

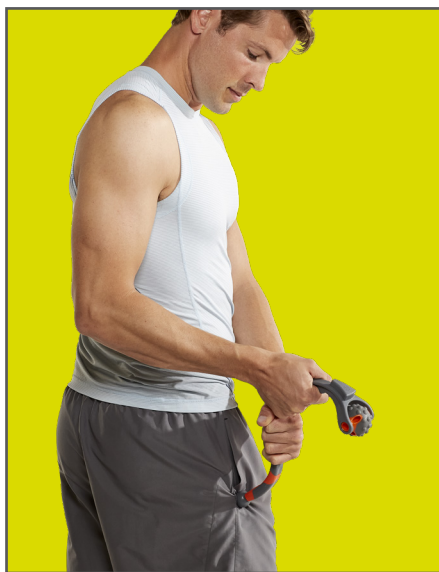
GAIAM RESTORE™

MINI PINPOINT MASSAGER MASSAGE GUIDE

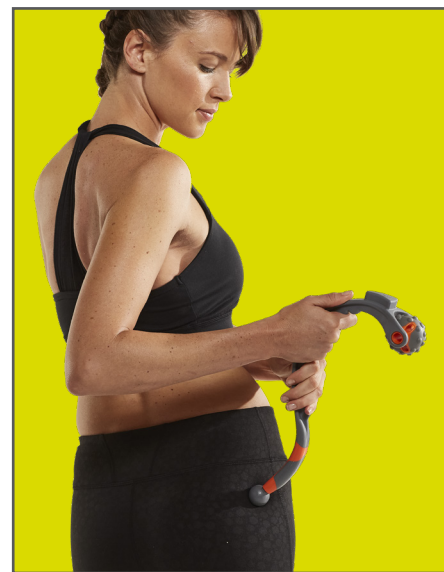
UPPER BACK/SHOULDERS



SIDES



GLUTES



NECK



MIDDLE/LOWER BACK



CALFS



Any exercise program comes with inherent risks. Consult your health care professional before beginning this or any exercise program.

This product is not intended to cure any medical conditions.

© & TM 2018 Gaiam Americas, Inc. All Rights Reserved. Manufactured and distributed under license by Fit for Life LLC, Louisville, CO 80027-2452

ACTUAL PRODUCT MAY DIFFER SLIGHTLY FROM THE ONE SHOWN.

SKU 05-63243GUIDE