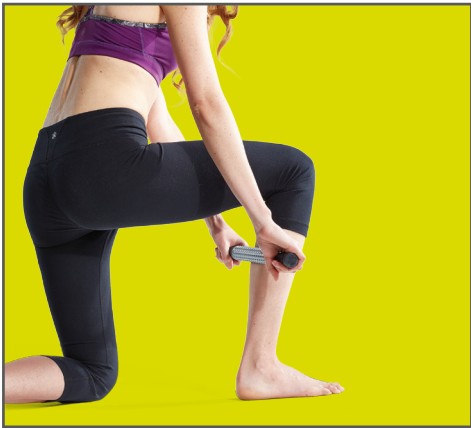


GAIAM RESTORE™

ON-THE-GO PERFORMANCE MASSAGER MASSAGE GUIDE

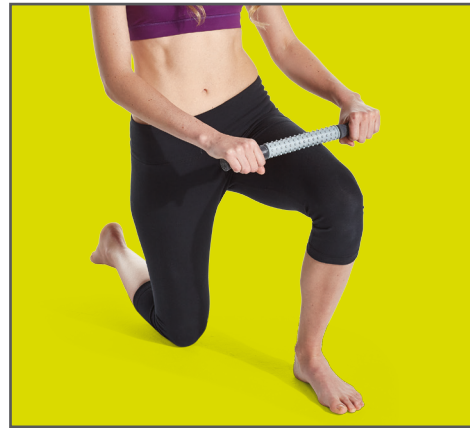
CALVES



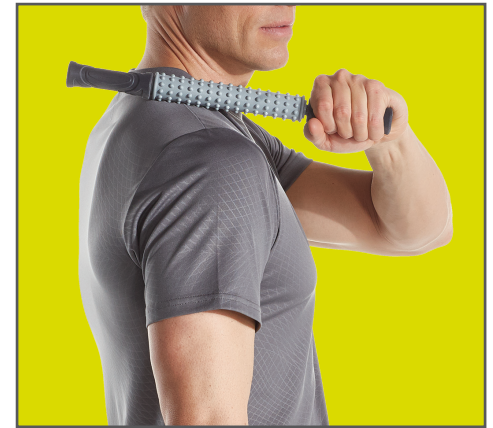
LOWER BACK



QUADS



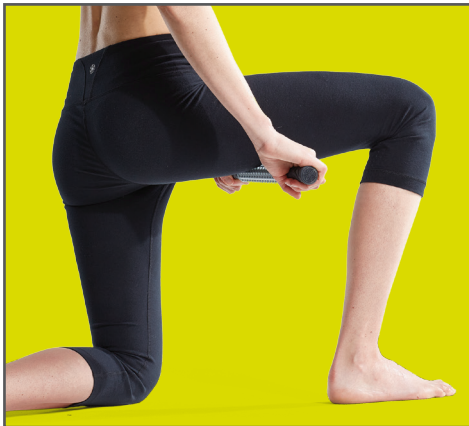
SHOULDERS



FEET



HAMSTRINGS



NECK



GLUTES

