



Ben Kendell

PERSONAL BEST

- ↻ 3,000M – 8:08 (02/19)
- ↻ 5,000M – 14:07 (02/18)
- ↻ 5,000M (Road) – 14:21 (01/20)
- ↻ 8,000M (XC) – 23:54 (9/18)
- ↻ 10,000M – 29:00.15 (03/19)
- ↻ 10 Mile – 48:57 (08/19)
- ↻ 1/2 Marathon – 1:04:16 (11/19)
- ↻ Marathon – TBD

CAREER HIGHLIGHTS

Professional

- 2020 – Matanzas 5k – 4th place 14:21
- 2019 – USATF Club Cross Country 10k – 11th place 30:52
- 2019 – Detroit Turkey Trot 10k – 2nd place 30:22
- 2019 – CNO Indianapolis Monumental Half-Marathon -- 7th place 1:04:16
- 2019 – USATF Road 20k Championships -- 19th place 1:02:33
- 2019 – The Crim 10 miler -- 9th place 48:57

Collegiate 2014-2019

- 2018 -- Great Lakes Regional Cross Country 10k – 2nd place 31:09
- 2015 -- Junior Nationals 10k – 5th place
- 5 school records at the University of Detroit Mercy
- 5-time Horizon League Champion
 - 3000m – 2017 2018
 - 5000m – 2019
 - 10000m – 2015
 - XC -- 2018

Hansons 2020

Ben Kendell

Focus: 10k-Half
Marathon

D.O.B: 06/30/96

Height: 6' 0"

Hometown:
Huntington Woods, MI

College: University of
Detroit Mercy

Degree: Masters of
Electrical Engineering

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**“Every day I strive
for greatness.”
-Hassan Abdi**

Hansons-Brooks Athlete

[For more information log onto www.Hansons-Running.com]

An environment for the long run!