



Chelsea Blaise

PERSONAL BEST

- ↻ 5k Track – 15:35.78 (6/10/18) Road – 15:57 (1/27/18)
- ↻ 7 mile road – 38:18 (7/28/17)
- ↻ 10k Track - 31:57 (5/3/18) & Road - 34:09 (10/9/17)
- ↻ 15k – 50:35 (3/10/18)

CAREER HIGHLIGHTS

Professional

- 5th USATF 7 Mile Championships (7/17)
- 12th USATF 10K Road Championships (7/17)
- 12th Falmouth Road Race (8/17)
- 4th Tufts Health Plan 10K (10/17)
- 3rd Mayor’s Cup XC 5K (10/17)
- 2nd USATF Club XC Championships (12/17)
- 12th Great Edinburgh XC 6k (1/18)
- 4th USATF 15K Road Championships (3/18)
- 6th USATF Distance Classic 5K (5/18)
- 8th Portland Track Festival 5K (6/18)
- 4th Payton Jordan Invitational 10K (6th fastest American time) (5/18)
- 9th USATF Outdoor Championships 10K (6/18)

College

- 12th USATF Outdoor Championships 10K (6/17)
- 16th USATF Olympic Trials 10K (6/16)
- 14th USATF Outdoor Championships 10K (6/15)
- 11th Indoor NCAA 5K (2014)
- 4th Indoor NCAA 5K (2015)
- 3rd Indoor NCAA 5K (2016)
- 6th Outdoor NCAA 10K (2015)
- 10th Outdoor NCAA 5K (2016)
- 5th Outdoor NCAA 10K (2016)
- 7th Outdoor NCAA 10K (2017)

Hansons 2018

Chelsea Blaise

Focus: 10K

Age: 24

D.O.B: 04.10.1994

Height: 5’4”

Years Run: 12

Hometown:
St. Joseph, IL



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“Strength does not come from physical capacity. It comes from an indomitable will” - Gandhi