



Course Syllabus

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Event Name-How To Incorporate Functional Medicine In Your Practice

Course Duration (hours): 8 hours

Confirm that this is a didactic presentation only: Didactic only

Course Name/Title: **How to Incorporate Functional Medicine In Your Practice**

Course Description (Describe the techniques, contents and methodologies to be presented):

This one day continuing education course is designed to teach a step by step process to incorporate a Functional Medicine practice in an existing Chiropractic practice. This course presents tools that the Health Practitioner can utilize to immediately begin using Functional Medicine protocols.

Techniques and methodologies will include a workshop like atmosphere where material is covered and interaction emphasized of the attending providers. Content will include covering the basis of Functional medicine, difference between Functional Medicine and the standard Medical Model, Functional Medicine Tools, Therapeutic applications, review of Homeopathic, Herbal, Nutraceutical supplementation and Clinical Applications, marketing of a Functional Medicine Practice and examples of various clinical cases and what to do in each one.

Learning Objectives: (Describe what the attendee can expect to learn at the course)

Upon completion of the Seminar the Attendees will be able to:

- 1. Understand Basic concepts in Functional Medicine**
- 2. How to Do a Functional Medicine Case History**
- 3. How to Utilize Electro-Dermal Screening**
- 4. How to Utilize the Following Tests and Understand the basis of each one as it relates to Nutritional Deficiencies and Body System Imbalances: Urine Analysis, Saliva Analysis and Blood Analysis**
- 5. How to Utilize Acupressure to determine Body System Imbalances**
- 6. How to Incorporate Vertebral Subluxation levels with Specific Body System Imbalances**
- 7. How to Incorporate Microcurrent Therapy for Healing and Pain Reduction**
- 8. How to Utilize Food Allergy Testing for Optimum Healing**
- 9. How to Utilize Genomix (Genetic) Testing for Nutritional Therapy**
- 10. How to Utilize Symptom Surveys to correlate Specific Nutritional Therapy with Body System Imbalances**
- 11. How to Interpret Specific Thyroid Blood Markers for Specific Nutritional Support of the Thyroid, Adrenal and Endocrine System**
- 12. How to Extensively Utilize Nutritional Therapies for Healing of Body Systems**
- 13. How to Assess Hormonal Imbalances in order to Utilize Specific Nutritional Therapies**
- 14. How to Utilize Glutathione and Nucleotide Therapies**
- 15. How to Communicate Your Functional Medicine Practice to Your Patients**

Course Outline-Hour by Hour Breakdown

8AM-9AM

Introduction to Functional Medicine

Basic Concepts in Functional Medicine

How It Differs From Traditional Medicine

9AM-10AM

How to Do A Case History

How to Utilize a Symptom Survey and Correlate with Nutritional Deficiencies

Assessing Vertebral Subluxation Levels and correlating with Body System Imbalances

10AM-11AM

Tools in a Functional Medicine Practice

Blood Analysis and Correlating with Nutritional Deficiencies

Urine Analysis to Determine Amino Acid Deficiencies correlated with Neurotransmitter Imbalances

Saliva Testing for Hormonal Imbalances

Genotype (Genetic) Testing to Determine pathway blockages and indicated Nutritional Deficiencies and Nutritional Therapies

Food Allergy Testing and its applications in Natural Healing

11 AM-12PM

Overview of Nutritional Supplementation Inventory from Specific Nutritional Companies including Standard Process, Biotics, God's Herbs, Bioactive, Nutritional Frontiers and Doctors Natural Health Solutions.

12PM-1PM-Lunch

1PM-2PM

Incorporating Microcurrent Therapy

How to Activate Acupressure Pts with Microcurrent

Assessing Acupressure Points and correlating with Nutritional Therapies to Balance Body Systems

How to Utilize Microcurrent for Pain Management

2PM-3PM

How to Utilize Glutathione and Nucleotide Therapy for Optimum Healing.

An Overview of Basic Concepts of Glutathione and Nucleotides

Clinical Applications of Glutathione and Nucleotides

3PM-4PM

Overview of Hormonal Health

How to Utilize Symptom Survey to Assess Hormonal Health

Treatment Protocols to Balance Hormonal System

Overview of Thyroid and Adrenal Health

Treatment Protocol for Balancing Adrenal and Thyroid Systems

Overview of Specific Tests to Determine Adrenal and Thyroid Imbalances

4PM-5PM

A look at Healing Foods for Ultimate Health

How to Incorporate Optimum Eating Plans for Optimum Health

A Look at 3 Specific Clinical Cases that Provide a Summary of all of the Information given in the Seminar