

# MINI COLD THERAPY PACKS

## Setup, Tips and Care & Safety Guide

Please read before setting up or using.

### SETUP

1. Remove the Mini Cold Therapy Packs from the box and check for possible shipping damage.
2. Your Mini Cold Therapy Packs are now ready for use.

### TIPS

1. For best results apply to clean, dry skin.

### CARE

1. Hand wash Mini Cold Therapy Packs in cold water with mild soap to clean. Dry thoroughly.
2. Avoid exposing Mini Cold Therapy Packs to rough, sharp or abrasive surfaces, or to heat or excessive sunlight.
3. Store in a cool, dry place.

### FOR COOLING

Place the Mini Cold Therapy Packs in the freezer for 4-6 hours to freeze gel; product will stay cold up to 1 hour. Refreeze as necessary.

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### IMPORTANT SAFETY CAUTIONS!

1. Consult your doctor or physical therapist before using this or any other self care product. This product is in no way intended as a substitute for medical counseling. This product is not intend to cure any medical conditions.
2. If you suffer from heart disease, high blood pressure or any other disease or condition, consult your doctor before using this product.
3. Inspect the Mini Cold Therapy Packs before using.
4. Ensure that the Mini Cold Therapy Packs are placed securely for best results.
5. This product is sold without any warranties or guarantees of any kind and manufacturer and distributor disclaim any liability, loss or damage caused by its use.

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