrate for fine lines around the eye area with fingertips or electronic devise.
Moisturizer	Apply Daily Greens Moisturizer for a matte finish or Blueberry Milk Moisturizer for drier skin. Massage into skin until fully absorbed.
Protect	Apply Tropical Topical Matte SPF 30 for a matte finish or Quench & Protect Hydrating SPF 30 for drier skin types. Massage into skin until fully absorbed.
Lips	With a small brush, apply Avocado Oil Lip Hydrator to the lips to finish the facial.

AGING/DRY SKIN FACIAL

PRODUCTS NEEDED

- Apricot & Mango Cleansing Milk
- Facial Nectar
- Watermelon Mint Hydrating Mist
- Cherry Pepper Peel or Blackberry Lime Fruitfoliant
- Massage Butter
- Peach & Honey Mask or Marine Mermaid Mask
- Main Squeeze Hydrating Serum
- Lemon Lightening Serum or Pomegranate Acai Antioxidant Serum
- Aloe Cucumber Eye Gel or Yogurt Kale Eye Concentrate
- Blueberry Milk Moisturizer
- Tropical Topical SPF 30 or Quench & Protect SPF 30
- Avocado Oil Lip Hydrator

TREATMENT PROTOCOL

Cleanse	Cleanse with Apricot & Mango Cleansing Milk and remove with lukewarm towel. Perform second cleanse with Facial Nectar by mixing a quarter size amount of product with water and massage in a circular motion. Remove with lukewarm towel.
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess cleanser and impurities.
Exfoliate	Apply a thin layer of Cherry Pepper Peel for fine lines and wrinkles or Blackberry Lime Fruitfoliant for drier skin. Allow to sit for 10-15 minutes.
Extractions	Perform extractions only if clients have asked for them - always ask during consultation.
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess exfoliant and impurities.
Facial Massage	Perform a facial massage using Massage Butter . See Sorella Apothecary "Facial Massage" video for instructions.
Mask	If using Peach & Honey Mask : <ul style="list-style-type: none">• Apply a thin layer of Peach & Honey Mask using a fan brush. Allow to sit on the skin for 10 to 15 minutes. Remove with lukewarm towel. If using Marine Mermaid Mask : <ul style="list-style-type: none">• Follow ratio instructions on package to dispense the appropriate amount of powder and solution/water into mixing bowl. Mix until powder is fully dissolved. Apply a thick layer onto face with spatula and allow to set for 15 minutes. Peel off in one sheet. Remove excess mask with lukewarm towel.
Body Massage	While mask sits, perform neck, back and shoulder massage using Massage Butter .
LED Light Therapy	If available and time permits, prime the skin with Main Squeeze Hydrating Serum (because this is a clear serum and will allow for the light to pass through the barrier) and place LED Light over the face for 10 to 20 minutes.
Serum	Lightly massage Pomegranate Antioxidant Serum or Lemon Lightening Serum for hyperpigmentation into skin until fully absorbed.
Eye Cream	Gently apply Aloe Cucumber Eye Gel for dark circles or Yogurt Kale Eye Concentrate for fine lines around the eye area with fingertips or electronic devise.
Moisturizer	Apply Blueberry Milk Moisturizer and massage into skin until fully absorbed.
Protect	Apply Tropical Topical Matte SPF 30 for a matte finish or Quench & Protect Hydrating SPF 30 for drier skin types. Massage into skin until fully absorbed.
Lips	With a small brush, apply Avocado Oil Lip Hydrator to the lips to finish the facial.

UNEVEN SKIN TONE/BRIGHTENING FACIAL

PRODUCTS NEEDED

- Apricot & Mango Cleansing Milk
- Grapefruit Polishing Powder or Lychee Willow Bark Deep Clean
- Watermelon Mint Hydrating Mist
- Cherry Pepper Peel or Blackberry Lime Fruitfoliant
- Massage Butter
- Papaya & Pumpkin Mask or Marine Mermaid Mask
- Main Squeeze Hydrating Serum
- Lemon Lightening Serum or Pomegranate Acai Antioxidant Serum
- Aloe Cucumber Eye Gel or Yogurt Kale Eye Concentrate
- Blueberry Milk Moisturizer
- Tropical Topical SPF 30 or Quench & Protect SPF 30
- Avocado Oil Lip Hydrator

TREATMENT PROTOCOL

Cleanse	Cleanse with Apricot & Mango Cleansing Milk and remove with lukewarm towel. Perform second cleanse with Grapefruit Polishing Powder to improve uneven texture or Lychee Willow Bark Deep Clean to remove pore clogging impurities. Remove with lukewarm towel.
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess cleanser and impurities.
Exfoliate	Apply a thin layer of Cherry Pepper Peel for fine lines and wrinkles or Blackberry Lime Fruitfoliant for drier skin. Allow to sit for 10-15 minutes.
Extractions	Perform extractions only if clients have asked for them - always ask during consultation.
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess exfoliant and impurities.
Facial Massage	Perform a facial massage using Massage Butter . See Sorella Apothecary "Facial Massage" video for instructions.
Mask	If using Papaya & Pumpkin Mask : <ul style="list-style-type: none">• Apply a thin layer of Papaya & Pumpkin Mask using a fan brush. Allow to sit on the skin for 10 to 15 minutes. Remove with lukewarm towel. If using Marine Mermaid Mask : <ul style="list-style-type: none">• Follow ratio instructions on package to dispense the appropriate amount of powder and solution/water into mixing bowl. Mix until powder is fully dissolved. Apply a thick layer onto face with spatula and allow to set for 15 minutes. Peel off in one sheet. Remove excess mask with lukewarm towel.
Body Massage	While mask sits, perform neck, back and shoulder massage using Massage Butter .
LED Light Therapy	If available and time permits, prime the skin with Main Squeeze Hydrating Serum (because this is a clear serum and will allow for the light to pass through the barrier) and place LED Light over the face for 10 to 20 minutes.
Serum	Lightly massage Pomegranate Antioxidant Serum or Lemon Lightening Serum for hyperpigmentation into skin until fully absorbed.
Eye Cream	Gently apply Aloe Cucumber Eye Gel for dark circles or Yogurt Kale Eye Concentrate for fine lines around the eye area with fingertips or electronic device.
Moisturizer	Apply Blueberry Milk Moisturizer and massage into skin until fully absorbed.
Protect	Apply Tropical Topical Matte SPF 30 for a matte finish or Quench & Protect Hydrating SPF 30 for drier skin types. Massage into skin until fully absorbed.
Lips	With a small brush, apply Avocado Oil Lip Hydrator to the lips to finish the facial.

NORMAL/COMBINATION SKIN FACIAL

PRODUCTS NEEDED

- Orange You Jelly Cleanser
- Grapefruit Polishing Powder or Lychee Willow Bark Deep Clean
- Watermelon Mint Hydrating Mist
- Cherry Pepper Peel, Blackberry Lime Fruitfoliant or Mint Poppy Seed Polisher
- Massage Butter
- Rosehip Warming Mask, Peach & Honey Mask or Marine Mermaid Mask
- Main Squeeze Hydrating Serum
- Lemon Lightening Serum or Pomegranate Acai Antioxidant Serum
- Aloe Cucumber Eye Gel or Yogurt Kale Eye Concentrate
- Daily Greens Moisturizer or Blueberry Milk Moisturizer
- Tropical Topical SPF 30 or Quench & Protect SPF 30
- Avocado Oil Lip Hydrator

TREATMENT PROTOCOL

Cleanse	Cleanse with Orange You Jelly Cleanser and remove with lukewarm towel. Perform second cleanse with Grapefruit Polishing Powder to improve uneven texture or Lychee Willow Bark Deep Clean to remove pore clogging impurities. Remove with lukewarm towel.
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess cleanser and impurities.
Exfoliate	Apply a thin layer of Cherry Pepper Peel for fine lines and wrinkles, Blackberry Lime Fruitfoliant for drier skin or Mint Poppy Seed Polisher for uneven texture, excess oil and large pores. Allow to sit for 10-15 minutes.
Extractions	Perform extractions only if clients have asked for them - always ask during consultation.
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess exfoliant and impurities.
Facial Massage	Perform a facial massage using Massage Butter . See Sorella Apothecary “Facial Massage” video for instructions.
Mask	Use Rosehip Warming Mask for oily skin or Peach & Honey Mask for drier skin: <ul style="list-style-type: none"> • Apply a thin layer of Rosehip Warming Mask or Peach & Honey Mask using a fan brush. Allow to sit on the skin for 10 to 15 minutes. Remove with lukewarm towel. If using Marine Mermaid Mask : <ul style="list-style-type: none"> • Follow ratio instructions on package to dispense the appropriate amount of powder and solution/ water into mixing bowl. Mix until powder is fully dissolved. Apply a thick layer onto face with spatula and allow to set for 15 minutes. Peel off in one sheet. Remove excess mask with lukewarm towel.
Body Massage	While mask sits, perform neck, back and shoulder massage using Massage Butter .
LED Light Therapy	If available and time permits, prime the skin with Main Squeeze Hydrating Serum (because this is a clear serum and will allow for the light to pass through the barrier) and place LED Light over the face for 10 to 20 minutes.
Serum	Lightly massage Pomegranate Antioxidant Serum or Lemon Lightening Serum for post-breakout spots or visible hyperpigmentation into skin until fully absorbed.
Eye Cream	Gently apply Aloe Cucumber Eye Gel for dark circles or Yogurt Kale Eye Concentrate for fine lines around the eye area with fingertips or electronic devise.
Moisturizer	Apply Daily Greens Moisturizer for a matte finish or Blueberry Milk Moisturizer for drier skin. Massage into skin until fully absorbed.
Protect	Apply Tropical Topical Matte SPF 30 for a matte finish or Quench & Protect Hydrating SPF 30 for drier skin types. Massage into skin until fully absorbed.
Lips	With a small brush, apply Avocado Oil Lip Hydrator to the lips to finish the facial.

EXFOLIATE & HEAL CHEMICAL PEEL PROTOCOL

PRODUCTS NEEDED

- Orange You Jelly Cleanser
- Lychee Willow Bark Deep Clean
- Watermelon Mint Hydrating Mist or Spiced Wine Toner
- Avocado Oil Lip Hydrator
- Exfoliate & Heal Chemical Peel
- Main Squeeze Hydrating Serum, Lemon Lightening Serum or Pomegranate Acai Antioxidant Serum
- Aloe Cucumber Eye Gel or Yogurt Kale Eye Concentrate
- Daily Greens Moisturizer or Blueberry Milk Moisturizer
- Tropical Topical SPF 30 or Quench & Protect SPF 30

TREATMENT PROTOCOL

Cleanse	Cleanse with Orange You Jelly Cleanser and remove with lukewarm towel. Do not use steam or cleansing brush. Perform second cleanse with Lychee Willow Bark Deep Clean .
Tone	Spray Watermelon Mint Hydrating Mist onto cotton pad and swipe in upward motions to remove excess cleanser and impurities.
Lips	With a small brush, apply Avocado Oil Lip Hydrator
Peel	Apply gloves. Dispense 5 dabs of Exfoliate & Heal Chemical Peel onto a cotton round in a diamond formation. Fold cotton round in half and apply one overlapping pass all over the face avoiding the eye area. Assess sensitivity by asking client "on a scale of 1 to 10 (1 being you don't feel a thing and 10 being extremely active) how does your skin feel? If they are a five or above skip to next step. If client is under a 5, you can apply 1 to 4 layers on the face and 1 to 2 layers on the neck/chest waiting two minutes in between each layer. Have client use fan and sip water to avoid discomfort (see video on website).
Scalp Massage	After completing 1 to 4 layers, perform a 2 to 5 minutes scalp massage with Massage Butter if ok'd by client in order to help client relax before applying finishing products. Products can be irritating if applied too soon.
Serum	Lightly massage Main Squeeze Hydrating Serum , Pomegranate Antioxidant Serum and/or Lemon Lightening Serum for post-breakout spots or visible hyperpigmentation into skin until fully absorbed.
Eye Cream	Gently apply Aloe Cucumber Eye Gel for dark circles or Yogurt Kale Eye Concentrate for fine lines around the eye area with fingertips or electronic devise.
Moisturizer	Apply Daily Greens Moisturizer for a matte finish or Blueberry Milk Moisturizer for drier skin. Massage into skin until fully absorbed.
Protect	Apply Tropical Topical Matte SPF 30 for a matte finish or Quench & Protect Hydrating SPF 30 for drier skin types. Massage into skin until fully absorbed.
Post Peel	Send client home with the Sorella Apothecary Post Peel Recommendations, Sorella Apothecary post peel products (purchase or samples) and Sorella Apothecary Product Recommendations Form.