



Trent Lusignan

PERSONAL BEST

- 5k – 14:11 (4/16)
- 10k - 29:24 (4/16)
- 20k – 1:03:00 (9/16)

CAREER HIGHLIGHTS

College:

Cross Country:

- Second team All-Conference 2011
- First team All-Conference 2012 2013 2015
- Individual Conference Champion 2013 2015
- League MVP 2013 2015
- Athlete of the Year 2013 2015
- Midwest All-Region 2013 2015
- All-American 2013 (12th) 2015 (24th)

Track:

- Second team All-Conference 5k: 2016
- First team All-Conference 5k: 2013 2016 10k: 2013 2016
- Individual Conference Champion 5k: 2013 10k: 2013 2016
- Athlete of the Year 2013
- West Regional Qualifier 10k: 2013 2016

Hansons 2016

Trent Lusignan

Focus: 10k-Marathon

Age: 24

D.O.B: 9/26/1992

Height: 5'8"

Years Run: 12

Hometown:

Shakopee, MN

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