

MINI ON-THE-GO MASSAGER

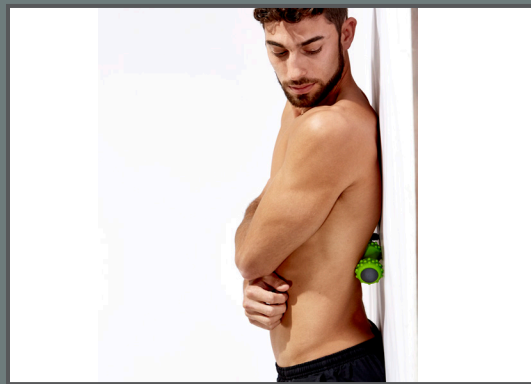
MASSAGE GUIDE

For maximum massage benefit by body part follow the images below applying minimal pressure initially, gradually increasing to desired pressure.

UPPER BACK



LOWER BACK



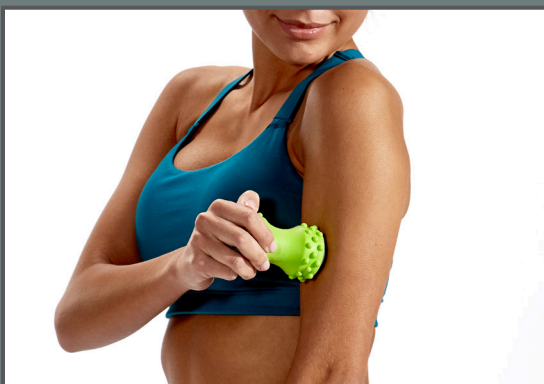
KNEE



CALVES



ARMS



HAMSTRINGS

