

COLD THERAPY MASSAGE ROLLER MASSAGE GUIDE

CALVES



HAMSTRINGS



GLUTES



QUADS



IT BANDS



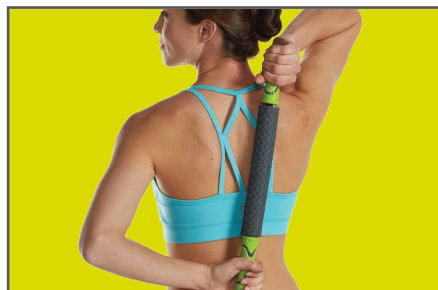
FEET



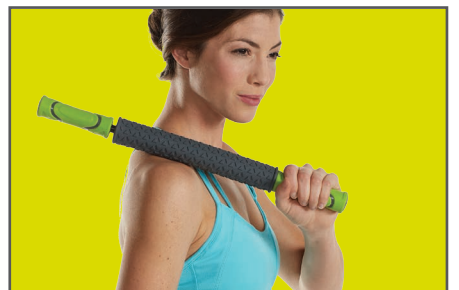
LOWER BACK



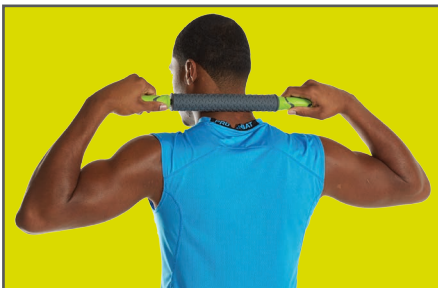
UPPER BACK



SHOULDERS



NECK



TRICEPS



BICEPS



GAIAM RESTORE™

ROULEAU DE MASSAGE THÉRAPIE PAR LE FROID GUIDE DE MASSAGE

MOLLETS



CUISSES



FESSIERS



QUADRICEPS



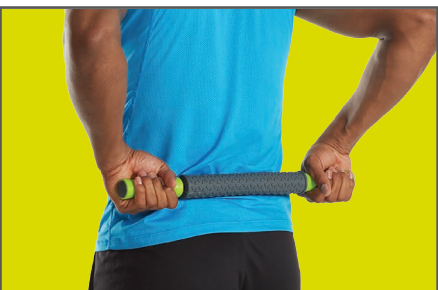
BANDELETTES DE MAISSIAT



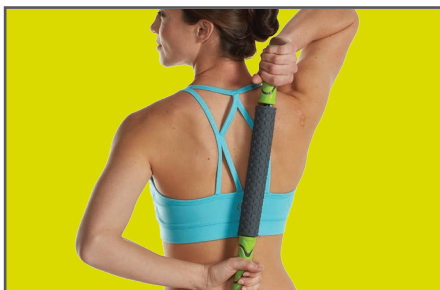
PIEDS



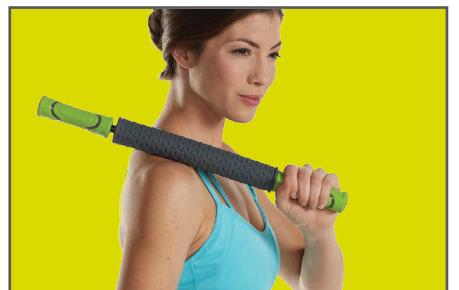
BAS DU DOS



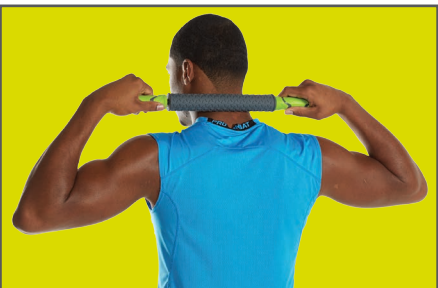
HAUT DU DOS



ÉPAULES



COU



TRICEPS



BICEPS

