



Rachele Schulist

PERSONAL BEST

- ↳ 1500 m - 4:16 (04/15)
- ↳ 5k track – 15:36 (04/15)
- ↳ 3k indoor – 9:01 (02/15)
- ↳ 10k track - 33:24 (4/12 & 10/13)

Hansons 2015

Rachele Schulist

Focus: 5k/10 k

Age: 23

D.O.B: 04.26.94

Height: 5'11"

Years Run: 9 years

Hometown:
Holland, MI



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CAREER HIGHLIGHTS

Collegiate

- 2016 D1 Big Ten Scorer, All-Region Finisher, NCAA Cross Country Championship First Team All-American; 12th place
- 2016 D1 NCAA Outdoor Track and Field Championship Second-Team All American; 11th place
- 2016 Big Ten Outdoor Track and Field 5k- 2nd place
- 2015 D1 NCAA Outdoor Track and Field Second-Team All-American; 14th place
- 2015 NCAA Indoor Track and Field All-American; 9th place
- 2015 Big Ten Conference Championships 3k- 1st place
- 2014 Big Ten, Regional, National Cross Country Champions; 4th place finisher; First-Team All American
- 2014 D1 NCAA Outdoor Track and Field Championships 5k - 9th place
- 2014 Big Ten Outdoor Conference Championships 5k – 2nd place
- 2014 D1 NCAA Indoor Track and Field Second Team All-American; 9th place
- 2013 Big Ten Cross Country Championship Team; 6th place National team

"To give anything less than your best is to sacrifice the gift."

Prefontaine

Hansons-Brooks Athlete

[For more information log onto www.Hansons-Running.com]

An environment for the long run!