

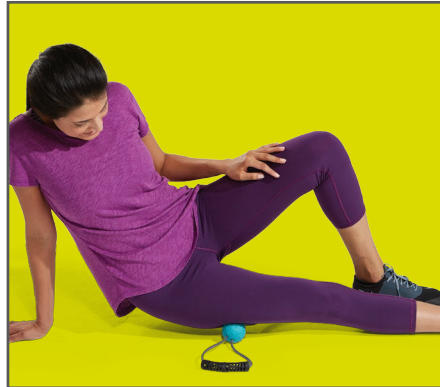
GAIAM RESTORE™

DUAL TRIGGER POINT MASSAGER MASSAGE GUIDE

CALVES



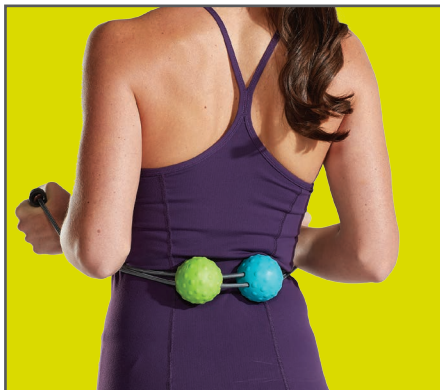
HAMSTRINGS



QUADS



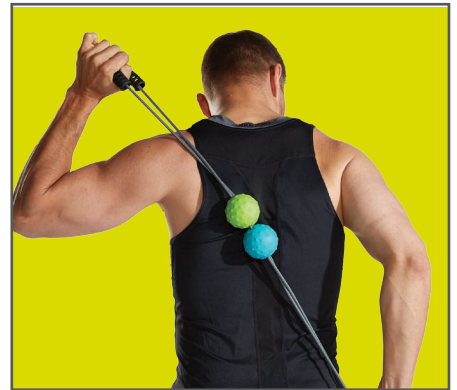
LOWER BACK



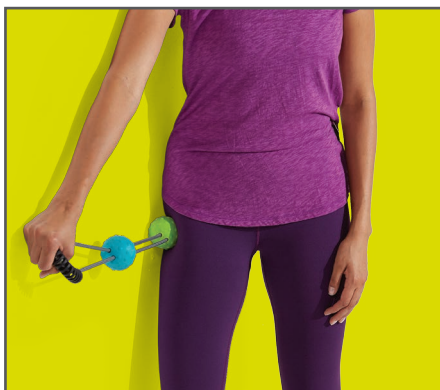
NECK



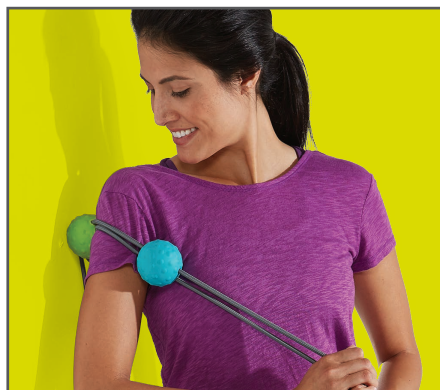
UPPER BACK



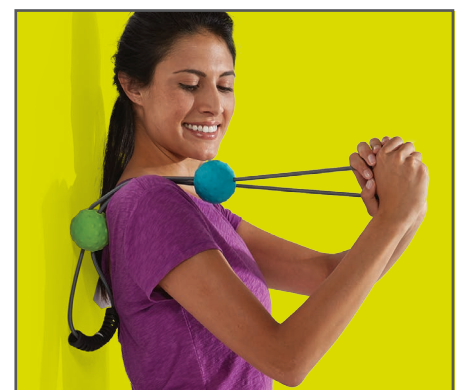
IT BANDS (AGAINST THE WALL)



TRICEPS (AGAINST THE WALL)



SHOULDERS (AGAINST THE WALL)



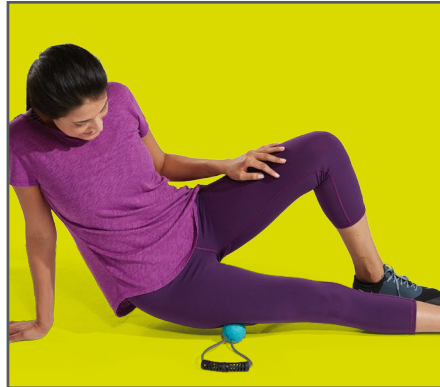
GAIAM RESTORE™

MASSEUR THÉRAPEUTIQUE À DOUBLE ACTION GUIDE DE MASSAGE

MOLLETS



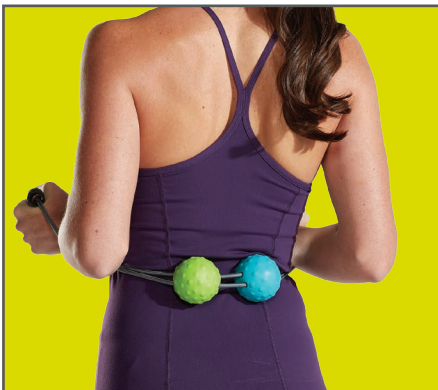
CUISSES



QUADRICEPS



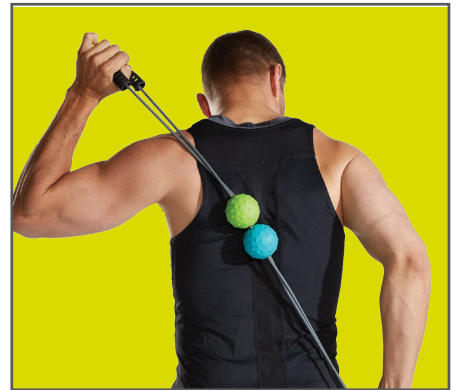
BAS DU DOS



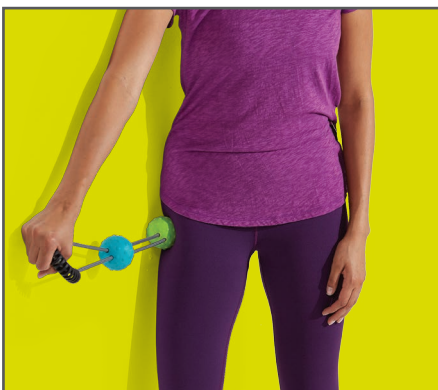
COU



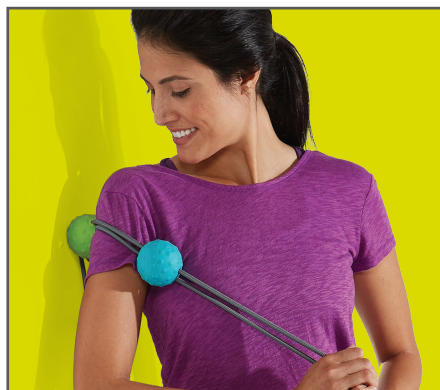
HAUT DU DOS



BANDETTES DE MAISSIAT (AU MUR)



TRICEPS (AU MUR)



BICEPS (AU MUR)

