



# Zach Panning

Hansons-Brooks Athlete

## PERSONAL BEST

- ↻ 3000M - 8:01 (02/19)
- ↻ 5,000M - 13:37.25 (04/19)
- ↻ 5k Road - 14:12 (01/20)
- ↻ 10,000M - 28:23.83 (07/19)
- ↻ Half Marathon - 1:04:34 (11/19)

## CAREER HIGHLIGHTS

### Professional

- 2019 - USATF Outdoor Championships 10,000m - 9th place, 28:23.83
- 2019 - USATF Outdoor Championships 5,000m - 15th place, 14:01.55
- 2019 - USATF Road 10 Mile Championships - 13th place, 48:00
- 2019 - CNO Indianapolis Monumental Half Marathon - 8th place, 1:04:34
- 2019 - USATF Club Cross Country Championships - 12th place, 30:55
- 2020 - Matanza's 5000, St. Augustine, FL - 2nd place, 14:12

### Collegiate

- Grand Valley State University 2014-2019
- Major: Sport Management
- Minor: Business

### Cross Country

2015 – 2018

- NCAA DII Championships: 5th ('15), 5th ('16), 2nd ('17), 2nd ('18)

### Track and Field

2015 – 2019

- NCAA DII Championships:
- 3000m Indoor: 7th ('17), 3rd ('19)
- 5000m Indoor: 8th ('16), 4th ('17), 6th ('18), 2nd ('19)
- 5000m: 3rd ('16), 1st ('18), 1st ('19)
- 10000m: 2nd ('18), 1st ('19)

### USATF Outdoor Championships:

- 10000m: 9th ('18), 9th ('19)
- 5000m: 15th ('19)

## Hansons 2020

Zach Panning

Focus: 5k/10k

D.O.B: 03/29/1995

Height: 5' 9"

Hometown:

Fort Wayne, IN



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[For more information log onto [www.Hansons-Running.com](http://www.Hansons-Running.com)]

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