

Benefits of Using Ionized *Alkaline* Water



These are the most common benefits of using ionized alkaline water reported by water ionizer owners. This will help you explain to others the benefits of owning a Tyent water ionizer capable of producing quality ionized alkaline water.

- Increased mental and physical energy
- Increased mental and physical stamina
- Weight loss
- Diabetic dependence on insulin reduced or eliminated
- Dependence on prescription medication to regulate blood sugar reduced or eliminated
- Dependence on prescription medication to regulate cholesterol levels reduced or eliminated
- Reduced recovery time after physical exertion (exercise, manual labor)
- Problems falling asleep and/or staying asleep reduced or eliminated
- Asthma flare-ups reduced in frequency and severity
- Improved quality of sleep – waking up feeling better rested, waking up easier
- Increased resistance to colds, flu and viruses
- Milder symptoms and shorter recovery time from colds, flu and viruses
- Improved digestion
- Reduced or eliminated symptoms associated with some forms of acid reflux
- Reduced or eliminated bone and joint pain
- Improved skin tone and texture
- Relief from constipation
- Reduced frequency, duration and/or severity of migraine headaches
- Reduced frequency, duration and/or severity of non-migraine headaches
- Season allergy flare-ups reduced in severity with some mild allergy sufferers reporting they no longer experience seasonal allergy symptoms.
- Elimination of food cravings
- Men – improved flow during urination
- Enhanced effectiveness of nutritional supplements
- Aspirin products used for pain relief work faster, more effectively
- Emotional high and low mood swings reduced or eliminated
- Reduced or relieved symptoms resulting from Multiple Sclerosis
- Reduced acidity in the body
- Reduction of toxins in the body
- Edema reduced or eliminated
- Improved ability to handle stress

The FDA has not evaluated or approved ionized water for the treatment of any disease or health conditions. The benefits listed below are those that are consistently reported by water ionizer owners using ionized water on a regular basis.

