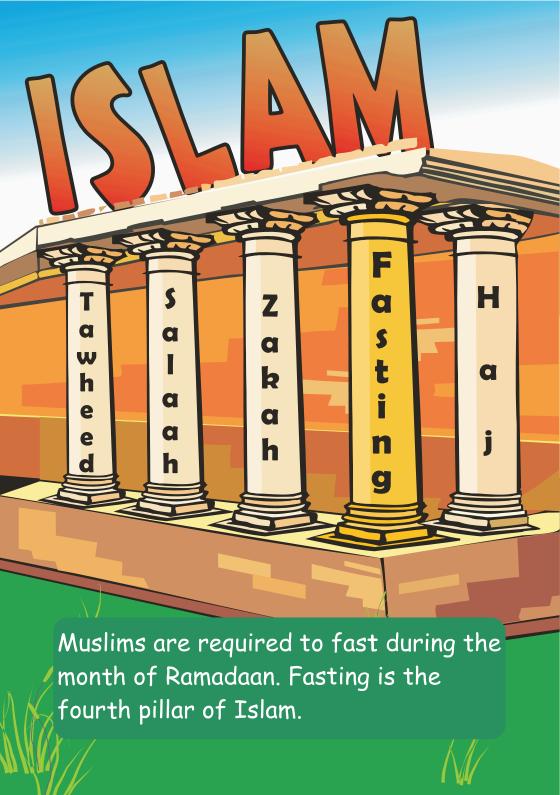




Ramadaan is the ninth month of the Islamic calendar and begins with sighting of the new moon.





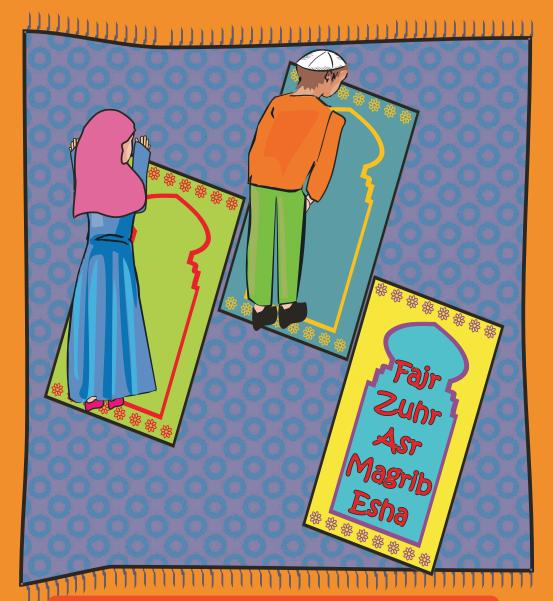
Only the very sick, very old, pregnant women, travellers and small children do not have to fast.



We fast between dawn and sunset and do not eat or drink during this time.



We wake up before dawn to eat a meal so that we may have energy to make it through the day. This meal was a practice of the Prophet Muhammad (PBUH). A practice of the Prophet Muhammad (PBUH) is called a Sunnah.



After eating we pray Fajr salaah. There are five salaah in a day. Allah has made it compulsory or Fardh for us to perform our five daily salaah.



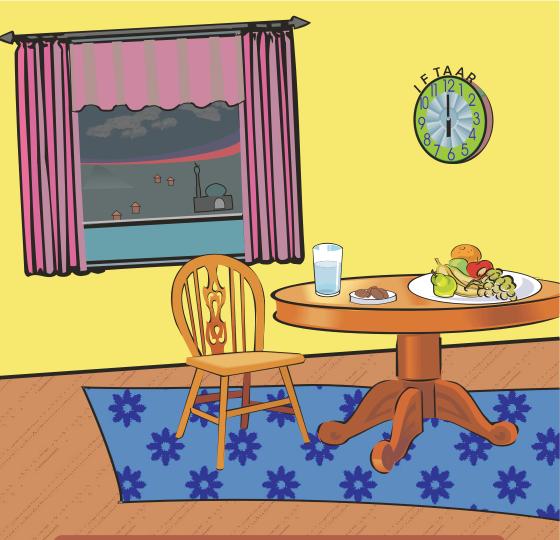
Fasting is good for us because it makes us more aware of Allah, helps us to stay away from sin and think of those who do not have anything to eat or drink. It also makes us appreciate what we have.



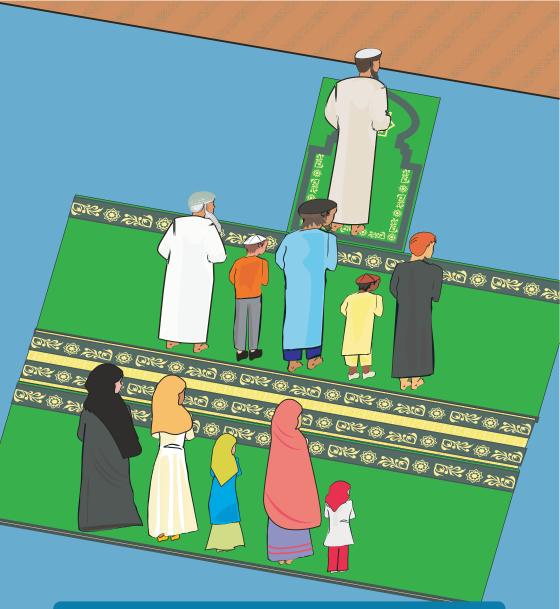
While we are fasting we should perform good deeds like be patient, make the Zikr of Allah, help and feed the poor and needy, thank Allah for what we have and pray to Allah to make us pious Muslims with good manners.



While we are fasting we should not become angry, use bad words or fight.



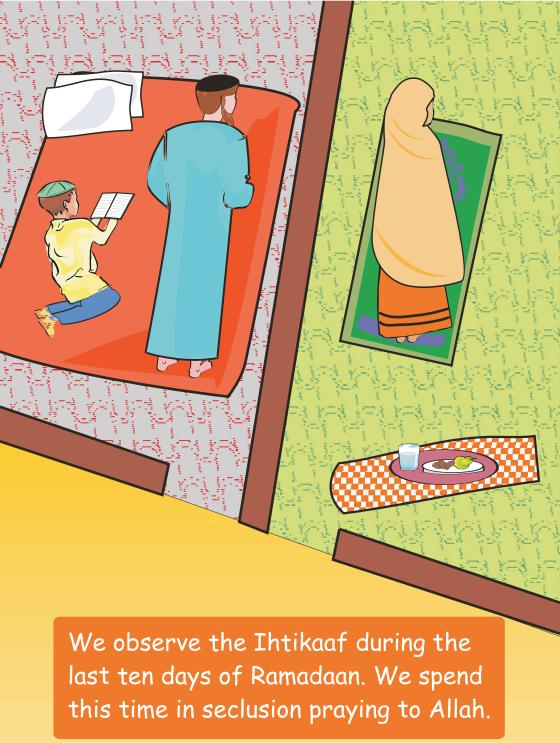
We break our fast when the sun sets and at the time of Maghrib salaah. Prophet Muhammad (PBUH) used to break his fast with dates and water. We must remember to eat healthy food and not overeat.



The Taraweeh salaah is performed in Ramadaan only. The Quraan is recited from beginning to end during the Taraweeh salaah in Ramadaan.

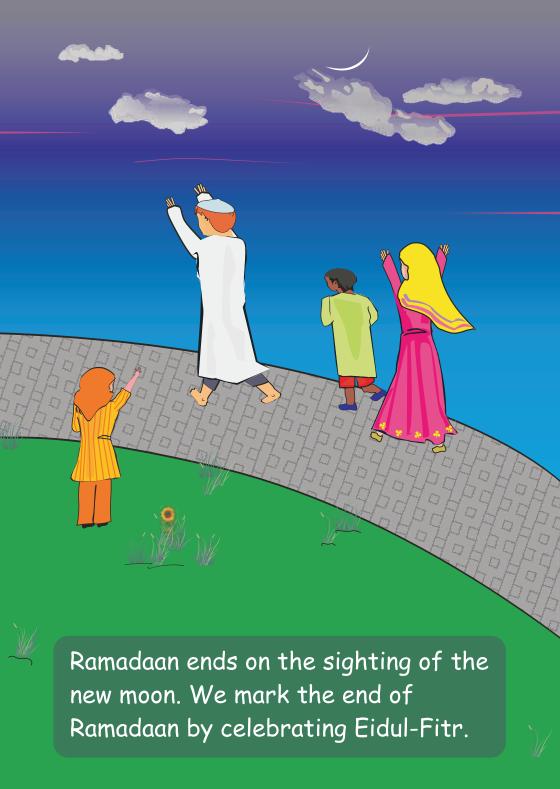


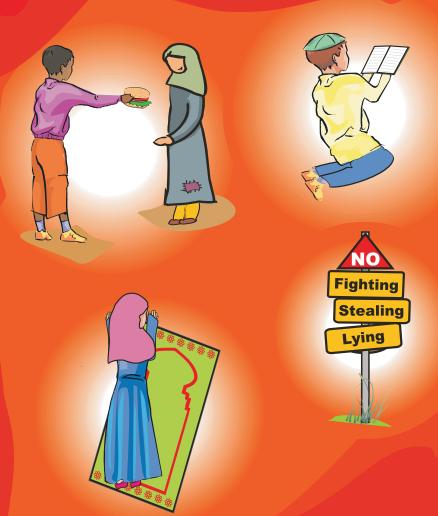
The month of Ramadaan is also known as the month of the Quraan. The Quraan was revealed to the Prophet Muhammad (PBUH) during the month of Ramadaan.





We look out for the Night of Power during the odd nights of the last ten nights of Ramadaan. Allah rewards us greatly for our praying and worship during the Night of Power.





Remember to continue pleasing Allah after Ramadaan by keeping up with all the good deeds you practiced during Ramadaan.



This book is intended to give children an understanding of Ramadaan. Find out why Muslims fast and other important aspects of Ramadaan. The book is set out in simple language with colourful illustrations.

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