

# TEI Spa Eucalyptus Essential Oil

## Pure Organic Essential Oil of Eucalyptus (15mL)

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### **WHAT ARE ESSENTIAL OILS?**

An essential oil is a plant liquid that is distilled through steam or water from the leaves, stems or flowers of a plant. Essential oils contain the true essence of the plant it was derived from and are highly concentrated with a uniquely beautiful scent. The chemical composition and aroma of essential oils can provide incredible psychological and physical therapeutic benefits when inhaled through aromatherapy or used on the body in massage.

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### **ABOUT EUCALYPTUS ESSENTIAL OIL:**

Eucalyptus Oil has a strong and fresh, medicinal aroma. It is anti-bacterial and has the incredible calming and sedative properties that are ideal for relaxation, fighting stress and promoting sleep. Lavender Oil has a floral, fresh sweet scent.

**Botanical Name:** Eucalyptus Globulus

**Common Method of Extraction:** Steam Distilled

**Color:** Clear

**Consistency:** Thin

**Perfumery Note:** Top

**Strength of Initial Aroma:** Strong

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### **FEATURES & BENEFITS:**

The health benefits of eucalyptus oil can be attributed to its anti-inflammatory, antispasmodic, decongestant, deodorant, antiseptic, antibacterial, stimulating, and other medicinal properties. The numerous benefits of eucalyptus essential oils include, but are not limited to, the treatment of respiratory problems, relief of muscle pain, releasing of mental exhaustion and the treatment of skin infections.

Eucalyptus essential oil has a unique aroma that makes it a potential antibacterial and antiviral oil. It may also aid in blood oxygenation and promoting in the repair of blood cells while improving circulation. In addition, eucalyptus therapy aids in the reduction of mucous deposition and helps with a variety of breathing and respiratory issues such as asthma, bronchitis, nasal congestion and sinusitis.

**Common uses include:**

- Arthritis
- Clearing of Sinuses
- Cold sores
- Coughing
- Fever
- Flu
- Poor Circulation

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**DIRECTIONS FOR USE:**

**For use in EssenceAire Diffuser:** [Click here](#) for more information on using Essential Oils in your EssenceAire Aromatherapy Diffuser

**For use in Aromatherapy Massage:** Use a couple drops of essential oils for an invigorating massage by applying on treatment area or mixing with nonscented massage oils, lotions or creams

Other Uses:

- **Aromatherapy Bath:** Add a few drops to your bath to add an aromatherapeutic experience for increase stress release and relaxation
- **Aromatherapy Laundry:** Add a few drops to a towel and toss with laundry to add a nice aroma to towels, sheets or blankets

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**WARNINGS:**

Do not take any essential oils internally without consulting a doctor or qualified aromatherapy practitioner. Consult a doctor or qualified aromatherapy practitioner if you are pregnant, epileptic, have liver damage, have cancer or have any other medical problem. Consult a doctor or qualified aromatherapy practitioner for use on children.

Formulated by TEI Spa in California. Made in USA

