# TOTAL SUPPORT POSTURE CORRECTOR

#### Setup, Tips and Care & Safety Guide

Please read before setting up or using your Total Support Posture Corrector.

#### SETUP

- Remove the Total Support Posture Corrector from the box and check for possible shipping damage.
- 2. Your Total Support Posture Corrector is now ready for use.

#### TIPS

- 1. Use the Total Support Posture Corrector to the best of your ability without strain.
- 2. Avoid holding your breath while using.

#### CARE

- 1. Hand wash Total Support Posture Corrector in cold water with mild soap to clean. Dry thoroughly.
- Avoid exposing Total Support Posture Corrector to rough, sharp or abrasive surfaces, or to heat or excessive sunlight.
- 3. Store in a cool, dry place.

## restore

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#### **IMPORTANT SAFETY CAUTIONS!**

- Not all exercise is suitable for everyone. To reduce the risk of injury, consult your doctor before beginning this or any exercise program or before using this or any other exercise equipment. The instruction presented herein is in no way intended as a substitute for medical counseling.
- 2. If you suffer from heart disease, high blood pressure or any other disease or condition, consult your doctor before beginning this workout.
- 3. Inspect the Total Support Posture Corrector before each workout for nicks or tears. If present, do not use.
- 4. Use product only as intended and demonstrated in the on usage guide.
- This product is sold without any warranties or guarantees of any kind and manufacturer and distributor disclaim any liability, loss or damage caused by its use.