

# Dot McMahan

## **PERSONAL BEST**

**3** 800m − 2:09.17 (2/02)

⇒ 1 mile road – 4:35.2 (07/08)

**⇒** 5k road − 16:31 (12/10) Track − 16:27 (2/13)

**3** 4 mile road − 21:55 (12/09)

Sk road – 26:39 (4/13)

□ 10k road - 33:24 (4/12 & 10/13)

**⊃** 15k - 51:56 (3/13)

**⊃** 10 mile – 55:36 (4/14)

20k - 1:09:32 (9/08)

**⊃** 1/2 marathon – 1:11:48 (6/14)

**2** 25k − 1:25:52 (5/13)

⇒ marathon – 2:31:48 (6/11)

#### ons 2019

Dot McMahan

**Focus: Marathon** 

Age: 43

D.O.B: 11.06.76

Height: 5'6"

Years Run: 35

Hometown: Hilbert, WI



USATF #: 1400834584

**4239 Wincrest Lane** Address:

Oakland Township, MI 48306

Phone: 248-918-9498

dotbunnell@hotmail.com Email:

### **CAREER HIGHLIGHTS**

#### **Professional**

34th, USA Olympic Marathon Trials: 2016

5th, Grandma's Marathon: 2015

3rd, Gary Bjorkland Half Marathon: 2014

2<sup>nd</sup>, USA 25k National Championships: 2014 \* PR 1:11:48

18th, World Marathon Championships: 2013 1st, USA 25k National Championships: 2013 9th and 2nd American Chicago marathon: 2012

4th, USA 25k National Championships: 2012

9th, USA Olympic Marathon Trials: 2012

9th, USA 10 mile Championships: 2011 5th and 1st American, Crim 10 mile: 2011

3rd, Grandma's Marathon: 2011 \*PR 2:31:48

2<sup>nd</sup>, USA 25k National Championships: 2011

17th and 7th American Chicago Marathon: 2010

2<sup>nd</sup>, Bellin 10k: 2010

3rd, USA 25k National Championships: 2010

24th, World Half Marathon Championships, Brazil: 2008

5th, USA 20k National Championships: 2008

8th, USA Olympic Marathon Trials: 2008

8th, USA Half Marathon National Championships: 2008

19th, USA Road 10k National Championships: 2007

16th, USA Road 5k National Championships: 2007

8th, USA 20k National Championships: 2007

15th, Peachtree 10k: 2007

16th and 10th American, Boston Marathon, 2007 USA Championships

23rd and 11th American, Chicago Marathon: 2006

9th and 1st American, Crim 10 mile: 2006

10th, USA 25k National Championships: 2006

48th, World Half Marathon Championships 2005

9th, USA 20k Championships: 2005 1st, Mercedes 1/2 Marathon: 2005

1st, Green Bay 1/2 Marathon: 2004 2004 Niigata Japan Ekiden Relay Team

"Above all, I will challenge myself to do ridiculously impossible things and give everything trying to achieve them." Margaret Bradley 1979 - 2004

#### Masters Marathon Career \*Masters win

1st and Record holder Indy Monumental Marathon 2019 29th and 17th American Boston Marathon 2019 12th and 9th American Boston Marathon 2018 11th and 6th American Chicago Marathon 2017 \*

14th and 6th American Boston Marathon 2017 \* 12th and 5th American New York City Marathon 2016 \*

[For more information log onto www.Hansons-Running.com]